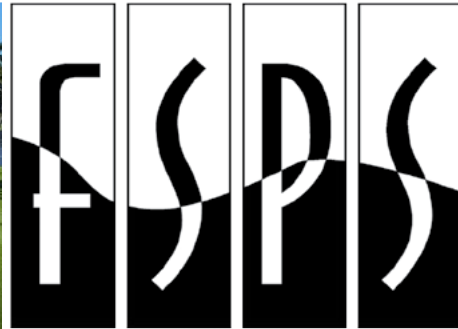


Florida Plastic Surgery Forum



FLORIDA SOCIETY OF
PLASTIC SURGEONS

2019



December 12-15, 2019 - The Breakers, Palm Beach, Florida

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Jonathan Sarik, MD
Cleveland Clinic Florida
Weston, FL

Natalia Vidal Laureano, MD
University of Miami
Miami, FL

Brielle Weinstein, MD
University of South Florida
Tampa, FL

Resident Presenters

Mustafa Chopan, MD
University of Florida
Gainesville, FL

Casey Holmes, MD
Cleveland Clinic Florida
Weston, FL

Steven Ovadia, MD
University of Miami
Miami, FL

Jacqueline Ross, MD
University of South Florida
Tampa, FL

Disclosures Policies & Accreditation

As a program jointly provided by The Aesthetic Society (ASAPS) and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by ASAPS & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. ASAPS & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. ASAPS & FSPS adhere to the ACCME Standards for Commercial Support.

Accreditation: This activity has been planned and

implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The The Aesthetic Society designates this live activity for a maximum of *23.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the *23.5 AMA PRA Category 1 Credits™*, 3.5 have been identified as applicable to patient safety.

This activity will address the following ACGME/ ABMS competencies: ▲

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

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2019 Program Objectives

At the completion of this CME activity, registrants will be able to:

- Review current perspectives of hot topics in fat grafting controversies, hair restoration, and new medical devices,
- Comply with and take advantage of the new Florida laws affecting plastic surgery that have been enacted over the course of 2019,
- Describe updates in the sociopolitical system and how it works for the betterment of patient care,
- Review current techniques and products in facial injectables,
- Discuss strategies in solving complex problems,
- Identify lessons learned related to aesthetic breast surgery,
- Assess advantages and disadvantages of surgical vs non-surgical facial techniques,
- Discuss strategies to improve practice management, and
- Assess policies and procedures in place regarding discounting services and products.

2019 Planner*/Presenter Disclosures

Louis P. Bucky, MD	Board Member with PatientFi Finance Company
Mauricio J. Castellon, MD*	Nothing to Disclose
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Christopher G. Constance, MD*	Nothing to Disclose
Adam Fernandez, Esq	Nothing to Disclose
Enrique Fernandez, MD	Nothing to Disclose
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Jack Fisher, MD	Medical Director/Consultant with NeoGraft Hair Restoration receives consulting fee; Technical Advisor with Anzu – receives stock
Anitere Flores	Nothing to Disclose
Oneilo Garcia Jr., MD	Consultant/Researcher/Speakers Bureau with Solta Medical – receives honorariums/travel expenses; Speakers Bureau/ Consultant with Musculoskeletal Tissue Foundation – receives honorariums/travel expenses; Consultant/Researcher/ Speakers with Galatea - receives honorariums/travel expenses/ grant support
Ronald F. Giffler, MD	Nothing to Disclose
Braun H. Graham, MD	Speaker with Galatea – receives speaking fees
James C. Grotting, MD	Founder/Share Holder with CosmetAssure -receives distributions/ dividends; Shareholder with Ideal Implant; Shareholder with Intergrated Healing Technologies; Author/ Editor with Theime Publishing – receives royalties; Author/ Editor with Elsevier – receives royalties
David Halpern, MD	Researcher/Stock Ownership with Direct Biologics Inc. – receives nothing
Mike Haridopolos	Nothing to Disclose
Stephanie Haridopolos, MD	Nothing to Disclose
Casey Holmes, MD	Nothing to Disclose
Mark Leyngold, MD	Nothing to Disclose
Frank Lista, MD	Nothing to Disclose
Bruce A. Mast, MD*	Stockholder with Axogen, Inc. – receives equity; Program Director with Synthes – receives educational grants; Book Editor with Theime Medical Publishing – receives royalties
Christopher L. Nuland, Esq.	Nothing to Disclose

