

# presented by FLORIDA SOCIETY OF PLASTIC SURGEONS 60 years of shaping Plastic Surgery





Jointly sponsored by

## The American Society for Aesthetic Plastic Surgery



This activity has been planned and implemented in accordance with the Essentials Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of the American Society for Aesthetic Plastic Surgery, Inc. and Florida Society of Plastic Surgeons. The American Society for Aesthetic Plastic Surgery, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

The American Society for Aesthetic Plastic Surgery Inc. designates this live activity for *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit hours are subject to program changes.

Of the total credits, three (3) have been identified as programming dedicated to patient safety related topics and will satisfy Patient Safety CME requirements.

## GENERAL INFORMATION

#### ABOUT THE HOTEL

Set on 23 waterfront acres and adjacent to a protected 200 acre Mangrove Estuary, nature is abundant at the Naples Grande Beach Resort. Known for its unique location, guests can delight in a variety of ways to connect with the local and indigenous Florida ecosystem. Escape to three miles of powdery, white-sand beach. Stroll lazily along the sandy shore and take in the soothing breezes floating lightly off the stunning Gulf of Mexico. Three beautiful resort pools let you get wet on your own terms, and what better way to wrap up another perfect day than with a refreshing drink by the fire pit on the Sunset Veranda?

#### TOURS/EXCURSIONS

Enjoy a variety of local tours and excursions that are authentically Naples. For more information, or to reserve a tour, please contact the Concierge team at 239-254-5600, or make an online request.

#### FUN FOR THE KIDS

At Naples Grande Beach Resort, younger resort guests will enjoy activity-filled days with an energetic program. Offering fun and games both indoors and out, children enjoy arts and crafts, sports and recreation, as well as educational and developmental activities supervised by trained counselors.

#### RECREATION

Sail away to an endless oasis of recreation and relaxation, allowing you to completely indulge. Nestled in a premier location near some of the most sought-after things to do in Naples, the resort is uniquely poised to offer guests some of the most memorable adventures in the sparkling waters of Florida. Whether you want to feel the wind in your hair while waterskiing, sailing or windsurfing or are looking for a more serene escape, there are endless opportunities to take advantage of during your stay, including: Body-boarding; Glass bottom boats; Snorkeling; Parasailing; Fishing charters; Paddle-boarding (on property); Kayaking (on property).

#### THE SPA

The Spa at Naples Grande allows guests to find a place to renew mind, body and spirit. In the sanctuary of an indoor-outdoor spa village, Naples day spa encompasses four pavilions in the Japanese tradition, set amid exquisite gardens. Architecture, landscaping and water features are interwoven to create an atmosphere of harmony and beauty, blending to present the experience of true tranquility.

#### RESERVATIONS

Make your reservations directly with Naples Grande Beach Resort, using our dedicated website:

https://resweb.passkey.com/Resweb.do?mode=welcome ei new&eventID=14706883

Discounted Room Rates: from \$229 - \$269 Cut Off Date: November 14, 2016

FSPS REGISTRATION CANCELLATION POLICY Cancellations must be received in writing no later than November 20 to qualify for a full refund, less a \$50 administrative fee. Cancellations received in writing November 21 through December 2 will be refunded, less a \$100 fee. Cancellations received in writing after December 2, will be considered no-shows and cannot be refunded. If payment was made with a credit card, both the original transaction fee (2% of the total amount paid) and the fee for issuing the credit (2% of the refund amount) will be deducted from the refund.



## SOCIAL FUNCTIONS & SPECIAL FEATURES

### Early Bird Cocktail Reception

Thursday, 5-6:30p casual gathering for early arrivals

#### Golf Tournament

Friday 1:00 pm Coordinator - Ralph Rosato, M.D. Winners to be awarded during the Welcome Reception

#### Welcome Reception

Friday 6:00-7:30 pm – in the Exhibit Hall mingle at your leisure with exhibitors and connect with colleagues cocktails and hors d'oeuvres

#### **Resident Paper Competition**

Saturday 10:30 am
Winners to be awarded at the Saturday Dinner

## **Keynote Presentation by James C. Grotting, M.D.**Saturday 11:25 am

#### **FSPS** Annual Dinner

Saturday - 6:30-10:30 pm

- Cocktails and Dinner
- Installation of Officers
- Resident Paper Award

#### **NEW THIS YEAR...**

#### **Young Plastic Surgeons Program**

open to all attendees
Exhibit Hall Theater

Friday 1:30-5:00 pm

Dennis Hammond - Advice on Starting a Practice Mark Fitzpatrick, Suntrust - Mortgages and Loans Ryan Lehrl, RedSpot - Social Media Debra Johnson - Women in Plastic Surgery Bernie Magrino, Allergan - Benchmarking for Success

#### Saturday 2:00-5:15 pm

Randy Miller, M.D. - Business 101 Lorne Rosenfield, M.D. - 3D Patient Screening Neil Reisman, M.D., J.D. - Ethics in Social Media Age Chris Nuland, Esq. - Law 101

#### **Young Plastic Surgeons Breakfast**

Saturday 7:00 am
Breakfast with visiting Faculty

### Medico-Legal Clinic

Friday 1:00-3:00 pm

15-minute sessions, one-on-one with Chris Nuland or Neal Reisman, to discuss topic of your choice in private.

