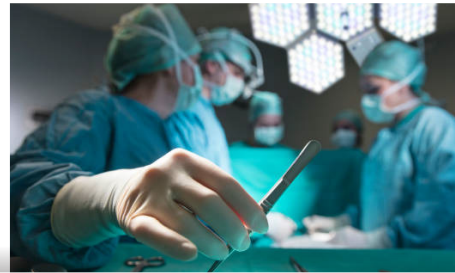




FLORIDA SOCIETY OF  
PLASTIC SURGEONS



# 2020 Florida Plastic Surgery Forum



December 10-13  
The Breakers  
Palm Beach  
Florida

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## 2020 Forum Faculty

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**Steven L. Benard, MD**  
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Tampa, FL

**Alissa M. Shulman, MD**  
Sarasota, FL

**Jeffrey Kenkel, MD**  
Dallas, TX

**James E. Zins, MD**  
Cleveland, OH

**Michael Lauzardo, MD, MSc**  
Gainesville, FL

**Frank Lista, MD**  
Mississauga, Canada

## Residency Program Presenters

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# Disclosures Policies & Accreditation

As a program jointly provided by The Aesthetic Society (ASAPS) and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by ASAPS & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. ASAPS & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. ASAPS & FSPS adhere to the ACCME Standards for Commercial Support.

**Accreditation:** This activity has been planned and

implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The The Aesthetic Society designates this live activity for a maximum of **23.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the **23.5 AMA PRA Category 1 Credits™**, **3.5** have been identified as applicable to patient safety.

**This activity will address the following ACGME/ ABMS competencies:** ▲

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

Jointly Provided by:



Endorsed by:



## 2020 Program Objectives

**At the completion of this CME activity, registrants will be able to:**

- Review current perspectives of hot topics in hair restoration, breast implant illness, and pain management,
- Comply with and take advantage of the new Florida laws affecting plastic surgery that have been enacted over the course of 2020,
- Review current techniques in reconstructive breast surgery, breast reduction, and mastopexy,
- Review techniques to optimize body contouring procedures,
- Discuss presenter's research projects, the results, and the potential application to plastic surgeons' practices,
- Identify safety techniques to enhance patient outcomes,
- Assess advantages and disadvantages of surgical vs non-surgical facial techniques.

## The Breakers

# FSPS Plastic Surgery Forum Program December 10-13, 2020

Thursday, December 10, 2020

Exhibits located in Ponce de Leon 4, 5 & 6. General Session located in Ponce de Leon 2 & 3.  
All breakfasts, breaks, and lunches located in Ponce de Leon 4, 5 & 6.

11:30 – 1:00 pm	<b>FSPS Board Meeting</b>	
12:00 – 5:00 pm	<b>Registration</b>	
1:30 – 3:00 pm	<b>HOT TOPICS</b> <i>Moderator:</i>	
1:30 – 2:00 pm	<b>Hair Replacement with PRP</b> Steven Bernard, MD	
2:00 – 2:30 pm	<b>Breast Implant Illness</b> Galen Perdakis, MD	
2:30 – 3:00 pm	<b>Pain Management in Outpatient Breast Surgery</b> Albert Losken, MD	▲
3:00 – 5:00 pm	<b>Prevention of Medical Errors</b> Christopher L. Nuland, Esq.	▲
6:00 – 8:00 pm	<b>Networking Reception</b> Sponsored by Galatea Surgical	



Friday, December 11, 2020

6:30 – 7:30 am	<b>Rise &amp; Shine Coffee Bar and Visit Exhibits</b>
7:30 – 10:00 am	<b>RECONSTRUCTIVE BREAST SURGERY</b> <i>Moderator:</i>
7:30 – 8:00 am	<b>Update on Oncoplastic Reduction Techniques</b> Albert Losken, MD
8:00 – 8:30 am	<b>Paradigm Shift: Sub-pectoral Expanders to Pre-pectoral Direct to Implant for Fewer Complications and Improve Results</b> Steven L. Bernard, MD 
8:30 – 9:00 am	<b>Breakfast and Visit Exhibits</b>
9:00 – 10:00 am	<b>Re-Innervating Breast Reconstructions: Fact or Fantasy</b> Galen Perdikis, MD
10:00 – 10:30 am	<b>Break &amp; Visit Exhibits</b>
10:30 – 12:00 pm	<b>BREAST REDUCTION &amp; MASTOPEXY</b> <i>Moderator:</i>
10:30 – 10:50 am	<b>Surgical Correction of Gynecomastia: A New Technique Without Peri-Areolar Scars</b> Frank Lista, MD
10:50 – 11:10 am	<b>Augmentation-Mastopexy After Weight Loss: An Exercise In Breast Pocket Stabilization</b> Galen Perdikis, MD
11:10 – 11:30 am	<b>Revision Augmentation Mastopexy</b> G. Patrick Maxwell, MD
11:30 – 11:50 am	<b>Breast Reduction Made Easy</b> Bruce A. Mast, MD
11:50 – 12:00 pm	<b>Discussion</b>
12:00 pm – 1:00 pm	<b>Lunch in Exhibit Hall</b>
12:30 pm	<b>FSPS Annual Golf Tournament</b>
1:00 – 2:30 pm	<b>BODY CONTOURING</b> <i>Moderator:</i>
1:00 – 1:25 pm	<b>25 Years of Evolution in Body Contouring: What I Have Learned</b> Jeffrey Kenkel, MD
1:25 – 1:50 pm	<b>Labiaplasty: Can I do this Operation?</b> Frank Lista, MD
1:50 – 2:10 pm	<b>Abdominoplasty: The 10 Rules for Success</b> Frank Lista, MD 
2:10 – 2:30 pm	<b>Discussion</b>
2:30 – 3:00 pm	<b>Edward S. Truppmann Honorary Lecture</b>
3:00 – 3:30 pm	<b>Break &amp; Visit Exhibits</b> - Sponsored by the Fortune Firm

