



FLORIDA PLASTIC SURGERY FORUM

FLORIDA SOCIETY OF
PLASTIC SURGEONS

DECEMBER 8-11, 2016 - NAPLES, FL

presented by FLORIDA SOCIETY OF PLASTIC SURGEONS
60 years of shaping Plastic Surgery



Jointly sponsored by
**The American Society
for Aesthetic Plastic Surgery**



This activity has been planned and implemented in accordance with the Essentials Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society for Aesthetic Plastic Surgery, Inc. and Florida Society of Plastic Surgeons. The American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery Inc. designates this live activity for 16 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit hours are subject to program changes.

Of the total credits, three (3) have been identified as programming dedicated to patient safety related topics and will satisfy Patient Safety CME requirements.

GENERAL INFORMATION

ABOUT THE HOTEL

Set on 23 waterfront acres and adjacent to a protected 200 acre Mangrove Estuary, nature is abundant at the Naples Grande Beach Resort. Known for its unique location, guests can delight in a variety of ways to connect with the local and indigenous Florida ecosystem. Escape to three miles of powdery, white-sand beach. Stroll lazily along the sandy shore and take in the soothing breezes floating lightly off the stunning Gulf of Mexico. Three beautiful resort pools let you get wet on your own terms, and what better way to wrap up another perfect day than with a refreshing drink by the fire pit on the Sunset Veranda?

TOURS/EXCURSIONS

Enjoy a variety of local tours and excursions that are authentically Naples. For more information, or to reserve a tour, please contact the Concierge team at 239-254-5600, or make an online request.

FUN FOR THE KIDS

At Naples Grande Beach Resort, younger resort guests will enjoy activity-filled days with an energetic program. Offering fun and games both indoors and out, children enjoy arts and crafts, sports and recreation, as well as educational and developmental activities supervised by trained counselors.

RECREATION

Sail away to an endless oasis of recreation and relaxation, allowing you to completely indulge. Nestled in a premier location near some of the most sought-after things to do in Naples, the resort is uniquely poised to offer guests some of the most memorable adventures in the sparkling waters of Florida. Whether you want to feel the wind in your hair while waterskiing, sailing or windsurfing or are looking for a more serene escape, there are endless opportunities to take advantage of during your stay, including: Body-boarding; Glass bottom boats; Snorkeling; Parasailing; Fishing charters; Paddle-boarding (on property); Kayaking (on property).

THE SPA

The Spa at Naples Grande allows guests to find a place to renew mind, body and spirit. In the sanctuary of an indoor-outdoor spa village, Naples day spa encompasses four pavilions in the Japanese tradition, set amid exquisite gardens. Architecture, landscaping and water features are interwoven to create an atmosphere of harmony and beauty, blending to present the experience of true tranquility.

RESERVATIONS

Make your reservations directly with Naples Grande Beach Resort, using our dedicated website:

https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=14706883

Discounted Room Rates: from \$229 - \$269
Cut Off Date: November 14, 2016

FSPS REGISTRATION CANCELLATION POLICY

Cancellations must be received in writing no later than November 20 to qualify for a full refund, less a \$50 administrative fee. Cancellations received in writing November 21 through December 2 will be refunded, less a \$100 fee. Cancellations received in writing after December 2, will be considered no-shows and cannot be refunded. If payment was made with a credit card, both the original transaction fee (2% of the total amount paid) and the fee for issuing the credit (2% of the refund amount) will be deducted from the refund.



SOCIAL FUNCTIONS & SPECIAL FEATURES

Early Bird Cocktail Reception

Thursday, 5-6:30p
casual gathering for early arrivals

Golf Tournament

Friday 1:00 pm
Coordinator - Ralph Rosato, M.D.
*Winners to be awarded during
the Welcome Reception*

Welcome Reception

Friday 6:00-7:30 pm – in the Exhibit Hall
*mingle at your leisure with exhibitors
and connect with colleagues
cocktails and hors d'oeuvres*

Resident Paper Competition
Saturday 10:30 am

Winners to be awarded at the Saturday Dinner

Keynote Presentation

Saturday 11:25 am
James C. Grotting, M.D.

FSPS Annual Dinner

- Saturday - 6:30-10:00 pm
- Cocktails and Dinner
 - Installation of 2017 President
 - Resident Paper Award

NEW THIS YEAR . . .

