

## 2021 FLORIDA PLASTIC SURGERY FORUM















DECEMBER 9-12
THE BREAKERS
PALM BEACH, FLORIDA



#### 2021 Officers & Board of Directors

Kendall Peters, MD

**President** Orlando, FL

David E. Halpern, MD President-Elect

Tampa, FL

Max L. Polo, MD Treasurer Miami, FL

Manuel Pena, MD

**Secretary** Naples, FL Alissa M. Shulman, MD Past President & Trustee

Sarasota, FL

Andrew H. Rosenthal, MD

Director

Boynton Beach, FL

Karen E. Wells, MD

**Director** Tampa, FL

Brian M. Derby, MD

**Director** Sarasota, FL Michael A Harrington, MD

**Director** Tampa, FL

Amy Simon, MD

Director

Palm Beach Gardens, FL

#### **Board of Trustees**

Yoav Barnavon, MD

Hollywood, FL

Mauricio J. Castellon, MD

Melbourne, FL

Thomas G.S. Fiala, MD

Altamonte Springs, FL

Onelio Garcia, Jr., MD

Miami, FL

Bruce A. Mast, MD

Gainesville, FL

John O'Brien, MD St. Petersburg, FL

Christopher L. Nuland, Esq.

Legal Council Jacksonville, FL

### Program Committee

Alissa M. Shulman, MD

**Program Director** 

David Halpern, MD

Manuel Pena, MD

Bruce A, Mast, MD

Kendall Peters, MD

Max Polo, MD

Andrew Rosenthal, MD

## 2021 Forum Faculty

William P. Adams, Jr., MD

Dallas, TX

M. Bradley Calobrace, MD

Louisville, KY

Mauricio Castellon, MD

Melbourne, FL

Paul S. Cederna, MD

Ann Arbor, MI

Brian M. Derby, MD

Sarasota, FL

Onelio Garcia, Jr., MD

Miami, FL

James C. Grotting, MD

Birmingham, AL

David E. Halpern, MD

Tampa, FL

Bruce A. Mast, MD

Gainesville, FL

Foad Nahai, MD

Atlanta, GA

Christopher L. Nuland, Esq.

Jacksonville, FL

John O'Brien, MD

St. Petersburg, FL

Salvatore Pacella, MD, MBA

San Diego, CA

Resident Presenters

**TBD** 

Pat Pazmino, MD

Miami, FL

Manuel Pena, MD

Naples, FL

Kendall Peters, MD

Orlando, FL

Max L. Polo, MD

Miami, FL

Jason Pozner, MD

Boca Raton, FL

David P. Rapaport, MD

New York, NY

Andrew H. Rosenthal, MD

Boynton Beach, FL

J. Peter Rubin, MD

Pittsburgh, PA

Marc J. Salzman, MD

Louisville, KY

Alissa M. Shulman, MD

Sarasota, FL

Devinder Singh, MD

Miami, FL

Luis O. Vasconez, MD

Atlanta, GA



## Thursday, December 9, 2021

11:30 am	FSPS Board Meeting	
1:30 – 3:30 pm	Prevention of Medical Errors Christopher Nuland, Esq.	
3:30 – 5:00 pm	Socio Political Session Christopher Nuland, Esq. John O'Brien, MD, Mauricio Castellon, MD	

## Friday, December 10, 2021

6:15 – 7:30 am	Resident Breakfast with Special Guest Lecturers:  Luis Vasconez, MD, SESPRS Visiting Professor – Aesthetic Surgery Under Local Anesthesia Without IV Sedation: Minimal Pain and Less Complications (30 mins)  M. Bradley Calobrace, MD, The Aesthetic Society Traveling Professor – Pearls for Creating a Comprehensive Plastic Surgery Practice (30 mins)
7:00 – 8:00 am	Breakfast and Visit Exhibits
7:30 – 8:15 am	OCULOPLASTIC PANEL  Moderator: Max Polo, MD  Salvatore Pacella, MD – Management of the Ptotic Lid During Blepharoplasty ▲  James Grotting, MD – Experience with the Gliding Browlift  Salvatore Pacella, MD – Treating Lower Eyelid Complications:  From Slightly Aggro to Gnarly ▲
8:15 – 8:45 am	SPECIAL GUEST LECTURE Luis Vasconez, MD – Complications of Face Lifting: How to Prevent Them and How to Treat Them
8:45 – 9:30 am	NEAR SURGICAL RESULTS WITH NON-SURGICAL TECHNIQUES PANEL Moderator: David Halpern, MD Foad Nahai, MD – Liquid Facelift Manuel Pena, MD – Instant Neck Lift – Long Term Results Jason Pozner, MD – Latest Non-Surgical Minimally Invasive Techniques
9:30 – 9:45 am	Break and Visit Exhibits
9:45 – 10:30 am	EDWARD TRUPPMAN HONORARY LECTURE Onelio Garcia, Jr., MD – Brachioplasty: Should we Continue to Contour Arms Employing the Traditional Approach to this Operation?