Sign up onsite at the Registration Desk - first come, first served.



## 2016 EDUCATIONAL PROGRAM SCHEDULE

THURSDAY, DECEMBER 8				
<b>10a-12p</b> 10:00-11:00 11:00-12:00	, , , , , , , , , , , , , , , , , , , ,			
10:00a-6:00p 11:30a-2:00p 1:30-5:30p	Registration Desk Open  Board of Directors Lunch Meeting Exhibits Set up			
1:30-4:30p 1:30-2:10 2:15-2:50 2:50-3:10 3:10-3:50 3:50-4:30	Patient Safety/Prevention of Medical ErrorsModerator: Galen Perdikis, M.D.Latest Advances in DVT PreventionJoseph Gryskiewicz, M.D.OR Efficiency: How to Get Great Results for Your PatientsFrank Lista, M.D.BreakChris Nuland, Esq.Legal & Regulatory TipsNeal Reisman, M.D., J.D.			
5-6:30p	Early Bird Cocktail Reception			
FRIDAY, DECEMBER 9				
7:00a	Registration Desk Open ● Breakfast in the Exhibit Hall			
8:00-10:15a 8:00-8:30 8:30-9:00 9:00-9:30 9:30-10:00 10:00-10:15	Opening Session.Moderator: Thomas Fiala, M.D.Hot Topics.Joseph Gryskiewicz, M.D.The Peri-Operative Checklist: Remembering to do Right and ForgettingTo Do Wrong.Lorne Rosenfield, M.D.Vaginal Rejuvenation.Jennifer Walden, M.D.Laser/Device Update.Richard Gregory, M.D.Round Table: My Favorite Devices & Why.Gregory, Walden			
10:15-10:45a	Refreshment Break in the Exhibit Hall			
10:45-11:15 11:15-11:45	Oculoplasty			
11:45-12:00	Discussion Panel & Difficult Cases Mast, Rosenfield			
11:45-12:00 12:00-12:15p	Discussion Panel & Difficult Cases			

## SATURDAY, DECEMBER 10

7:00a 7:00-8:00a	Registration Desk Open ● Breakfast in the Exhibit Hall Young Plastic Surgeons Breakfast with visiting Faculty			
8:00-10:00a 8:00-8:25 8:25-8:50 8:50-9:15 9:15-9:40 9:40-10:00	Body Contouring and Fat Grafting.Moderator: Thomas Zaydon, M.D.High Tension Abdominoplasty 3.0.Lorne Rosenfield, M.D.Body Contouring.Daniel C. Mills, M.D.Fat Grafting: Increasing OR Efficiency.Roger Khouri, M.D.Breast Augmentation: Implants vs Fat.Jennifer Walden, M.D.Breast Talk.Frank Lista, M.D.			
10:00-10:30a 10:30-10:45	Refreshment Break in the Exhibit Hall ASPS Update Debra Johnson, M.D.			
10:45-11:25a	Resident Paper Competition Moderator: Bruce Mast, M.D.			
11:15a-12:15	<b>Keynote Presentation</b>			
12:15-12:45p 12:00-2:00p	FSPS and Plasti-Pac Business Meetings in the Meeting Room Lunch in the Exhibit Hall			
2:00-3:40p 2:00-2:45 2:45-3:25 3:25-3:40	UpdatesSocio Political Seminar & Legislative Update			
2:00-5:15p	Young Plastic Surgeons Program (in Exhibit Hall Theater) Business & Practice Topics			
6:30-10:00p	Cocktail Reception and Annual Dinner			
SUNDAY, DECEMBER 11				
7:30a	Registration Desk Open ● Breakfast in the Exhibit Hall			
<b>8:00-10:45a</b> 8:00-8:30 8:30-9:00 9:00-9:15	Breast Reconstruction.Moderator: Galen Perdikis, M.D.Minimally Invasive Breast Reconstruction.Steve Jacobson, M.D.Breast Reconstruction with Fat.Roger Khouri, M.D.FDA Update on Fat Grafting.Neal Reisman, M.D.			
9:15-9:45a 9:45a	Refreshment Break in the Exhibit Hall Exhibits Break Down			
9:45-10:15a	Galaflex-Assisted Breast Reconstruction: A New Concept in Lower Pole Support			
10:45-11:15 11:15-11:45 11:45-12:15	PotpourriModerator: Thomas Zaydon, M.D.An Introduction to Stem Cells and Regenerative Medicine.Randy Miller, M.D.Stem Cells.Adam Katz, M.D.Social Media and Internet Marketing for Plastic Surgeons.Jennifer Walden, M.D.Wrapup and Adjourn			

#### 2016 FACULTY

Thomas Zaydon, M.D., Program Director

#### DISCLOSURE POLICY

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASAPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASAPS also requires faculty/authors to disclosure when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests.

