



# FLORIDA PLASTIC SURGERY FORUM

FLORIDA SOCIETY OF  
PLASTIC SURGEONS

DECEMBER 8-11, 2016 - NAPLES, FL

*presented by* FLORIDA SOCIETY OF PLASTIC SURGEONS  
*60 years of shaping Plastic Surgery*



*Jointly sponsored by*  
**The American Society  
for Aesthetic Plastic Surgery**



This activity has been planned and implemented in accordance with the Essentials Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society for Aesthetic Plastic Surgery, Inc. and Florida Society of Plastic Surgeons. The American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery Inc. designates this live activity for *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit hours are subject to program changes.

Of the total credits, three (3) have been identified as programming dedicated to patient safety related topics and will satisfy Patient Safety CME requirements.

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## GENERAL INFORMATION

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### ABOUT THE HOTEL

Set on 23 waterfront acres and adjacent to a protected 200 acre Mangrove Estuary, nature is abundant at the Naples Grande Beach Resort. Known for its unique location, guests can delight in a variety of ways to connect with the local and indigenous Florida ecosystem. Escape to three miles of powdery, white-sand beach. Stroll lazily along the sandy shore and take in the soothing breezes floating lightly off the stunning Gulf of Mexico. Three beautiful resort pools let you get wet on your own terms, and what better way to wrap up another perfect day than with a refreshing drink by the fire pit on the Sunset Veranda?

### TOURS/EXCURSIONS

Enjoy a variety of local tours and excursions that are authentically Naples. For more information, or to reserve a tour, please contact the Concierge team at 239-254-5600, or make an online request.

### FUN FOR THE KIDS

At Naples Grande Beach Resort, younger resort guests will enjoy activity-filled days with an energetic program. Offering fun and games both indoors and out, children enjoy arts and crafts, sports and recreation, as well as educational and developmental activities supervised by trained counselors.

### RECREATION

Sail away to an endless oasis of recreation and relaxation, allowing you to completely indulge. Nestled in a premier location near some of the most sought-after things to do in Naples, the resort is uniquely poised to offer guests some of the most memorable adventures in the sparkling waters of Florida. Whether you want to feel the wind in your hair while waterskiing, sailing or windsurfing or are looking for a more serene escape, there are endless opportunities to take advantage of during your stay, including: Body-boarding; Glass bottom boats; Snorkeling; Parasailing; Fishing charters; Paddle-boarding (on property); Kayaking (on property).

### THE SPA

The Spa at Naples Grande allows guests to find a place to renew mind, body and spirit. In the sanctuary of an indoor-outdoor spa village, Naples day spa encompasses four pavilions in the Japanese tradition, set amid exquisite gardens. Architecture, landscaping and water features are interwoven to create an atmosphere of harmony and beauty, blending to present the experience of true tranquility.

### RESERVATIONS

Make your reservations directly with Naples Grande Beach Resort, using our dedicated website:

**[https://resweb.passkey.com/Resweb.do?mode=welcome\\_ei\\_new&eventID=14706883](https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=14706883)**

Discounted Room Rates: from \$229 - \$269  
Cut Off Date: November 14, 2016

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### FSPS REGISTRATION CANCELLATION POLICY

Cancellations must be received in writing no later than November 20 to qualify for a full refund, less a \$50 administrative fee. Cancellations received in writing November 21 through December 2 will be refunded, less a \$100 fee. Cancellations received in writing after December 2, will be considered no-shows and cannot be refunded. If payment was made with a credit card, both the original transaction fee (2% of the total amount paid) and the fee for issuing the credit (2% of the refund amount) will be deducted from the refund.



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## SOCIAL FUNCTIONS & SPECIAL FEATURES

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### **Early Bird Cocktail Reception**

Thursday, 5-6:30p  
*casual gathering for early arrivals*

### **Golf Tournament**

Friday 1:00 pm  
Coordinator - Ralph Rosato, M.D.  
*Winners to be awarded during  
the Welcome Reception*

### **Welcome Reception**

Friday 6:00-7:30 pm – in the Exhibit Hall  
*mingle at your leisure with exhibitors  
and connect with colleagues  
cocktails and hors d'oeuvres*

### **Resident Paper Competition**

Saturday 10:30 am  
*Winners to be awarded at the Saturday Dinner*

### **Keynote Presentation by James C. Grotting, M.D.**

Saturday 11:25 am

### **FSPS Annual Dinner**

Saturday - 6:30-10:30 pm

- Cocktails and Dinner
- Installation of Officers
- Resident Paper Award

### **NEW THIS YEAR . . .**

#### **Young Plastic Surgeons Program**

*open to all attendees*  
Exhibit Hall Theater

Friday 1:30-5:00 pm

Dennis Hammond - Advice on Starting a Practice  
Mark Fitzpatrick, Suntrust - Mortgages and Loans  
Ryan Lehl, RedSpot - Social Media  
Debra Johnson - Women in Plastic Surgery  
Bernie Magrino, Allergan - Benchmarking for Success

