



FLORIDA SOCIETY OF
PLASTIC SURGEONS



2020 Florida Plastic Surgery Forum



December 11-13
The Breakers
Palm Beach
Florida

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Resident Presenters

Jacob Carlson, MD
University of Florida

Jake Laun, MD
University of South Florida

Savannah Moon, DO
Cleveland Clinic Florida

Luccie Wo, MD
University of Miami

2020 Planner*/Presenter Disclosures

Yoav Barnavon, MD	Nothing to Disclose
Steven L. Bernard, MD	Nothing to Disclose
Jacob Carlson, MD	Nothing to Disclose
Mauricio Castellon, MD	Nothing to Disclose
Orlando J. Cicilioni, MD	Nothing to Disclose
Onelio Garcia, Jr., MD	Consultant/Member Speakers Panel/Clinical Researcher with Galatea Surgical – receives speaker panel honorariums and research grant; Consultant/Speakers Panel with Mentor Corp. - receives speaker panel honorariums; Consultant with Bard – receives consulting fees
Braun H. Graham, MD	Speaker with Galatea Surgical – receives speaker fees
James C. Grotting, MD	Founder/Shareholder with Aesthetic Surgeons Financial Group – owns CosmetAssure trademark - distributions and dividends; Stockholder with Premier Aesthetic Solutions; Author/Editor with Thieme and Elsevier – receives book royalties
Leslie Howard, Esq.	Nothing to Disclose
Randall Jenkins, Esq.	Nothing to Disclose
Jeffrey M. Kenkel, MD	Associate editor with ASJ/ASJOF – receives stipend; Investigator with Bellus Medical – receives research grant; Investigator with Venus Medical - receives research grant
Jake Laun, MD	Nothing to Disclose
Michael Lauzardo, MD, MSC	Nothing to Disclose
Albert Losken, MD	Speaker for RTI Surgical – receives consulting fee; Speaker with Irrimax – receives consulting fee
Bruce A. Mast, MD*	Shareholder with Axogen, Inc. – receives equity; Textbook editor with Thieme Medical Publishing - receives royalties; Consultant with Tepha/Galatea - receives consulting fee
G. Patrick Maxwell, MD	Nothing to Disclose
Savannah Moon, DO	Nothing to Disclose
Christopher L. Nuland, Esq.	Nothing to Disclose
Manuel Pena, MD	Nothing to Disclose
Max L. Polo, MD	Nothing to Disclose
Galen Perdikis, MD	Researcher with Axogen - academic department receives financial support; Stockholder with Brijjit
Kendall Peters, MD	Nothing to Disclose
Andrew H. Rosenthal, MD	Medical Director with Modernizing Medicine - receives stock options; Advisory Panel with Puregraft – receives consulting fee
Susan Russell*	Nothing to Disclose
Alissa Shulman, MD*	Nothing to Disclose
Amy Simon, MD	Nothing to Disclose
Luccie Wo, MD	Nothing to Disclose
Thomas Zaydon, Jr., MD	Nothing to Disclose
James E. Zins, MD	Nothing to Disclose

Disclosures Policies & Accreditation

As a program jointly provided by The Aesthetic Society and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by The Aesthetic Society & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. The Aesthetic Society & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. The Aesthetic Society & FSPS adhere to the ACCME Standards for Commercial Support.

Accreditation: This activity has been planned and implemented in accordance with the accreditation

requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The Aesthetic Society designates this live activity for a maximum of 17.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 17.50 *AMA PRA Category 1 Credits*[™], 2.25 have been identified as applicable to patient safety.

This activity will address the following ACGME/ABMS competencies: ▲

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

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2020 Program Objectives

At the completion of this CME activity, registrants will be able to:

- Review current perspectives of hot topics in hair restoration, breast implant illness, and pain management,
- Comply with and take advantage of the new Florida laws affecting plastic surgery that have been enacted over the course of 2020,
- Review current techniques in reconstructive breast surgery, breast reduction, and mastopexy,
- Review techniques to optimize body contouring procedures,
- Discuss presenter's research projects, the results, and the potential application to plastic surgeons' practices,
- Identify safety techniques to enhance patient outcomes,
- Assess advantages and disadvantages of surgical vs non-surgical facial techniques.