James C. Grotting, M.D. – KEYNOTE SPEAKER Daniel C. Mills, M.D. - Laguna Beach, CA - ASAPS President Debra J. Johnson, M.D. - Sacramento, CA - ASPS President-Elect Frank R. Lista, M.D. – Mississauga, Ontario, Canada - ASAPS Traveling Professor Adam J. Katz, M.D. - Gainesville, FL Neal R. Reisman, M.D. - Houston, TX Lorne K. Rosenfield, M.D. - Burlingame, CA Jennifer L. Walden, M.D. – Austin, TX Steven R. Jacobson, M.D. – Rochester, MN Joseph M. Gryskiewicz, M.D. – Burnsville, MN Jason N. Pozner, M.D. – Boca Raton, FL Roger K. Khouri, M.D. - Miami, FL Richard O. Gregory, M.D. - Celebration, FL Onelio Garcia, Jr., M.D. - Miami, FL Randy B. Miller, M.D. - Coconut Grove, FL Enrique J. Fernandez, M.D. - Bradenton, FL Christopher Nuland, Esq. – Jacksonville, FL



## FSPS 2016 Annual Meeting ■ December 8-11 ■ Naples Grande Beach Resort ADVANCE REGISTRATION FORM & INVOICE

Mail completed form, along with payment to: FSPS, P.O. Box 441745, Jacksonville FL 32222 Credit card users may fax completed form to FSPS at 904-786-9939 OR email to FSPSoffice@gmail.com

Full Name (for badge imprint)					
Office Address	City, State, Zip				
Email Office Phone					
1) REGISTRANT FEE  □ FSPS Member or Applicant □ Non-Member Plastic Surgeon. □ Life Member. □ Residents/Fellows-in-training - Florida. □ Residents/Fellows-in-training - Non-Florida. □ Nurse Practitioner or Physician's Assistant in a plastic sur Registration Fee includes: Early Bird Reception on Thursday Lunch on Friday and Saturday; Friday Reception; Saturday I	geons practice				
2) GUEST FEE - Guests MUST Register in order to Badges are required for admission to Exhibit Hall and Guest Registration includes: Early Bird Reception on Thurs Reception; Saturday Reception & Dinner - NO DISCOUNT N	all Functions day; Breakfast on Fri., Sat. & Sun.; Lur				
# Guests (Age 11 and over) @ \$300		\$ \$			
Guest's Full Name(s) - please print legibly for badge imprint					
1)	2)				
3)	4)				
3) RESERVATIONS Indicate Total # Attending each listed function, including registrant and guest(s)  Thursday Workshop- 10:00 # @ \$50 per person. \$					
PAYMENT INFORMATION	lit Card (MasterCard, Visa, or America	ın Express)			
Credit Card No. (If total amount is \$1000 or more, a 2% processing fee will be added to total) Please <b>PRINT</b> Name as it appears on Credit Card					
Billing Address, including Zip Code  Cardholder acknowledges receipt of services in the amount of the the Cardholder's agreement with the Issuer.	total shown hereon and agrees to perform	the obligations set forth in			
Signature □ Check here if, under the Americans with Disabilities Act program: □ Audio □ Visual □ Check here if you require a special meal (additional fee material)					

#### FLORIDA PLASTIC SURGERY FORUM ■ DECEMBER 8 - 11, 2016

#### **Educational Program Overview**

Through participation in this activity, the attendee will improve competency and planning strategies and improve their skills in a variety of new techniques and procedures including but not limited to: the prevention of medical errors; avoiding complications; effective communication with patients concerning safety; various approaches and applications of autologous fat grafting, breast reconstruction; techniques in oculoplasty and abdominoplasty; an introduction to newest trends in plastic surgery via a hot topics segment, regenerative medicine, advances in stem cell application; managing risk by effective patient selection, communication; and other practice management techniques. They will also gain understanding of the socio-political climate in which they practice in order to maintain compliance with regulations for the highest standards in patient care.

#### **LEARNER OBJECTIVES:** After attending this meeting the participants will be able to:

Describe updates in the sociopolitical system and how it works for the betterment of patient care;

Comply with and take advantage of the myriad of new laws affecting plastic surgery that have been enacted in Florida over the course of 2015;

Maintain compliance with state and federal regulations;

Avoid common disciplinary problems, reduce medical errors, and mitigate and manage risk associated with practicing plastic surgery;

Incorporate autologous fat grafting to the various areas of the body into their practice;

Identify and implement the best strategies for oculoplasty patients while maximizing safety;

Utilize current procedures in breast reconstruction;

Identify and implement the best indicated use of non-invasive devices, in various areas of the body;

Analyze and initiate an appropriate surgical plan for abdominoplasty;

Implement tips for procedures and practice strategies as shared by their peers