Saturday 2:00-5:15 pm

Randy Miller, M.D. - Business 101  
Lorne Rosenfield, M.D. - 3D Patient Screening  
Neil Reisman, M.D., J.D. - Ethics in Social Media Age  
Chris Nuland, Esq. - Law 101

#### **Young Plastic Surgeons Breakfast**

Saturday 7:00 am  
*Breakfast with visiting Faculty*

### **Medico-Legal Clinic**

Friday 1:00-3:00 pm

*15-minute sessions, one-on-one with Chris Nuland or  
Neal Reisman, to discuss topic of your choice in  
private.*

*Sign up onsite at the Registration Desk - first come,  
first served.*



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# 2016 EDUCATIONAL PROGRAM SCHEDULE

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THURSDAY, DECEMBER 8

**10a-12p Practice Workshops** (*separate registration required*)..... Enrique Fernandez, M.D.  
10:00-11:00 How to Create and Develop an Effective State Patient Advocacy Program (\$50 Registration)  
11:00-12:00 How to Transition from a Career in Plastic Surgery (\$50 Registration)

10:00a-6:00p Registration Desk Open  
11:30a-2:00p Board of Directors Lunch Meeting  
1:30-5:30p Exhibits Set up

**1:30-4:30p Patient Safety/Prevention of Medical Errors**..... Moderator: Galen Perdikis, M.D.  
1:30-2:10 Latest Advances in DVT Prevention..... Joseph Gryskiewicz, M.D.  
2:15-2:50 OR Efficiency: How to Get Great Results for Your Patients..... Frank Lista, M.D.  
2:50-3:10 Break  
3:10-3:50 Prevention of Medical Errors..... Chris Nuland, Esq.  
3:50-4:30 Legal & Regulatory Tips..... Neal Reisman, M.D., J.D.

**5-6:30p Early Bird Cocktail Reception**

FRIDAY, DECEMBER 9

7:00a Registration Desk Open • Breakfast in the Exhibit Hall

**8:00-10:15a Opening Session**..... Moderator: Thomas Fiala, M.D.  
8:00-8:30 Hot Topics..... Joseph Gryskiewicz, M.D.  
8:30-9:00 The Peri-Operative Checklist: Remembering to do Right and Forgetting  
To Do Wrong..... Lorne Rosenfield, M.D.  
9:00-9:30 Vaginal Rejuvenation..... Jennifer Walden, M.D.  
9:30-10:00 Laser/Device Update..... Richard Gregory, M.D.  
10:00-10:15 Round Table: My Favorite Devices & Why..... Gregory, Walden

10:15-10:45a Refreshment Break in the Exhibit Hall

**10:45a-12:15p Oculoplasty**..... Moderator: Bruce Mast, M.D.  
10:45-11:15 Pinch Lower Blepharoplasty..... Lorne Rosenfield, M.D.  
11:15-11:45 TBA  
11:45-12:00 Discussion Panel & Difficult Cases..... Mast, Rosenfield

**12:00-12:15p Website Reveal**..... Red Spot Interactive

12:15-1:30p Lunch in the Exhibit Hall

**1:00-3:00p Medico-Legal Clinic**..... Chris Nuland, Esq.; Neal Reisman, M.D.

1:00-6:00p Golf Tournament

**1:30-5:00p Young Plastic Surgeons Program** (in Exhibit Hall Theater)

Non-CME Topics (*presentations listed on previous page*)

6:00-7:30p Welcome Reception in the Exhibit Hall

SATURDAY, DECEMBER 10

7:00a Registration Desk Open • Breakfast in the Exhibit Hall  
7:00-8:00a Young Plastic Surgeons Breakfast with visiting Faculty

**8:00-10:00a Body Contouring and Fat Grafting** . . . . . Moderator: Thomas Zaydon, M.D.  
8:00-8:25 High Tension Abdominoplasty 3.0. . . . . Lorne Rosenfield, M.D.  
8:25-8:50 Body Contouring. . . . . Daniel C. Mills, M.D.  
8:50-9:15 Fat Grafting: Increasing OR Efficiency. . . . . Roger Khouri, M.D.  
9:15-9:40 Breast Augmentation: Implants vs Fat. . . . . Jennifer Walden, M.D.  
9:40-10:00 Breast Talk. . . . . Frank Lista, M.D.

10:00-10:30a Refreshment Break in the Exhibit Hall  
10:30-10:45 ASPS Update. . . . . Debra Johnson, M.D.