The Breakers

FSPS Plastic Surgery Forum Program December 11-13, 2020

Thursday, December 10, 2020

4:00 – 6:00 pm	Early Registration
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Friday, December 11, 2020

Exhibits located in Ponce de Leon 1, 2 & 3. General Session located in Ponce de Leon 4, 5 & 6.

7:00 – 8:00 am	Breakfast and Visit Exhibits
8:00 – 9:00 am	HOT TOPICS <i>Moderator: Andrew Rosenthal, MD</i> Bernard – Hair Replacement with PRP (via Zoom) Perdikis – Breast Implant Illness (via Zoom) Losken – Pain Management in Outpatient Breast Surgery ▲
9:00 – 10:15 am	FACIAL I <i>Moderator: Max L. Polo, MD</i> Zins – Aesthetic Surgery of the Upper Face (via Zoom) Grotting – The Gliding Browlift - A Better Way to Raise the Lateral Brow? Mast – Incorporating Minimal Access Facelifting into Your Practice
10:15 – 10:45 am	Break and Visit Exhibits
10:45 – 11:15 am	Society Updates <i>Moderator: Alissa Shulman, MD</i> ASPS – Joseph Losee, MD (via Zoom) ABPS – James Grotting, MD
11:15 – 12:00 pm	BUSINESS/PRACTICE MANAGEMENT I <i>Moderator: Bruce A. Mast, MD</i> Medical Malpractice Jenkins – Apology and Disclosure Laws: Done Well Without Admitting Liability
12:00 pm – 1:00 pm	Lunch
12:00 pm	FSPS Annual Golf Tournament
1:00 – 1:30 pm	BUSINESS/PRACTICE MANAGEMENT II <i>Moderator: Manuel Pena, MD</i> Kenkel – A Critical Review of Office Based Devices: Lasers/Light/RF/Ultrasound (via Zoom)

1:30 – 2:45 pm	FACIAL II <i>Moderator: Kendall Peters, MD</i> Zins – Demystifying the Facelift (via Zoom) Grotting – The Oblique Neck: Safe Contouring of Deep Structures in Necklifting ▲ Kenkel – Injectable Fillers: Technical Advances and Safety Considerations ▲ (via Zoom)
2:45 – 3:15 pm	Break and Visit Exhibits
3:15 – 4:15 pm	BODY CONTOURING <i>Moderator: Mauricio Castellon, MD</i> Kenkel – 25 Years of Evolution in Body Contouring: What I have Learned (via Zoom) Garcia – Controversies in Abdominoplasty
4:15 – 5:45 pm	RECONSTRUCTIVE BREAST SURGERY <i>Moderator: Orlando Cicilioni, MD</i> Losken – Update on Oncoplastic Reduction Techniques Bernard – Paradigm Shift: Sub-pectoral Expanders to Pre-pectoral Direct to Implant for Fewer Complications and Improve Results (via Zoom) ▲ Perdikis – Re-Innervating Breast Reconstructions: Fact or Fantasy (via Zoom) Losken – Nipple Malposition Following Nipple Sparing Mastectomy: Prevention and Management ▲
6:00– 7:00 pm	Special Networking Reception The Circle Room

Saturday, December 12, 2020

7:00 – 8:00 am	Breakfast and Visit Exhibits
8:00 – 9:00 am	G. Patrick Maxwell, MD – Keynote – A Half Century of Breast Reconstruction (via Zoom) <i>Introduction: Bruce A. Mast, MD</i>
9:00 – 10:30 am	BREAST REDUCTION AND MASTOPEXY <i>Moderator: Thomas Zaydon, Jr., MD</i> Barnavon – Upper Pole Autologous Augmentation Mammoplasty Perdikis – Augmentation Mastopexy After Weight Loss: An Exercise in Breast Pocket Stabilization (via Zoom) Maxwell – Revision Augmentation Mastopexy (via Zoom) Mast – Breast Reduction Made Easy
10:30 – 11:00 am	Break and Visit Exhibits
11:00 – 12:00 pm	SAFETY <i>Moderator: Amy Simon, MD</i> Perdikis – Surgical Safety: It's Not Your Scalpel ▲ (via Zoom) Grotting – What Are the Risks of Capsulectomy? Data Which Impacts Decision-Making in Explanation Zins – Vascular Complications of Soft Tissue Fillers ▲ (via Zoom)
12:00 – 12:30 pm	FSPS Business Meeting
12:30 – 1:30 pm	Lunch