3:30 - 4:30 pm	<b>Academic Updates Session</b> <i>Moderator:</i> Bruce A. Mast, MD
3:30 - 3:45 pm	<b>Program 1</b>
3:45 - 4:00 pm	<b>Program 2</b>
4:00 - 4:15 pm	<b>Program 3</b>
4:15 - 4:30 pm	<b>Program 4</b>
4:30 - 5:30 pm	<b>Resident Competition (10 minute presentation, 5 minute discussion)</b> <i>Moderator:</i> Michael A. Harrington, MD
4:30 - 4:45 pm	<b>Resident Comp 1</b>
4:45 - 5:00 pm	<b>Resident Comp 2</b>
5:00 - 5:15 pm	<b>Resident Comp 3</b>
5:15 - 5:30 pm	<b>Resident Comp 4</b>
5:30 - 6:30 pm	<b>Welcome Reception in Exhibit Hall</b>

Saturday, December 12, 2020

6:30 - 7:00 am	<b>Rise &amp; Shine Coffee Bar and Visit Exhibits</b>
7:00 - 8:00 am	<b>Breakfast and Visit Exhibits</b>
8:00 - 8:30 am	<b>Society Updates</b> Alissa Shulman, MD - FSPS Joe Losee, MD - ASPS
8:30 - 9:45 am	<b>FACIAL I</b> <i>Moderator:</i> name
8:30 - 8:50 am	<b>Demystifying the Facelift</b> James E. Zins, MD
8:50 - 9:10 am	<b>The Oblique Neck: Safe Contouring of Deep Structures in Necklifting</b> ▲ James C. Grotting, MD
9:10 - 9:30 am	<b>Injectable Fillers: Technical Advances and Safety Considerations</b> ▲ Jeffrey Kenkel, MD
9:30 - 9:45 am	<b>Discussion</b>

9:45 – 10:15 am	<b>Break &amp; Visit Exhibits</b>
10:15	<b>Open</b>
11:00 – 12:00 am	<b>SAFETY</b> <b>Surgical Safety: It's Not Your Scalpel</b> - Galen Perdikis, MD <b>The Unhappy Patient: A Treatment Manuel</b> - Frank Lista, MD <span style="float: right;">▲</span>
12:00 – 12:30 pm	<b>FSPS Business Meeting</b>
12:30 – 1:30 pm	<b>Lunch in Exhibit Hall</b>
1:30 – 2:30 pm	<b>KEYNOTE PRESENTATION</b> <b>A Half Century of Breast Reconstruction: As I Have Lived it!</b> G. Patrick Maxwell, MD
2:30 – 3:00 pm	<b>FACIAL II</b> <b>Aesthetic Surgery of the Upper Face</b> - James E. Zins, MD <b>The Gliding Browlift—A Better Way to Raise the Lateral Brow?</b> - James C. Grotting, MD
3:00 – 3:30 pm	<b>Break &amp; Visit Exhibits</b>
3:30 – 5:30 pm	<b>SOCIO POLITICAL SESSION</b> <i>Moderator:</i> Christopher Nuland, Esq. <i>Panel Members:</i> Mauricio J. Castellon, MD, Christopher G. Constance, MD, Enrique Fernandez, MD
7:30 – 10:00 pm	<b>FSPS Gala Dinner</b>