**10:45-11:25a Resident Paper Competition**. . . . . Moderator: Bruce Mast, M.D.

**11:15a-12:15 Keynote Presentation**. . . . . James C. Grotting, M.D.  
What we have Learned About Complications in Aesthetic Surgery

12:15-12:45p FSPS and Plasti-Pac Business Meetings in the Meeting Room  
12:00-2:00p Lunch in the Exhibit Hall

**2:00-3:40p Updates**  
2:00-2:45 Socio Political Seminar & Legislative Update. . . . . Moderator: Christopher Constance, M.D.  
2:45-3:25 Regulatory Update. . . . . Chris Nuland, Esq.  
3:25-3:40 ASAPS Update. . . . . Daniel C. Mills, M.D.

**2:00-5:15p Young Plastic Surgeons Program** (in Exhibit Hall Theater)  
Business & Practice Topics

6:30-10:00p Cocktail Reception and Annual Dinner

SUNDAY, DECEMBER 11

7:30a Registration Desk Open • Breakfast in the Exhibit Hall

**8:00-10:45a Breast Reconstruction**. . . . . Moderator: Galen Perdakis, M.D.  
8:00-8:30 Minimally Invasive Breast Reconstruction. . . . . Steve Jacobson, M.D.  
8:30-9:00 Breast Reconstruction with Fat. . . . . Roger Khouri, M.D.  
9:00-9:15 FDA Update on Fat Grafting. . . . . Neal Reisman, M.D.

9:15-9:45a Refreshment Break in the Exhibit Hall  
9:45a Exhibits Break Down

9:45-10:15a Galaflex-Assisted Breast Reconstruction: A New Concept in Lower Pole Support  
. . . . . Onelio Garcia, M.D.  
10:15-10:45a Risk Stratification in Breast Augmentation. . . . . Dennis Hammond, M.D.

**10:45-12:15p Potpourri**. . . . . Moderator: Thomas Zaydon, M.D.  
10:45-11:15 An Introduction to Stem Cells and Regenerative Medicine. . . . . Randy Miller, M.D.  
11:15-11:45 Stem Cells. . . . . Adam Katz, M.D.  
11:45-12:15 Social Media and Internet Marketing for Plastic Surgeons. . . . . Jennifer Walden, M.D.  
12:00-12:15p Wrapup and Adjourn

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## 2016 FACULTY

Thomas Zaydon, M.D., Program Director

### DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASAPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASAPS also requires faculty/authors to disclose when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests.

James C. Grotting, M.D. – KEYNOTE SPEAKER

Daniel C. Mills, M.D. – Laguna Beach, CA - ASAPS President

Debra J. Johnson, M.D. – Sacramento, CA – ASPS President-Elect

Frank R. Lista, M.D. – Mississauga, Ontario, Canada - ASAPS Traveling Professor

Adam J. Katz, M.D. – Gainesville, FL

Neal R. Reisman, M.D. – Houston, TX

Lorne K. Rosenfield, M.D. – Burlingame, CA

Jennifer L. Walden, M.D. – Austin, TX

Steven R. Jacobson, M.D. – Rochester, MN

Joseph M. Gryskiewicz, M.D. – Burnsville, MN

Jason N. Pozner, M.D. – Boca Raton, FL

Roger K. Khouri, M.D. – Miami, FL

Richard O. Gregory, M.D. – Celebration, FL

Onelio Garcia, Jr., M.D. – Miami, FL

Randy B. Miller, M.D. – Coconut Grove, FL

Enrique J. Fernandez, M.D. – Bradenton, FL

Christopher Nuland, Esq. – Jacksonville, FL



**FSPS 2016 Annual Meeting ■ December 8-11 ■ Naples Grande Beach Resort**  
**ADVANCE REGISTRATION FORM & INVOICE**

Mail completed form, along with payment to: FSPS, P.O. Box 441745, Jacksonville FL 32222  
 Credit card users may fax completed form to FSPS at 904-786-9939 OR email to [FSPSoffice@gmail.com](mailto:FSPSoffice@gmail.com)

<b>Full Name (for badge imprint)</b> _____		
<b>Office Address</b> _____	<b>City, State, Zip</b> _____	
<b>Email</b> _____	<b>Office Phone</b> _____	

**1) REGISTRANT FEE**

	Advance by 11/01	Onsite after 11/01
<input type="checkbox"/> FSPS Member or Applicant.....	\$850	\$895
<input type="checkbox"/> Non-Member Plastic Surgeon.....	\$1050	\$1095
<input type="checkbox"/> Life Member.....	\$500	\$545
<input type="checkbox"/> Residents/Fellows-in-training - Florida.....	N/C	N/C
<input type="checkbox"/> Residents/Fellows-in-training - Non-Florida.....	\$500	\$545
<input type="checkbox"/> Nurse Practitioner or Physician's Assistant in a plastic surgeons practice.....	\$600	\$645

Registration Fee includes: Early Bird Reception on Thursday; Breakfast on Friday, Saturday & Sunday; Refreshment Breaks; Lunch on Friday and Saturday; Friday Reception; Saturday Reception and Dinner; Educational Program Friday - Sunday.)