1:30 – 2:15 pm	ANNUAL FORUM RESIDENT COMPETITION <i>Moderator: Bruce A. Mast, MD</i>
1:30 – 1:40 pm	Opioid Prescribing Practices Among Plastic Surgeons – Results of the 2019 ASPS Opioid Survey Jacob Carlson, MD – University of Florida
1:40 – 1:50 pm	Free Abdominal Tissue Transfer and Utilization of the Umbilical Stalk for “Tubular” Reconstruction in Ear, Nose and Throat Defects: A Case Series Jake Laun, MD – University of South Florida (via Zoom)
1:50 – 2:00 pm	Muscle Only Vertical Rectus Abdominus Flap for Perineal Reconstruction Savannah Moon, DO – Cleveland Clinic Florida
2:00 – 2:10 pm	COVID 19 Pandemic’s Effect on Miami Plastic Surgeons Luccie Wo, MD – University of Miami
2:10 – 2:15 pm	Discussion
2:15 – 2:45 pm	EDWARD S. TRUPPMAN HONORARY LECTURE <i>Introduction: Bruce A. Mast, MD</i> Braun H. Graham, MD – Adapt, Adjust and Revise
2:45 – 3:15 pm	Break and Visit Exhibits
3:15 – 3:45 pm	BUSINESS/PRACTICE MANAGEMENT III Nuland – HIPPA Compliance and Staying out of Trouble
3:45 – 4:30 pm	SPECIAL TOPIC <i>Introduction: Bruce A. Mast, MD</i> Michael Lauzardo, MD - COVID-19 and Florida
4:30 – 5:15 pm	POTPOURRI <i>Moderator: Maxwell L. Polo, MD</i> Bernard - Update on Face Transplantation (via Zoom) Perdikis - Delayed-Immediate Strategies in Autologous Breast Reconstruction (via Zoom)

Sunday, December 13, 2020

8:00 – 8:30 am	Breakfast
8:30 – 9:45 am	Introduction: Bruce A. Mast, MD Leslie Howard, Esq. – Dealing with Insurance: Secrets to Increasing Your Reimbursements (via Zoom)
9:45 – 12:00 pm	Christopher Nuland, Esq. – Prevention of Medical Errors





Social Program & Events

Friday, December 11, 2020

The FSPS Annual Scientific Meeting is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

7:00 – 8:00 am	Breakfast and Visit Exhibits
10:15 – 10:45 am	Break and Visit Exhibits
12:00 – 1:00 pm	Lunch Sponsored by Mentor
12:30 pm	Forum Golf Tournament <i>Ocean Course - Registration Required</i>
2:45 – 3:15 pm	Break and Visit Exhibits
6:00 – 7:00 pm	Special Networking Reception with Galatea Surgical Bridging the Gap in Reconstructive and Aesthetic Breast Surgery with Steven Sigalove, MD <i>Location: The Circle Room</i>

Saturday, December 12, 2020

7:00 – 8:00 am	Breakfast and Visit Exhibits
10:30 – 11:00 am	Break and Visit Exhibits
12:30 – 1:30 pm	Lunch Sponsored by Mentor
2:45 – 3:15 pm	Break and Visit Exhibits
7:00 – 9:00 pm	Forum Reception - Ocean Lawn at The Breakers <i>Registration Required - Casual Attire</i>

Sunday, December 13, 2020

7:30 – 8:30 am	Breakfast
11:30 am	Wrap-up and Adjourn

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1957	George W. Robertson III, MD*	1989	Mutaz B. Habal, MD
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1983	Jeffrey Lang, MD	2014	C. Cayce Rumsey III, MD
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1985	James L. Baker Jr., MD	2016	Thomas Fiala, MD
1986	Charles Radlauer, MD	2017	Christopher G. Constance, MD
1987	Lawrence B. Robbins, MD	2018	Mauricio J. Castellon, MD
1988	John S. Bruno, MD	2019	Bruce A. Mast, MD



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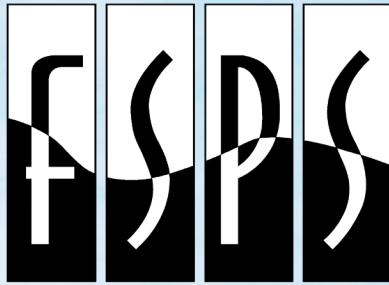
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December 9-12, 2021

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