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John O'Brien, MD	Nothing to Disclose
Steven Ovadia, MD	Nothing to Disclose
Pat Pazmino, MD	Nothing to Disclose
Manuel Pena, MD	Nothing to Disclose
Max L. Polo, MD*	Device Expert with Merz – receives consulting fee
Jason Pozner, MD	Editor with Aesthetic Plastic Surgery-Section; Speaker with Alma – receives discount/equipment; Advisory Board with Canfield – receives discount; Speaker with Cynosure – receives discount; Advisory Board/Stockholder/Research/Consultant with Cytrellis; Investigator/stockholder/Speaker with Invasik/Inmode – receives discount/equipment; Editorial Board with Journal of Cosmetic & Laser Therapy; Speaker/Research with Lutronic – receives equipment; Research with MTF; Reviewer with Plastic & Reconstructive Surgery; Board Member/Stockholder with Plastic Surgery Channel; Advisory Board/Stockholder with Real Self; Consultant/Stockholder/Board Member with Sciton – receives equipment/patent; Investigator Syneron – receives equipment; Stockholder/Research with TDM; Speaker/ Advisory Board with Thermi – receives equipment; BTL, Exilis, Innovative Optics, Jeisys, Oculoplastik, & Zimmer - receives equipment; Cytori & Ra Medical – receives discount; Stockholder with Avava, Candesant, Joylux, Revance, & Therapeutis
Neal Reisman, MD, JD	Nothing to Disclose
Jacqueline Ross, MD	Nothing to Disclose
Susan Russell	Nothing to Disclose
Renato Saltz, MD	Consultant with Coolsculpting; Consultant with Dominion Aesthetics
Jonathan Sarik, MD	Nothing to Disclose
Alissa Shulman, MD*	Nothing to Disclose
Jason Tuschman	Owner of Redspot Interactive
Natalia Vidal Laureano, MD	Nothing to Disclose
Karen Wells, MD	Nothing to Disclose
Brielle Weinstein, MD	Nothing to Disclose
Thomas Zaydon Jr., MD	Nothing to Disclose
Karen Zupko	Consultant with Care Credit – receives consulting fee

The Breakers

FSPS Plastic Surgery Forum Program

December 12-15, 2019

Thursday, December 12, 2019

Exhibits located in Ponce de Leon 4, 5 & 6. General Session located in Ponce de Leon 2 & 3.

All breakfasts, breaks, and lunches located in Ponce de Leon 4, 5 & 6.

11:30 – 1:00 pm	FSPS Board Meeting	
12:00 – 5:00 pm	Registration	
1:30 – 3:00 pm	HOT TOPICS <i>Moderator:</i> Thomas G.S. Fiala, MD	
1:30 – 2:00 pm	Fat Grafting: Hot Topics and Controversies Bruce A. Mast, MD	
2:00 – 2:30 pm	State of Hair Restoration – “Does It Apply to Your Practice?” Jack Fisher, MD	
2:30 – 3:00 pm	Fat Grafting to the Breast Louis P. Bucky, MD	
3:00 – 3:30 pm	DEVICE PANEL: WHAT WORKS AND WHAT DOESN'T <i>Moderator:</i> Kendall Peters, MD <i>Panel Members:</i> Louis P. Bucky, MD, Jack Fisher, MD, Bruce A. Mast, MD, Renato Saltz, MD	
3:30 – 5:30 pm	Prevention of Medical Errors Christopher L. Nuland, Esq.	▲
6:00 – 7:30 pm	Uses of GalaFLEX for Soft Tissue Support Reception Provided by Galatea Surgical	Ponce de Leon 1