Young Plastic Surgeons Program

open to all attendees
Exhibit Hall Theater

Friday 1:30-5:15 pm

- 1:30-2:30 Dennis Hammond, M.D. - Advice on Starting a Practice
- 2:30-3:00 Mark Fitzpatrick, Suntrust - Mortgages and Loans
- 3:00-3:45 Ryal Lehl, RedSpot - Social Media
- 3:45-4:30 Debra Johnson, M.D. - Leadership & Women in Plastic Surgery
- 4:30-5:15 Bernie Magrino, Allergan - Benchmarking for Success

Saturday 2:00-5:15 pm

- 2:00-3:00 Randy Miller, M.D. - Business 101
- 3:00-3:45 Lorne Rosenfield, M.D. - Patient Screening in 3D: Medical, Surgical, Psychological
- 3:45-4:30 Neil Reisman, M.D., J.D. - Ethics and Advertising in the age of Social Media
- 4:30-5:15 Chris Nuland, Esq. - Law 101 for the Young Plastic Surgeon

Young Plastic Surgeons Breakfast

Saturday 7:00 am
Breakfast with visiting Faculty

MEDICO-LEGAL CLINIC

Friday 1:00-3:00 pm

15-minute sessions, one-on-one with Chris Nuland or Neal Reisman, to discuss topic of your choice in private.

Sign up onsite at the Registration Desk - first come, first served.



2016 EDUCATIONAL PROGRAM SCHEDULE

THURSDAY, DECEMBER 8

- 10a-12p Practice Workshops**..... Enrique Fernandez, M.D.
Separate Registration Required — See Registration Form
- 10:00-11:00 How to Create and Develop an Effective State Patient Advocacy Program
11:00-12:00 How to Transition from a Career in Plastic Surgery
- 10:00a-6:00p Registration Desk Open
11:30a-2:00p Board of Directors Lunch Meeting
1:30-5:30p Exhibits Set up
- 1:30-4:30p Patient Safety/Prevention of Medical Errors**..... Moderator: Galen Perdikis, M.D.
1:30-2:15 Latest Advances in DVT Prevention..... Joseph Gryskiewicz, M.D.
2:15-2:50 OR Efficiency: The Need for Speed..... Frank Lista, M.D.
2:50-3:10 Break
3:10-3:50 Prevention of Medical Errors..... Chris Nuland, Esq.
3:50-4:30 Legal & Regulatory Tips..... Neal Reisman, M.D.
- 5-6:30p Early Bird Cocktail Reception**

FRIDAY, DECEMBER 9

- 7:00a Registration Desk Open • Breakfast in the Exhibit Hall
- 8:00-10:15a Opening Session**..... Moderator: Thomas Fiala, M.D.
8:00-8:30 Hot Topics..... Joseph Gryskiewicz, M.D.
8:30-9:00 The Peri-Operative Checklist: Remembering to do the Right and Forgetting
To Do Wrong..... Lorne Rosenfield, M.D.
9:00-9:30 Vaginal Rejuvenation..... Jennifer Walden, M.D.
9:30-10:00 Laser/Device Update..... Richard Gregory, M.D.
10:00-10:15 Round Table: My Favorite Devices & Why I Selected Them..... Drs. Gregory and Walden
- 10:15-10:45a Refreshment Break in the Exhibit Hall
Supported by Mentor
- 10:45a-12:15p Moderator: Bruce Mast, M.D.**
10:45-11:15 Pinch Lower Blepharoplasty..... Lorne Rosenfield, M.D.
11:15-11:20 Discussion
11:20-11:50 Galaflex-Assisted Breast Reconstruction: A New concept in Lower Pole Support... Onelio Garcia, M.D.
11:50-11:55 Discussion
11:55a-12:15p Website Reveal..... Red Spot Interactive
- 12:15-1:30p Lunch in the Exhibit Hall
- 1:00-3:00p Medico-Legal Clinic**..... Chris Nuland, Esq.; Neal Reisman, M.D.
1:00-6:00p Golf Tournament..... Ralph Rosato, M.D. - Coordinator
1:30-5:00p Young Plastic Surgeons Program..... Procedure/Non-CME Commercial Topics
- 6:00-7:30p Welcome Reception in the Exhibit Hall

