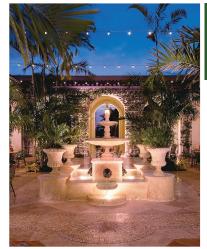
Florida Plastic Surgery Forum



2017













The Breakers, Palm Beach, Florida
December 14-17, 2017

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Florida Society of Plastic Surgeons, Inc. 6300 Sagewood Drive Suite H255 Park City, UT 84098 435-602-1326 ◆ fsps.org

Invited Faculty

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Maureen Kirschhofer Jacksonville, FL

Frank Lista, MD Mississauga, Canada Timothy Marten, MD San Francisco, CA

Alan Matarasso, MD New York, NY

Foad Nahai, MD Atlanta, GA

Christopher Nuland, Esq Jacksonville, FL

Neal Reisman, MD Houston, TX

Renato Saltz, MD Park City, UT

Charlie Thorne, MD New York, NY

Jason Tuschman Jupiter, FL

Cheryl White, MSHL, BS, AS, RN, LJRM, LNCC, MSCC, DFSRMPS
Oldsmar, FL

Roger N. Wixtrom, PhD, DABT Springfield, VA

Karen Zupko Chicago, IL

Resident Presenters

Rachel Cohen-Shohet, MD University of Florida

Jonathan Cook, MD Cleveland Clinic Florida

Stephanie Koonce, MD Cleveland Clinic Florida

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Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Society for Aesthetic Plastic Surgery and Florida Society of Plastic Surgeons.

The American Society for Aesthetic Plastic Surgery designates this live activity for a maximum of 24.75 *AMA PRA Category 1 Credits* $^{\text{\tiny{ML}}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 24.75 AMA PRA Category 1 Credits™ 4.25 have been identified as applicable to patient safety.

This activity will address the following ACGME/ABMS competencies:

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

2017 Program Objectives

After attending this meeting the participants will be able to:

- Describe updates in the sociopolitical system and how it works for the betterment of patient care.
- ◆ Review safety of autlogous fat grafting to the buttock,
- Comply with and take advantage of the myriad of new laws affecting plastic surgery that have been enacted in Florida over the course of 2017,
- ◆ Maintain compliance with state and federal regulations,
- ◆ Avoid common disciplinary problems, reduce medical errors, and mitigate and manage risk associated with practicing plastic surgery,
- ◆ Identify the latest strategies for facelift, breast augmentation, abdominoplasty and endoscopic aesthetic surgery,
- ◆ Analyze, treat and initiate an appropriate surgical plan for face lifts and avoid complications,
- ◆ Implement tips for procedures and practice strategies as shared by their peers.

2017 Planner* / Presenter Disclosures

Louis Bucky, MD

Mauricio Castellon, MD*

Rachel Cohen-Shohet, MD

Christopher Constance, MD*

Jonathan Cook, MD

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Enrique Fernandez, MD Founder – Inspiring Effective Leadership; Receives consulting fees

Thomas Fiala, MD* Allergan – stockholder; Member of Advisory Board of Thermi Aesthetics
Oneilio Garcia, MD Consultant & Speaker with MTF, Solta & Galatea; receives honorariums:

Research consultant with Mentor and Cohera. Member of ASAPS patient

safety committee.

Richard Gregory, MD Ideal Implant - stockholder

James Grotting, MD Aesthetic Surgeons Financial Group, owner; Receives Dividends. Ideal

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Joseph Gryskiewicz, MD

Stephanie Koonce, MD

Frank Lista, MD

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Alan Matarasso, MD Associate editor with PRS; Bonti – stockholder; Consultant with Acelity

Receives consulting fees

Foad Nahai, MD

Christopher Nuland, Esq.