Friday, December 13, 2019

6:30 – 7:30 am	Breakfast & Visit Exhibits
7:30 – 9:00 am	FACE AND NECK PANEL: ADVANCES IN FACIAL AESTHETICS <i>Moderator:</i> Mauricio J. Castellon, MD
7:30 – 8:00 am	New Concepts in Face Lifting: Regeneration, Rejuvenation and Repurposing Louis P. Bucky, MD
8:00 – 8:30 am	The Facial Aesthetic Package - Combining Surgical and Non-surgical Procedures to Achieve Safer and Better Results – 17 Years Later! Renato Saltz, MD
8:30 – 9:00 am	A Deep Dive into the Difficult Neck James C. Grotting, MD
9:00 – 10:00 am	FACIAL AESTHETICS PANEL: WHY I DO THINGS THIS WAY NOW <i>Moderator:</i> Manuel Pena, MD <i>Panel Members:</i> Louis P. Bucky, MD, James C. Grotting, MD, Renato Saltz, MD
10:00 – 10:30 am	Break & Visit Exhibits
9:00 – 4:00 pm	STAFF PROGRAM Handling Financial Objections Plus Ponce de Leon 1 Karen Zupko
10:30 – 11:50 pm	BREAST PANEL: PEARLS AND PITFALLS <i>Moderator:</i> David Halpern, MD
10:30 – 10:50 am	An Algorithm for Solving Complex Breast Problems Jack Fisher, MD 
10:50 – 11:10 am	Do Textured Implants Reduce the Risk of Capsular Contracture  Frank Lista, MD
11:10 – 11:30 am	Periareolar Mastopexy: Can be a Really Good Operation Louis P. Bucky, MD
11:30 – 11:50 am	Aesthetic Breast Surgery – A Few Pearls That I Learned the Hard Way James C. Grotting, MD
11:50 – 12:10 pm	Own Your Future, Own Your Marketing Jason Tuschman
12:10 pm – 1:15 pm	Lunch in Exhibit Hall
	Lunchtime Presentations (15 minutes each) 12:20 pm Symplast - 2020: The Year Telehealth Transforms Plastic Surgery 12:45 pm Sedation Systems - Giving Pain Something to Laugh About
12:30 pm	FSPS Annual Golf Tournament
1:15 – 2:30 pm	BODY CONTOURING PANEL: LESSONS LEARNED <i>Moderator:</i> Alissa Shulman, MD <i>Panel Members:</i> Louis P. Bucky, MD, Mauricio J. Castellon, MD, James C. Grotting, MD, Max L. Polo, MD
2:30 – 3:00 pm	Edward S. Truppmann Honorary Lecture On the Actualization of Our Potential & Transformation: FSPS Enrique Fernandez, MD

3:00 - 3:30 pm	Break & Visit Exhibits
3:30 - 4:30 pm	Florida Residency Program Updates (10 minute presentation, 5 minute discussion) <i>Moderator:</i> Bruce A. Mast, MD
3:30 - 3:45 pm	New Techniques in Microsurgical Breast Reconstructions Mark Leyngold, MD - University of Florida
3:45 - 4:00 pm	Prepectoral Implant Based Reconstruction Natalia Vidal Laureano, MD - University of Miami
4:00 - 4:15 pm	Muscle Only Vertical Rectus Abdominis Flap for Perineal Reconstruction Jonathan Sarik, MD - Cleveland Clinic Florida
4:15 - 4:30 pm	Early Breast Cancer Related Lymphadema Mitigation with Immediate Lymphovenous Bypass Anastomosis Brielle Weinstein, MD - University of South Florida
4:30 - 5:30 pm	Resident Competition (10 minute presentation, 5 minute discussion) <i>Moderator:</i> Bruce A. Mast, MD
4:30 - 4:45 pm	Contemporary Analysis of Rhytidectomy Using TOPS Database with 13,346 Patients Mustafa Chopan, MD - University of Florida
4:45 - 5:00 pm	Characterizing the Microbiome of the Contracted Breast Capsule Using Next Generation Sequencing Casey Holmes, MD - Cleveland Clinic Florida
5:00 - 5:15 pm	Changes in Opioid Prescribing Patterns: A Survey of the Florida Society of Plastic Surgeons Steven Ovadia, MD - University of Miami
5:15 - 5:30 pm	Risk Factors for Development of Mycobacterium Infection to the Surgical Patient Jacqueline Ross, MD - University of South Florida
5:30 - 7:00 pm	Welcome Reception in Exhibit Hall - Sponsored by Mentor