SATURDAY, DECEMBER 10

- 7:00a Registration Desk Open • Breakfast in the Exhibit Hall
7:00-8:00a Young Plastic Surgeons Breakfast with visiting Faculty
- 8:00-10:00a Body Contouring and Fat Grafting.** Moderator: Thomas Zaydon, M.D.
8:00-8:25 High Tension Abdominoplasty 3.0. Lorne Rosenfield, M.D.
8:25-8:50 Body Contouring. Daniel C. Mills, M.D.
8:50-9:15 Fat Grafting: Increasing OR Efficiency. Roger Khouri, M.D.
9:15-9:40 Breast Augmentation: Implants vs Fat. Jennifer Walden, M.D.
9:40-10:00 The Mystery of Mastopexy. Frank Lista, M.D.
- 10:00-10:30a Refreshment Break in the Exhibit Hall
10:30-10:45 ASPS Update. Debra Johnson, M.D.
- 10:45-11:25a Resident Paper Competition.** Moderator: Bruce Mast, M.D.
11:25a-12:15p Keynote Presentation. James C. Grotting, M.D.
What We Have Learned About Complications in Aesthetic Surgery
- 12:15-12:45p FSPS and Plasti-Pac Business Meetings in the Meeting Room
12:00-2:00p Lunch in the Exhibit Hall - *Supported by Legally Mine*
12:45-1:45p “Keys to Locking Out Lawsuits and Lowering Taxes”. Daniel J McNeff, CEO, Legally Mine
- 2:00-3:40p Updates**
2:00-2:45 Socio Political Seminar & Legislative Update. Moderator: Christopher Constance, M.D.
2:45-3:25 Regulatory Update. Chris Nuland, Esq.
3:25-3:40 ASAPS Update. Daniel C. Mills, M.D.
- 2:00-5:15p Young Plastic Surgeons Program (in Exhibit Hall Theater)**
Business & Practice Topics
- 6:30-10:00p Cocktail Reception and Annual Dinner: Installation of President; Resident Paper Winner
Cocktail Reception supported by Allergan

SUNDAY, DECEMBER 11

- 7:30a Registration Desk Open • Breakfast in the Exhibit Hall
- 8:00-9:45a Breast Reconstruction.** Moderator: Galen Perdikis, M.D.
8:00-8:30 Minimally Invasive Breast Reconstruction. Steve Jacobson, M.D.
8:30-9:00 Breast Reconstruction with Fat. Roger Khouri, M.D.
9:00-9:15 FDA Update on Fat Grafting. Neal Reisman, M.D.
9:15-9:45 Risk Stratification in Breast Augmentation. Dennis Hammond, M.D.
- 9:45-10:15a Refreshment Break in the Exhibit Hall
10:15a Exhibits Break Down
- 10:15-12:15p Potpourri.** Moderator: Thomas Zaydon, M.D.
10:15-10:45 Personal Odyssey on Addressing the Aging Neck. James C. Grotting, M.D.
10:45-11:15 An Introduction to Stem Cells and Regenerative Medicine. Randy Miller, M.D.
11:15-11:45 Stem Cells. Adam Katz, M.D.
11:45-12:15 Social Media and Internet Marketing for Plastic Surgeons. Jennifer Walden, M.D.
11:45-12:00 Tips & Tricks (Member Forum)
12:15p Wrapup and Adjourn

2016 FACULTY

Thomas Zaydon, M.D., Program Director

DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASAPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASAPS also requires faculty/authors to disclose when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests.

James C. Grotting, M.D. – KEYNOTE SPEAKER

Daniel C. Mills, M.D. – Laguna Beach, CA - ASAPS President

Debra J. Johnson, M.D. – Sacramento, CA – ASAPS President-Elect

Frank R. Lista, M.D. – Mississauga, Ontario, Canada - ASAPS Traveling Professor

Adam J. Katz, M.D. – Gainesville, FL

Neal R. Reisman, M.D. – Houston, TX

Lorne K. Rosenfield, M.D. – Burlingame, CA

Jennifer L. Walden, M.D. – Austin, TX

Steven R. Jacobson, M.D. – Rochester, MN

Joseph M. Gyskiewicz, M.D. – Burnsville, MN

Roger K. Khouri, M.D. – Miami, FL

Richard O. Gregory, M.D. – Celebration, FL

Onelio Garcia, Jr., M.D. – Miami, FL

Randy B. Miller, M.D. – Coconut Grove, FL

Enrique J. Fernandez, M.D. – Bradenton, FL

Christopher Nuland, Esq. – Jacksonville, FL



**FSPS 2016 Annual Meeting ■ December 8-11 ■ Naples Grande Beach Resort
ADVANCE REGISTRATION FORM & INVOICE**

Mail completed form, along with payment to: FSPS, P.O. Box 441745, Jacksonville FL 32222
Credit card users may fax completed form to FSPS at 904-786-9939 OR email to FSPS@fspd.org

Full Name (for badge imprint) _____	
Office Address _____	City, State, Zip _____
Email _____	Office Phone _____
<small>(confirmation will be sent to email address)</small>	