## Sunday, December 13, 2020

8:00 – 8:30 am	<b>Breakfast &amp; Visit Exhibits</b>
8:30 – 12:00 pm	<b>BUSINESS - PRACTICE MANAGEMENT</b> <i>Moderator:</i>
8:00 – 8:45 am	<b>Operating Room Efficiency: The Need for Speed</b> Frank Lista, MD <span style="float: right;">▲</span>
8:45 – 9:15 am	<b>A Critical Review of Office Based Devices: Lasers/Light /RF/ Ultrasound</b> Jeffrey Kenkel, MD
9:00 – 9:30 am	<b>TBD</b>
9:30 – 10:00 am	<b>TBD</b>
10:00 – 12:00 pm	<b>BUSINESS</b> <i>Moderator:</i> <b>Dealing with Insurance: Secret to Increasing Your Reimbursement</b> Leslie Howard, Esq.
12:00 pm	<b>Meeting Adjourns</b>



# Social Program & Events

## Thursday, December 10, 2020

6:00 – 7:30 pm	<b>Attendee Special Reception</b> Reception Provided by Galatea Surgical	Ponce de Leon 1
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## Friday, December 11, 2020

The FSPS Annual Scientific Meeting is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

6:30 – 7:30 am	<b>Rise &amp; Shine Coffe Bar</b>
8:30 – 9:00 am	<b>Breakfast and Visit Exhibits</b>
12:00 – 1:00 pm	<b>Lunch and Presentation</b> Sponsored by The Fortune Law Firm
12:30 pm	<b>Forum Golf Tournament</b> Ocean Course - <i>Registration Required</i>
3:00 – 3:30 pm	<b>Break and Visit Exhibits</b>
5:30 – 6:30 pm	<b>Welcome Reception in the Exhibit Hall</b>

## Saturday, December 12, 2020

6:30 – 7:00 am	<b>Rise &amp; Shine Coffe Bar</b>
7:00 – 8:00 am	<b>Breakfast and Visit Exhibits</b>
12:30 – 1:30 pm	<b>Lunch</b>
3:00 – 3:30 pm	<b>Break and Visit Exhibits</b>
7:30 – 10:00 pm	<b>Gala Dinner</b> <i>Registration Required - Additional Fee Applies</i>

## Sunday, December 13, 2020

8:00 – 8:30 am	<b>Breakfast and Visit Exhibits</b>
12:00 pm	<b>Wrap-up and Adjourn</b>

# Florida Society of Plastic Surgeons Past Presidents

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1957	George W. Robertson III, MD*	1989	Mutaz B. Habal, MD
1958	George W. Robertson III, MD*	1990	Calvin R. Peters, MD
1959	Grover W. Austin, MD*	1991	Barry M. Schwartz, MD
1960	Clifford C. Snyder, MD*	1992	Carl W. Lentz III, MD
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1969	Thomas J. Baker, MD	2000	Dean L. Johnston, MD
1970	Diran M. Seropian, MD	2001	Dean L. Johnston, MD
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1974	Dorthea Weybright, MD*	2005	Onelio Garcia Jr., MD
1975	Harold G. Norman Jr., MD*	2006	Ralph M. Rosato, MD
1976	Bernard L. Kaye, MD*	2007	John J. Obi, MD
1977	William F. Hogan, MD	2008	Victoria A. Vitale-Lewis, MD
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1979	John R. Royer, MD	2010	John J. O'Brien, MD
1980	Jay D. Ellenby, MD	2011	Randy B. Miller, MD
1981	Jack D. Norman, MD	2012	Galen Perdikis, MD
1982	C. Gary Zahler, MD	2013	Braun H. Graham, MD
1983	Jeffrey Lang, MD	2014	C. Cayce Rumsey III, MD
1984	H. Hollis Caffee, MD	2015	Thomas J. Zaydon, Jr., MD
1985	James L. Baker Jr., MD	2016	Thomas Fiala, MD
1986	Charles Radlauer, MD	2017	Christopher G. Constance, MD
1987	Lawrence B. Robbins, MD	2018	Mauricio J. Castellon, MD
1988	John S. Bruno, MD	2019	Bruce A. Mast, MD



## FSPS Valued Industry Partners

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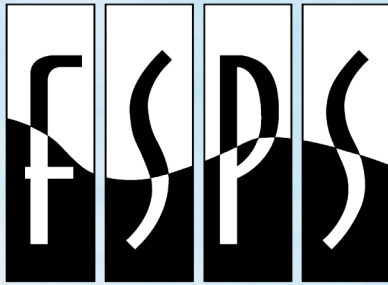
A Valued Industry Partner enters into an agreement with the Florida Society of Plastic Surgeons to provide its members with a discount on the products and/or services they offer Plastic Surgeons.

VIP's are acknowledged on our website, by e-mail blasts produced by FSPS and at our meetings. FSPS graciously acknowledges support of our VIP program by the following companies.

### VIP Members

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FLORIDA SOCIETY OF  
PLASTIC SURGEONS

**SAVE THE DATE**

December 9-12, 2021

**FLORIDA PLASTIC  
SURGERY FORUM**

The Breakers  
Palm Beach, FL