Saturday, December 14, 2019

6:30 - 7:30 am	Breakfast & Visit Exhibits
7:30 - 8:15 am	Fat Grafting Update Onelio Garcia, Jr., MD
8:15 - 8:45 am	BBL Safety Update - How to Protect Patients and your Florida Medical License ▲ Pat Pazmino, MD
8:45 - 10:00 am	INJECTABLE PANEL - HOW I VOLUMIZE THE FACE <i>Moderator:</i> Thomas G.S. Fiala, MD <i>Panel Members:</i> Louis P. Bucky, MD, Braun H. Graham, MD, James C. Grotting, MD, Jason Pozner, MD
10:00 - 10:30 am	Break & Visit Exhibits
10:30 - 11:00 am	Filler Emergency Recognition & Treatment ▲ Thomas Zaydon, Jr., MD

11:00 – 11:30 am	The Impact of Skin Care Product Sales in an Aesthetic Plastic Surgery Practice Frank Lista, MD
11:30 – 12:00 pm	Device Update: What's Hot and Incoming Jason Pozner, MD
12:00 – 12:30 pm	FSPS Business Meeting
12:30 – 1:30 pm	Lunch in Exhibit Hall - Sponsored by Sientra
1:30 – 2:30 pm	KEYNOTE PRESENTATION "Defining Expertise" Jack Fisher, MD
2:30 – 3:00 pm	What's Lurking in Your Water? A Tale of Psuedomonas Frank Lista, MD
3:00 – 3:30 pm	Break & Visit Exhibits
3:30 – 5:30 pm	SOCIO POLITICAL SESSION <i>Moderator:</i> Christopher L. Nuland, Esq., <i>Panel Members:</i> Christopher G. Constance, MD, Adam Fernandez, Esq., Enrique Fernandez, MD, The Honorable Senator Anitere Flores, Ronald Giffler, MD, The Honorable Mike Haridopolos, Stephanie Haridopolos, MD, Christopher L. Nuland, Esq., John O'Brien, MD, Neal Reisman, MD, JD
7:30 – 10:00 pm	FSPS Gala Dinner - Sponsored by Allergan

Sunday, December 15, 2019

6:30 – 7:30 am	Breakfast & Visit Exhibits
7:30 – 8:00 am	Society Updates Bruce A. Mast, MD – FSPS James C. Grotting, MD – ASAPs Renato Saltz, MD – ISAPS Lynn Jeffers, MD – ASPS
8:00 – 8:30 am	The Price is Right: Or Is It? Karen Zupko
8:30 – 9:00 am	Agony and Ecstasy of Partnerships Neal Reisman, MD, JD
9:00 – 9:30 am	MBA Outside Consultant Jason Pozner, MD
9:30 – 10:00 am	Break & Visit Exhibits
10:00 – 12:00 pm	MEDSPA PANEL: RISK AND REWARDS <i>Moderator:</i> Braun H. Graham, MD <i>Panel Members:</i> Louis P. Bucky, MD, Thomas G. S. Fiala, MD, Braun H. Graham, MD, Jason Pozner, MD, Neal Reisman, MD, JD, Renato Saltz, MD, Karen Zupko
12:00 pm	Meeting Adjourns

Social Program & Events

Thursday, December 12, 2019

6:00 – 7:30 pm	Uses of GalaFLEX for Soft Tissue Support Reception Provided by Galatea Surgical	Ponce de Leon 1
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Friday, December 13, 2019