Steven Ovadia, MD

Nothing to Disclose

Renato Saltz, MD

Nothing to Disclose

Nothing to Disclose

Nothing to Disclose

Charlie Thorne, MD Consultant and Advisor with Allergan; Receives consulting fees

Wilton Triggs, MD Nothing to Disclose
Cheryl White Nothing to Disclose

Roger Wixtrom, PhD Scientific consultant with Mentor

Karen Zupko Consultant with Care Credit; Receives consulting fees



FSPS Plastic Surgery Forum Agenda December 14-17, 2017

Thursday, December 14, 2017

9:00 – 5:00 pm	Registration Open	
8:00 – 9:45 am	How to Plan and Execute Your Transition From a Career in Plastic Surgery Enrique Fernandez, MD	Mediterranean Ballroom
10:00 – 11:45 pm	The Plastic Surgeon's Leadership Persona A Blueprint for Effective Leadership Now and Beyond Enrique Fernandez, MD	
12:00 – 1:00 pm	Board of Directors Meeting	Gulfstream 1&2
1:30 pm	Welcome and Call to Order Thomas Fiala, MD	Mediterranean Ballroom
1:30 - 2:00 pm	Hot Topics: Updates from ASAPS & ASPS Joe Gryskiewicz, MD	
2:00 – 2:30 pm	Safety of the Brazilian Butt Lift Onelio Garcia, MD	
2:30 – 3:00 pm	Instagram, SnapChat & the Ethics of Self Promotion Neal Reisman, MD	
3:00 – 3:15 pm	Common Deficiencies Found in AAAASF Facilities Cheryl White	
3:15 – 3:45 pm	Break & Visit Exhibits	Mediterranean Ballroom
3:45 – 5:45 pm	Prevention of Medical Errors & Updates Christopher Nuland, Esq. & Neal Reisman, MD	Mediterranean Ballroom
6:00 – 8:00pm	Cellfina™ An Innovative Minimally Invasive Approach for Cellulite Treatment. Sponsored by Merz Aesthetics Presentation by: Andrew Lyos, MD All Registered Attendees Welcome	Ponce de Leon 1

Friday, December 15, 2017

7:00 – 8:00 am	Continental Breakfast and Visit Exhibits	Venetian Ballroom
8:00 – 4:00 pm	Blueprint for Building a Platinum Plastic Surgery Practice (Staff and Spouse Program - Registration Required)	Ponce de Leon 1
8:00 – 8:45 am	Facelift - Personal Technique Timothy Marten, MD	Mediterranean Ballroom
8:45 – 9:30 am	Facelift - Personal Technique Louis Bucky, MD	
9:30 – 10:15 am	Complications in Primary & Secondary Facelifts, How to Avoid Them & Treat Them James Grotting, MD	
10:15 – 10:45 am	Break and Visit Exhibits	Venetian Ballroom
10:45 – 11:30 am	Facial Resurfacing & Facial Device Update Richard Gregory, MD	Mediterranean Ballroom
11:30 – 12:30 pm	Panel: Complications, Challenging Cases & What I Learned from Them Moderator: Foad Nahai, MD Panel Members: Tim Marten, MD, Louis Bucky, MD, James Grotting, MD, Richard Gregory, MD	
12:30 – 1:30 pm	Lunch 12:45 pm Effectively Using Corporate Structures to Reduce Your Tax Liability Capital Preservation Services: Todd Mardis 1:00 pm How to Run Your Practice Smoothly Rosy Zion	Venetian Ballroom
1:00 pm	Forum Golf Tournament Transportation departs at 12:30 pm, lunch provided.	Ocean Course Sponsored by Sientra
1:30 – 2:15 pm	Breast Implant Shapes & Textures: A Review of Current Clinical Evidence Frank Lista, MD	Mediterranean Ballroom
2:15 – 3:00 pm	News You Can Use - New Laws that Will Impact Your Practice Christopher Nuland, Esq.	
3:00 – 3:30 pm	Break and Visit Exhibits	Venetian Ballroom
3:00 – 3:30 pm 3:30 – 4:15 pm	Break and Visit Exhibits ALCL, Biofilm, Breast Implant Syndrome 2.0 Roger N. Wixtrom, PhD	Venetian Ballroom
	ALCL, Biofilm, Breast Implant Syndrome 2.0	Venetian Ballroom