10:30 – 11:00 am	ANNUAL FORUM RESIDENT COMPETITION Moderator: Kendall Peters, MD
11:30 – 12:00 pm	Lite Bites and Visit Exhibits
12:00 – 12:30 pm	HOT TOPICS  Moderator: Andrew Rosenthal, MD  Foad Nahai, MD – Deep Plane Neck Lifts: Are They Safe?  Paul Cederna, MD – Building the Next Bionic Man: How Surgeons Can Change the Future Jason Pozner, MD – Microcoring and Hot New Devices
12:30 – 1:00 pm	SPECIAL GUEST LECTURE William P. Adams, Jr., MD – Minimizing Device Associated Infection Capsular Contracture and Beyond
1:00 – 1:15 pm	The Aesthetic Society Update William P. Adams, Jr., MD
1:00 pm	FSPS Annual Golf Tournament
1:00 pm	Tennis Event with Dr. Rosenthal (courts on hold)
Free Afternoon	
5:00 pm	Evening Event

# Saturday, December 11, 2021

7:30 – 8:15 am	AESTHETIC BREAST PANEL  Moderator: Alissa Shulman, MD  James Grotting, MD − Secondary Correction of the Overaugmented Breast  M. Bradley Calobrace, MD − The Management of the Ptotic Breast Without Implants ▲  Marc Salzman, MD − Silent Rupture of Silicone Gel Implants − Ultrasound Scans and  Surveys of 584 Women	
8:15 – 8:30 am	Discussion	
8:30 – 9:15 am	KEYNOTE PRESENTATION Luis O. Vasconez, MD – Sports and Plastic Surgery: Comparing Significant Events	
9:15 – 9:45 am	Breakfast and Visit Exhibits	
9:45 – 10:30 am	BODY CONTOURING PANEL Moderator: Onelio Garcia, Jr., MD Onelio Garcia, Jr., MD – Minimizing Blood Loss in Liposuction Pat Pazmino, MD – Elevating Body Contouring Results with Affordable New Technology	
10:30 – 11:00 am	SPECIAL GUEST LECTURE  J. Peter Rubin, MD – Body Contouring After Weight Loss: Strategies for Successful Outcomes ▲	
11:00 – 11:10 am	Discussion	
11:10 – 11:30 am	The American Society of Plastic Surgeons Update J. Peter Rubin, MD	
11:30 – 12:00 pm	OFFICE BASED SURGERY PANEL Moderator: Andrew Rosenthal, MD Panelists: Onelio Garcia,MD, Manuel Pena, MD, Brian Derby, MD	

12:00 – 12:10 pm	Discussion
12:10 – 12:30 pm	Breast Implant Options in Breast Augmentation David Rapaport, MD
12:30 – 1:00 pm	FSPS BUSINESS MEETING
1:00 – 1:45pm	Lite Bites and Visit Exhibits
1:45 – 2:05 pm	Issues of Explanation and Reconstruction ▲  M. Bradley Calobrace, MD
2:05 – 2:10 pm	Discussion
2:10 – 2:30 pm	Strategies For Combining Implants, Fat Grafting, and Lower Pole Resection In Aesthetic Breast Surgery James C. Grotting, MD
2:30 – 2:45 pm	Discussion
Free Afternoon	
7:00 – 9:30pm	Dinner Reception

# Sunday, December 12, 2021

8:00 – 8:30 am	Breakfast
8:30 – 9:00 am	The Nuances of Academic vs Private Practice Bruce Mast, MD, Devinder Singh, MD, Foad Nahai, MD
9:00 – 9:15 am	Discussion
9:15 – 10:00 am	SPECIAL LECTURE Foad Nahai, MD – How did I Get Here? Was it the "Ships"?
10:00 – 10:30 am	SPECIAL GUEST LECTURE Paul Cederna, MD – Minimally Invasive Plastic Surgery: The Next Generation?
10:30 – 11:15 am	PRACTICE MANAGEMENT PANEL  Moderator: Manuel Pena, MD  Panelists: Brian Derby, MD, Alissa Shulman, MD, Andrew Rosenthal, MD,  James C. Grotting, MD
11:15 – 11:30 am	Discussion
11:30 am	Meeting Adjourns



# Social Program & Events

## Friday, December 10, 2021

The FSPS Annual Scientific Meeting is a "Family" event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