The FSPS Annual Scientific Meeting is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

6:30 – 7:30 am	Breakfast in the Exhibit Hall
10:00 – 10:30 am	Break and Visit Exhibits
12:10 – 1:15 pm	Lunchtime Presentations 12:20 pm Symplast - 2020: The Year Telehealth Transforms Plastic Surgery 12:45 pm Sedation Systems - Giving Pain Something to Laugh About
12:30 pm	Forum Golf Tournament <i>Ocean Course - Registration Required</i>
3:00 – 3:30 pm	Break and Visit Exhibits
5:30 – 7:00 pm	Welcome Reception in the Exhibit Hall - Sponsored by Mentor

Saturday, December 14, 2019

6:30 – 7:30 am	Breakfast in the Exhibit Hall
10:00 – 10:30 am	Break and Visit Exhibits
12:30 – 1:30 pm	Lunch - Sponsored by Sientra
3:00 – 3:30 pm	Break and Visit Exhibits
7:30 – 10:00 pm	Gala Dinner - Sponsored by Allergan <i>Registration Required - Additional Fee Applies</i>

Sunday, December 15, 2019

6:30 – 7:30 am	Breakfast in the Exhibit Hall
9:30 – 10:00 am	Break and Visit Exhibits
12:00 pm	Wrap-up and Adjourn

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CONTRAINDICATIONS

Breast implant surgery should not be performed in:

- Women with active infection anywhere in their body.
- Women with existing cancer or precancer of their breast who have not received adequate treatment for those conditions.
- Women who are currently pregnant or nursing.

WARNINGS

- Breast implants are not lifetime devices or necessarily a one-time surgery.
- Avoid damage during surgery: Care should be taken to avoid the use of excessive force and to minimize handling of the implant. Use care when using surgical instruments in proximity with the breast implant. For more information, please see the full Directions for Use.

PRECAUTIONS

Safety and effectiveness have not been established in patients with the following:

- Autoimmune diseases (eg, lupus and scleroderma).
- A compromised immune system (eg, currently receiving immunosuppressive therapy).
- Planned chemotherapy following breast implant placement.

- Planned radiation therapy to the breast following breast implant placement.
- Conditions or medications that interfere with wound healing and blood clotting.
- Reduced blood supply to breast tissue.
- Clinical diagnosis of depression or other mental health disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders prior to surgery. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to undergoing breast implantation surgery.

ADVERSE EVENTS

Key adverse events are reoperation, implant removal with or without replacement, implant rupture with silicone-filled implants, and capsular contracture Baker Grade III/IV.

Other potential adverse events that may occur with breast implant surgery include: asymmetry, breast pain, breast/skin sensation changes, capsular calcification, delayed wound healing, hematoma, hypertrophic scarring/scarring, implant extrusion, implant malposition, implant palpability/visibility, infection, nipple complications, redness, seroma, swelling, tissue/skin necrosis, wrinkling/rippling.

For more information see the full Directions for Use at www.allergan.com/labeling/usa.htm. To report a problem with Natrelle® Breast Implants, please call Allergan at 1-800-433-8871.

Natrelle® Breast Implants are available by prescription only.

Reference: 1. Data on file, Allergan, January 2017; Allergan Plastic Surgery Order Form.

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1980	Jay D. Ellenby, MD	2011	Randy B. Miller, MD
1981	Jack D. Norman, MD	2012	Galen Perdikis, MD
1982	C. Gary Zahler, MD	2013	Braun H. Graham, MD
1983	Jeffrey Lang, MD	2014	C. Cayce Rumsey III, MD
1984	H. Hollis Caffee, MD	2015	Thomas J. Zaydon, Jr., MD
1985	James L. Baker Jr., MD	2016	Thomas Fiala, MD
1986	Charles Radlauer, MD	2017	Christopher G. Constance, MD
1987	Lawrence B. Robbins, MD	2018	Mauricio J. Castellon, MD
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