Saturday, December 16, 2017

7:00 – 8:00 am	Continental Breakfast and Visit Exhibits	Venetian Ballroom
7:00 – 8:00 am	Breakfast with The Faculty - Residents Welcome Limited to 25 participants - Registration Required	HMF Room
8:00 – 8:30 am	Ingredients for Success in Your Practice & Medspa Renato Saltz, MD	Mediterranean Ballroom
8:30 – 9:00 am	Workplace Injuries in Plastic Surgeons: How to Keep It Going Frank Lista, MD	l
9:00 – 9:30 am	10 Tips for Beautiful Blepharoplasties Foad Nahai, MD	
9:30 – 10:00 am	The Re-operative Abdominoplasty Patient Alan Matarasso, MD	
10:00 – 10:10 am	University of South Florida Program Update Nicholas Panetta, MD	
10:10 – 10:20 am	University of Florida Program Update Bruce Mast, MD	
10:20 – 10:50 am	Break and Visit Exhibits	Venetian Ballroom
10:50 – 11:00 am	Cleveland Clinic Program Update Martin Newman, MD	Mediterranean Ballroom
11:00 – 11:10 am	University of Miami Program Update Seth Thaller, MD	
11:10 – 11:45 am	Resident Paper Competition #1 Classification and Treatment Algorithm for Mastectomy Flap Necrosis Stephanie Koonce, MD - Cleveland Clinic Florida	
	#2 Oncoplastic Breast Reconstruction: Oncologic and Aesthetic Outcomes Rachel Cohen-Shohet, MD - University of Florida	
	#3 Concurrent Clostridium Histolyticum Injections for Dupuytren Contracture: A Retrospective Review of Outcomes in 155 Joints Jonathan Cook, MD - Cleveland Clinic Florida	
	#4 Comparison of Costs and Outcomes for In-Office and Operating Room Excision of Cutaneous Malignacies Steven A. Ovadia, MD - University of Miami	

11:45 – 12:45 pm	Keynote Presentation: My Personal Journey Through Plastic Surgery Foad Nahai, MD	Mediterranean Ballroom
12:45 – 1:20 pm	FSPS Business Meeting	
1:20 – 2:00 pm	Lunch 1:30 pm Learn How to Use Your Business Data to Increase Profits Izhak Musli, CEO & Matt Cave, CFO - AtlasKPI 1:45 pm "Introducing Xeomin to Your Practice" Merz Aesthetics - Presented by: Renato Saltz, MD	Venetian Ballroom
2:00 – 2:20 pm	ASPS Update Alan Matarasso, MD	Mediterranean Ballroom
2:20 – 2:40 pm	ASAPS Update Charles Thorne, MD	
2:40 – 3:00 pm	ISAPS Update Renato Saltz, MD	
3:00 – 3:30 pm	Break and Visit Exhibits	Venetian Ballroom
3:30 – 3:30 pm 3:30 – 5:30 pm	Socio-political Seminar & Discussion Christopher Constance, MD, Enrique Fernandez, MD, Adam Fernandez, Esq., Mauricio Castellon, MD	Venetian Ballroom Mediterranean Ballroom
	Socio-political Seminar & Discussion Christopher Constance, MD, Enrique Fernandez, MD,	
3:30 – 5:30 pm	Socio-political Seminar & Discussion Christopher Constance, MD, Enrique Fernandez, MD, Adam Fernandez, Esq., Mauricio Castellon, MD Young Plastic Surgeons Seminars & Interactive Groups Fees, Deals, Discounts & Quotes	Mediterranean Ballroom
3:30 – 5:30 pm	Socio-political Seminar & Discussion Christopher Constance, MD, Enrique Fernandez, MD, Adam Fernandez, Esq., Mauricio Castellon, MD Young Plastic Surgeons Seminars & Interactive Groups Fees, Deals, Discounts & Quotes Karen Zupko Avoiding Ethical Landmines When Starting a Practice	Mediterranean Ballroom
3:30 – 5:30 pm	Socio-political Seminar & Discussion Christopher Constance, MD, Enrique Fernandez, MD, Adam Fernandez, Esq., Mauricio Castellon, MD Young Plastic Surgeons Seminars & Interactive Groups Fees, Deals, Discounts & Quotes Karen Zupko Avoiding Ethical Landmines When Starting a Practice Joseph Gryskiewicz, MD Financial Protection for Young Physicians	Mediterranean Ballroom