7:00 – 8:00 am	Breakfast and Visit Exhibits
9:30 – 9:45 am	Break and Visit Exhibits
11:30 – 12:00 pm	Lite Bites and Visit Exhibits
1:00 pm	FSPS Annual Golf Tournament
1:00 pm	Tennis Event with Dr. Rosenthal (courts on hold)
5:00 pm	Evening Event Sponsored by Sientra

## Saturday, December 11, 2021

9:15 – 9:45 am	Breakfast and Visit Exhibits
1:00 – 1:45 pm	Lite Bites and Visit Exhibits
7:00 – 9:30 pm	Dinner Reception

## Sunday, December 12, 2021

8:00 – 8:30 am	Breakfast
11:30 am	Meeting Adjourn



## Florida Society of Plastic Surgeons Past Presidents

1957	George W. Robertson III, MD*	1990	Calvin R. Peters, MD
1958	George W. Robertson III, MD*	1991	Barry M. Schwartz, MD
1959	Grover W. Austin, MD*	1992	Carl W. Lentz III, MD
1960	Clifford C. Snyder, MD*	1993	Harold Michael Bass, MD
1961	Joseph E. OʻMalley, MD*	1994	Harry V. Eisenberg, MD
1962	Bernard L. N. Morgan, MD*	1995	Charles H. Hill, MD
1963	Thomas J. Zaydon Sr., MD*	1996	Nathan Mayl, MD
1965	D. Ralph Millard Jr., MD*	1997	Gary J. Rose, MD
1966	William M. Douglas, MD	1998	Edward S. Truppman, MD*
1967	James Robertson, MD*	1999	M. Reza Samiian, MD
1968	John M. Hamilton, MD	2000	Dean L. Johnston, MD
1969	Thomas J. Baker, MD	2001	Dean L. Johnston, MD
1970	Diran M. Seropian, MD	2002	Enrique J. Fernandez, MD
1971	Gilbert B. Snyder, MD	2003	L. William Luria, MD
1972	William Taylor, MD*	2004	Yoav Barnavon, MD
1973	Alvaro Alfonso, MD*	2005	Onelio Garcia Jr., MD
1974	Dorthea Weybright, MD*	2006	Ralph M. Rosato, MD
1975	Harold G. Norman Jr., MD*	2007	John J. Obi, MD
1976	Bernard L. Kaye, MD*	2008	Victoria A. Vitale-Lewis, MD
1977	William F. Hogan, MD	2009	James A. Matas, MD
1978	Alan S. Rapperport, MD	2010	John J. O'Brien, MD
1979	John R. Royer, MD	2011	Randy B. Miller, MD
1980	Jay D. Ellenby, MD	2012	Galen Perdikis, MD
1981	Jack D. Norman, MD	2013	Braun H. Graham, MD
1982	C. Gary Zahler, MD	2014	C. Cayce Rumsey III, MD
1983	Jeffrey Lang, MD	2015	Thomas J. Zaydon, Jr., MD
1984	H. Hollis Caffee, MD	2016	Thomas Fiala, MD
1985	James L. Baker Jr., MD	2017	Christopher G. Constance, MD
1986	Charles Radlauer, MD	2018	Mauricio J. Castellon, MD
1987	Lawrence B. Robbins, MD	2019	Bruce A. Mast, MD
1988	John S. Bruno, MD	2020	Alissa M. Shulman, MD
1989	Mutaz B. Habal, MD		



## FSPS Valued Industry Partners

A Valued Industry Partner enters into an agreement with the Florida Society of Plastic Surgeons to provide its members with a discount on the products and/or services they offer Plastic Surgeons.

VIP's are acknowledged on our website, by e-mail blasts produced by FSPS and at our meetings. FSPS graciously acknowledges support of our VIP program by the following companies.

#### **VIP Members**

Abbott Nutrition MediaSophia

Allergan an AbbiVie company Merchant Advocate

American Association for Physician Leadership Modernizing Medicine

Applied Medio-Legal Solutions MTF Biologics

ARX Payment Services Nautilus PPE

ASSI – Accurate Surgical Navitas Healthcare Services

Biodermis New Life Regenerative Medicine

Black and Black Surgical NextTrip

Black Talon Security Pipeline Medical

Capital Preservation Services Quantus Solutions

Christopher Nuland, ESQ. Real Patient Ratings

DOC-DI.com Recovery Care Products

Eagle Pharmaceuticals, Inc. Red Spot Interactive

Edgewood Healthcare Advisors RSL Healthcare Consulting, LLC

Emstar Silagen

Galatea Surgical Symplast

Illusio The Laser Professionals

International Bancard TouchMD

Lending USA Universal Healthcare Consulting