1) REGISTRANT FEE

	Advance by 11/01	Onsite after 11/01
<input type="checkbox"/> FSPS Member or Applicant.....	\$850	\$895
<input type="checkbox"/> Non-Member Plastic Surgeon.	\$1050	\$1095
<input type="checkbox"/> Life Member.....	\$500	\$545
<input type="checkbox"/> Residents/Fellows-in-training - Florida.	N/C	N/C
<input type="checkbox"/> Residents/Fellows-in-training - Non-Florida.	\$500	\$545
<input type="checkbox"/> Nurse Practitioner or Physician's Assistant in a plastic surgeons practice.	\$600	\$645

Registration Fee includes: Early Bird Reception on Thursday; Breakfast on Friday, Saturday & Sunday; Refreshment Breaks; Lunch on Friday and Saturday; Friday Reception; Saturday Reception and Dinner; Educational Program Friday - Sunday.)

2) GUEST FEE - Guests MUST Register in order to receive a Badge.

Badges are required for admission to Exhibit Hall and all Functions

Guest Registration includes: Early Bird Reception on Thursday; Breakfast on Fri., Sat. & Sun.; Lunch on Fri. & Sat; Friday Reception; Saturday Reception & Dinner - NO DISCOUNT WILL BE GIVEN FOR UNATTENDED FUNCTIONS

_____ Guests (Age 11 and over) @ \$300. \$ _____
_____ Children (10 and under) @ \$50. \$ _____

Guest's Full Name(s) - please print legibly for badge imprint

1) _____ 2) _____
3) _____ 4) _____

3) RESERVATIONS Indicate Total # Attending each listed function, including registrant and guest(s)

Thursday Workshop- 10:00 # _____ @ \$50 per person..... \$ _____
 Thursday Workshop- 11:00 # _____ @ \$50 per person..... \$ _____
 Thursday Early Bird Reception # _____ Young Plastic Surgeons Program Friday # _____
 Friday Reception # _____ Young Plastic Surgeons Breakfast Saturday # _____
 Saturday Reception & Dinner # _____ Young Plastic Surgeons Program Saturday # _____
 Friday Golf Tournament # _____ @ \$200 per person..... \$ _____

TOTAL INVOICE AMOUNT (1+2+3)..... \$ _____

PAYMENT INFORMATION

Check Enclosed Credit Card (MasterCard, Visa, or American Express)

Credit Card No. _____ Exp. _____ CVV Code _____
(If total amount is \$1000 or more, a 2% processing fee will be added to total)

Please **PRINT** Name as it appears on Credit Card _____

Billing Address, including Zip Code _____

Cardholder acknowledges receipt of services in the amount of the total shown hereon and agrees to perform the obligations set forth in the Cardholder's agreement with the Issuer.

Signature _____ Date _____

Check here if, under the Americans with Disabilities Act, you require specific aids or devices to fully participate in this program: Audio Visual
 Check here if you require a special meal (additional fee may apply) Vegetarian Fruit Plate Kosher Other _____

Please see our updated cancellation policy regarding payments originally submitted using a credit card, under General Information.

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Educational Program Overview

Through participation in this activity, the attendee will improve competency and planning strategies and improve their skills in a variety of new techniques and procedures including but not limited to: the prevention of medical errors; avoiding complications; effective communication with patients concerning safety; various approaches and applications of autologous fat grafting, breast reconstruction; techniques in oculoplasty and abdominoplasty; an introduction to newest trends in plastic surgery via a hot topics segment, regenerative medicine, advances in stem cell application; managing risk by effective patient selection, communication; and other practice management techniques. They will also gain understanding of the socio-political climate in which they practice in order to maintain compliance with regulations for the highest standards in patient care.

LEARNER OBJECTIVES: After attending this meeting the participants will be able to:

- Describe updates in the sociopolitical system and how it works for the betterment of patient care;
- Comply with and take advantage of the myriad of new laws affecting plastic surgery that have been enacted in Florida over the course of 2016;
- Maintain compliance with state and federal regulations;
- Avoid common disciplinary problems, reduce medical errors, and mitigate and manage risk associated with practicing plastic surgery;
- Incorporate autologous fat grafting to the various areas of the body into their practice;
- Identify and implement the best strategies for oculoplasty patients while maximizing safety;
- Utilize current procedures in breast reconstruction;
- Identify and implement the best indicated use of non-invasive devices, in various areas of the body;
- Analyze and initiate an appropriate surgical plan for abdominoplasty;
- Implement tips for procedures and practice strategies as shared by their peers