Sunday, December 17, 2017

7:00 – 8:00 am	Continental Breakfast and Visit Exhibits	Venetian Ballroom
8:00 – 8:20 am	I've Been Hacked! Cybersecurity for the Plastic Surgeon James Grotting, MD	Mediterranean Ballroom
8:20 – 8:50 am	Endoscopic Surgery Update: What Works, What Doesn't Renato Saltz, MD	
8:50 – 9:20 am	The Non-Endoscopic Forehead Lift Timothy Marten, MD	
9:20 – 9:50 am	Fads, Fashions & Faithful Techniques in Plastic Surgery Foad Nahai, MD	
9:50 – 10:20 am	Break and Visit Exhibits	Venetian Ballroom
10:20 – 10:50 am	Fat Grafting Update: How My Techniques Have Changed Louis Bucky, MD	Mediterranean Ballroom
10:50 – 11:50 am	Panel: The Unhappy Patient - How to Survive the Experience! Louis Bucky, MD, Timothy Marten, MD, James Grotting, MD, Renato Saltz, MD, Alan Matarasso , MD, Neal Reisman, MD	
11:50 – 12:00 pm	Wrap-up and Adjourn Mauricio Castellon, MD	



Social Program & Events

The FSPS Annual Scientific Meeting is a "Family" event. All **registered** spouses, guests and children are welcome to all social activities.

Friday, December 15, 2017

7:00 – 8:00 pm Continental Breakfast in the

Exhibit Hall

10:15 – 10:45 am Break and Visit Exhibits

12:30 – 1:30 pm Lunch

1:00pm Forum Golf Tournament

Ocean Course

6:00 - 7:30 pm Welcome Reception

Venetian Ballroom

Sunday, December 17, 2017

7:00 – 8:00 pm Continental Breakfast in the

Exhibit Hall

9:50 - 10:20 am Break and Visit Exhibits

11:50 - 12:00 pm Wrap-up and Adjourn

Saturday, December 16, 2017

7:00 - 8:00 pm Continental Breakfast in the

Exhibit Hall

10:20 - 10:50 am Break and Visit Exhibitors

1:20 – 2:00 pm Lunch

7:00 – 10:00 pm Forum Soirée

The Circle

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OBP Medical is the leading global developer of single-use, self-contained, illuminating medical devices.

Pipeline Medical ◆ 732-846-1169 ◆ pipelinemedical.com

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PMT Corporation ◆ 952-470-0865 ◆ pmtcorp.com

1500 Park Road, Chanhassen, MN 55317

PMT Corporation is proud to offer Integra[™] and AccuSpan low profile breast and extremity tissue expanders. PMT also manufactures New Beginnings[™] GelShapes[™], a surgery specific treatment for hypertrophic and keloid scars, MicroMat[™], microsurgical background, the Jaw Bra[™], facial compression garment and Micropigmentation equipment, pigments and supplies.

ProAssurance Companies ◆ 954-557-7663 ◆ proassurance.com

2801 SW 149th Ave., Suite 200, Miramar, FL 33027

Our healthcare professional liability solutions make insurance simpler. Get coverage that fits and a pledge of fair treatment. ProAssurance Group is A.M. Best A+ (Superior).

Proximate Concepts ◆ inplantfunnel.com

1566 Lemoine Avenue, Fort Lee, NJ 07024

We Deliver Results[™]The INPLANT[®] Funnel was designed by a leading plastic surgeon who set out on a mission to deliver a superior product at an affordable price. By lowering the cost to surgeons and patients, we want to encourage more surgeons to experience funnel-based procedures because it truly is a more efficient and surgeon-friendly process.