**2) GUEST FEE - Guests MUST Register in order to receive a Badge.**

Badges are required for admission to Exhibit Hall and all Functions  
 Guest Registration includes: Early Bird Reception on Thursday; Breakfast on Fri., Sat. & Sun.; Lunch on Fri. & Sat; Friday Reception; Saturday Reception & Dinner - NO DISCOUNT WILL BE GIVEN FOR UNATTENDED FUNCTIONS

# \_\_\_\_\_ Guests (Age 11 and over) @ \$300..... \$ \_\_\_\_\_  
 # \_\_\_\_\_ Children (10 and under) @ \$50..... \$ \_\_\_\_\_

Guest's Full Name(s) - please print legibly for badge imprint

1) \_\_\_\_\_ 2) \_\_\_\_\_  
 3) \_\_\_\_\_ 4) \_\_\_\_\_

**3) RESERVATIONS** Indicate Total # Attending each listed function, including registrant and guest(s)

Thursday Workshop- 10:00 # \_\_\_\_\_ @ \$50 per person. .... \$ \_\_\_\_\_  
 Thursday Workshop- 11:00 # \_\_\_\_\_ @ \$50 per person. .... \$ \_\_\_\_\_  
 Thursday Early Bird Reception # \_\_\_\_\_ Young Plastic Surgeons Program Friday # \_\_\_\_\_  
 Friday Reception # \_\_\_\_\_ Young Plastic Surgeons Breakfast Saturday # \_\_\_\_\_  
 Saturday Reception & Dinner # \_\_\_\_\_ Young Plastic Surgeons Program Saturday # \_\_\_\_\_  
 Friday Golf Tournament # \_\_\_\_\_ @ \$200 per person. .... \$ \_\_\_\_\_

**TOTAL INVOICE AMOUNT (1+2+3)..... \$ \_\_\_\_\_**

**PAYMENT INFORMATION**     Check Enclosed     Credit Card (MasterCard, Visa, or American Express)

Credit Card No. \_\_\_\_\_ Exp. \_\_\_\_\_ CVV Code \_\_\_\_\_  
*(If total amount is \$1000 or more, a 2% processing fee will be added to total)*

Please **PRINT** Name as it appears on Credit Card \_\_\_\_\_

Billing Address, including Zip Code \_\_\_\_\_

Cardholder acknowledges receipt of services in the amount of the total shown hereon and agrees to perform the obligations set forth in the Cardholder's agreement with the Issuer.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Check here if, under the Americans with Disabilities Act, you require specific aids or devices to fully participate in this program:     Audio     Visual

Check here if you require a special meal (additional fee may apply)     Vegetarian     Fruit Plate     Kosher     Other

**Please see our updated cancellation policy regarding payments originally submitted using a credit card, under General Information.**

## FLORIDA PLASTIC SURGERY FORUM ■ DECEMBER 8 - 11, 2016

### Educational Program Overview

Through participation in this activity, the attendee will improve competency and planning strategies and improve their skills in a variety of new techniques and procedures including but not limited to: the prevention of medical errors; avoiding complications; effective communication with patients concerning safety; various approaches and applications of autologous fat grafting, breast reconstruction; techniques in oculoplasty and abdominoplasty; an introduction to newest trends in plastic surgery via a hot topics segment, regenerative medicine, advances in stem cell application; managing risk by effective patient selection, communication; and other practice management techniques. They will also gain understanding of the socio-political climate in which they practice in order to maintain compliance with regulations for the highest standards in patient care.

**LEARNER OBJECTIVES:** After attending this meeting the participants will be able to:

- Describe updates in the sociopolitical system and how it works for the betterment of patient care;
- Comply with and take advantage of the myriad of new laws affecting plastic surgery that have been enacted in Florida over the course of 2015;
- Maintain compliance with state and federal regulations;
- Avoid common disciplinary problems, reduce medical errors, and mitigate and manage risk associated with practicing plastic surgery;
- Incorporate autologous fat grafting to the various areas of the body into their practice;
- Identify and implement the best strategies for oculoplasty patients while maximizing safety;
- Utilize current procedures in breast reconstruction;
- Identify and implement the best indicated use of non-invasive devices, in various areas of the body;
- Analyze and initiate an appropriate surgical plan for abdominoplasty;
- Implement tips for procedures and practice strategies as shared by their peers