Redspot Interactive ◆ 561-320-0211 ◆ redspotinteractive.com

1001 Jupiter Park Dr. #124, Jupiter, FL 33458

Red Spot Interactive delivers end-to-end patient acquisition, retention technology and marketing services. RSI's clients have generated over \$100 million in new patient fees and 100,000 patient consultations since 2011. Marketing profit tracking a patient scheduling lead management, marketing automation and services are included in RSI's platform.

Sciton ◆ 650-493-9155 ◆ sciton.com

925 Commercial Street, Palo Alto, CA 94303

Sciton was created to provide advanced lasers and light sources to the aesthetic medical markets. With over a decade of performance behind us, Sciton systems have become the standard of care in each application our products address.

Sientra ◆ 805-679-8823 ◆ sientra.com

402 S. Fairview Avenue, Suite 200, Santa Barbara, CA 93117

Sientra, a leader in the plastic surgery industry and known for bringing innovation to the market, was the 1st company to offer its breast implants exclusively to board-certified and board-eligible plastic surgeons. Sientra offers a range of aesthetic and specialty products, including bioCorneum®, the first quick-drying silicone gel scar treatment.

Stryker ◆ 919-819-0409 ◆ stryker.com

750 Trade Centre Way, Suite 200, Portage, MI 49002

Stryker is one of the world's leading medical technology companies and, together with our customers, we are driven to make healthcare better. The Company offers a diverse array of innovative products and services.

Symplast ◆ 954-798-8520 ◆ symplast.com

205 SW 84th Ave, Planta2on, FL 33324

Symplast is the first practice management platform that revolutionizes patient engagement, retention, and referrals from any smartphone, tablet or computer. Founded by a group of plastic surgeons in 2014, Symplast is disrupting the aesthetic industry by redefining the provider-patient relationship and overhauling outdated, inefficient practice workflows.

Synovis ♦ 205-314-3166 ♦ synovismicro.com

439 Industrial Lane, Birmingham, NC 35211

Synovis Micro Companies Alliance, The Microsurgeon's Most Trusted Resource, provides innovative, advanced technologies specifically for microsurgeons. Offerings include the FLOW COUPLER, COUPLER, NEUROTUBE, BIOVER disposable clamps, GEM Micro Sterilization Trays, Non-Stick BiPolar Forceps, GEM Original and SuperFine MicroClips and Appliers, CHROME LED Headlight, S&T microsurgical instruments, and STILLE instruments.

Thermi ◆ 214-612-5849 ◆ thermi.com

8304 Esters Blvd, Suite 890, Irving, TX 75063

Thermi ® is a leading global manufacturer of temperature controlled radiofrequency technology. The company's flagship product is ThermiRF ®, a platform technology that uses temperature as an endpoint for various minimally and non-invasive applica2ons.

Zeltiq ◆ 415-637-9171 ◆ coolsculpting.com

4410 Rosewood Dr., Pleasanton, CA 94588

CoolSculp2ng® by ZELTIQ® is transforming the aesthetic industry with the world's only proven, non-invasive procedure using Cryolipolysis to eliminate fat in specific areas of a patient's body without harming surrounding tissue or organs. Developed by world-renowned scientists, CoolSculpting is FDA cleared and has clinically proven efficacy with undeniable results.

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With more than 15 years of practice management expertise, Zion is a consulting company offering practice management solutions to medical offices.

RTI Surgical ◆ 386-418-8888 ◆ rtix.com

11621 Research Circle, Alachua, FL 32615

RTI Surgical is a leading global surgical implant company providing surgeons with safe biologic, metal and synthetic implants. RTI's implants are used in sports medicine, general surgery, spine, orthopedic, trauma and cardiothoracic procedures and are distributed in nearly 50 countries. RTI is headquartered in Alachua, FI., and has four manufacturing facilities in the U.S. and Europe.

