

FLORIDA SOCIETY OF  
PLASTIC SURGEONS

# 2021 FLORIDA PLASTIC SURGERY FORUM



DECEMBER 9-12  
THE BREAKERS  
PALM BEACH, FLORIDA

Jointly provided by  
The American Society for  
Aesthetic Plastic Surgery, Inc.



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# 2021 Forum Faculty

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**William P. Adams, Jr., MD**  
Dallas, TX

**M. Bradley Calobrace, MD**  
Louisville, KY

**Mauricio J. Castellon, MD**  
Melbourne, FL

**Paul S. Cederna, MD**  
Ann Arbor, MI

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Sarasota, FL

**Onelio Garcia, Jr., MD**  
Miami, FL

**James C. Grotting, MD**  
Birmingham, AL

**David E. Halpern, MD**  
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**Bruce A. Mast, MD**  
Gainesville, FL

**Foad Nahai, MD**  
Atlanta, GA

**Christopher L. Nuland, Esq.**  
Jacksonville, FL

**John O'Brien, MD**  
St. Petersburg, FL

**Salvatore Pacella, MD, MBA**  
San Diego, CA

**Pat Pazmino, MD**  
Miami, FL

**Manuel Pena, MD**  
Naples, FL

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**J. Peter Rubin, MD**  
Pittsburgh, PA

**Marc J. Salzman, MD**  
Louisville, KY

**Alissa M. Shulman, MD**  
Sarasota, FL

**Devinder Singh, MD**  
Miami, FL

**Luis O. Vasconez, MD**  
Atlanta, GA

## Resident Presenters

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**Kristina Gemayel, DO**  
University of South Florida

**David Kerekes, MD**  
University of Florida

**Brianne Sullivan, MD**  
University of Florida

**Luccie Wo, MD**  
University of Miami

# 2021 FSPS Disclosures

\* *Planner/Reviewer*

William Adams, MD	Nothing to Disclose
M. Bradley Calobrace, MD	Medical Advisory Board/Speaker with Sientra; Advisory Board with Allergan – receives stipend per event; Speaker with Galatea and SIA (DuraSorb)
Mauricio J. Castellon, MD	Nothing to Disclose
Paul Cerderna, MD	Nothing to Disclose
Brian M. Derby, MD	Nothing to Disclose
Onelio Garcia, Jr., MD	Consultant/Researcher with Bard BD and Galatea Surgical – receives consulting fee; Speakers Panel/Consultant with MTF Biologics – receives speaker honoraria and consulting fee
Kristina Gemayel, MD	Nothing to Disclose
James Grotting, MD	Founder/Shareholder with Aesthetic Surgeons Financial Group – receives distributions and dividends; Shareholder with Ideal Implant and Premier Aesthetic Solutions
David E. Halpern, MD*	Clinical Consultant/Speaker with BTL Industries – receives consulting/speaker fees; Research/Clinical Consultant with Exoflo; Shareholder of Direct Biologics Inc., Austin, TX
David Kerekes, MD	Nothing to Disclose
Bruce A. Mast, MD*	Stockholder with Axogen, Inc. – receives equity; Book editor with Thieme Medical Publisher – receives royalties
Foad Nahai, MD	Nothing to Disclose
Christopher Nuland, Esq.	Nothing to Disclose
John O'Brien, MD	Nothing to Disclose
Salvatore Pacella, MD	Investigator/Consultant with TELA Bio – receives grant/ consulting fee; Advisory Board Member with Mentor Worldwide – received consulting fee
Pat Pazmino, MD	Consultant with Clarius Ultrasound – receives consulting fees
Manuel Pena, MD*	Nothing to Disclose
Kendall Peters, MD*	Nothing to Disclose
Max Polo, MD*	Nothing to Disclose
Jason Pozner, MD	Advisory Board member, speaker and stock holder with Sciton- holds patent receives speaker fees, honoraria and discounts; Stock holder with Sofwave – receives speaker fees, honoraria, and discounts; Stockholder with Brijjit, Realself, Avava, Yes Doctor, Engage Media, and implicitcare; Speaker with Lutronic, Alma, MyEllevate and Cynosure – receives speaker fees, honoraria, and discounts.
David P. Rapaport, MD	Stockholder/Consultant with Ideal Implant – receives consulting fee/stock
Andrew H. Rosenthal, MD*	Medical Director with Modernizing Medicine – receives salary and stock options; Subject matter expert with GLG – receives consulting fee
J. Peter Rubin, MD	Advisor with Regen Med LLC – receives stock options
Susan Russell*	Nothing to Disclose
Marc Salzman, MD	Speaker with Ideal Implant – receives stock; Advisor with Clarius – receives equipment; Speaker with BTL – receives equipment
Alissa Shulman, MD*	Nothing to Disclose
Devinder Singh, MD	Nothing to Disclose
Brianne Sullivan, MD	Nothing to Disclose
Luis Vasconez, MD	Nothing to Disclose
Luccie Wo, MD	Nothing to Disclose

# Disclosure Policies & Accreditation

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As a program jointly provided by The Aesthetic Society and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by The Aesthetic Society & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. The Aesthetic & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. The Aesthetic & FSPS adhere to the ACCME Standards for Commercial Support.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The Aesthetic Society designates this live activity for a maximum of *16.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the *16.25 AMA PRA Category 1 Credits*, 2.25 have been identified as applicable to patient safety. ▲

**This activity will address the following ACGME/ABMS competencies:**

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

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## 2021 Program Objectives

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**At the completion of this CME activity, registrants will be able to:**

- Comply with and take advantage of the new Florida laws affecting plastic surgeons that have been enacted over the course of 2021,
- Review current techniques in facial surgical and non-surgical procedures,
- Identify safety measures to enhance patient outcomes,
- Discuss management and complications related to oculoplastic surgery,
- Review new technology and techniques related to surgical and non-surgical procedure.

The Breakers

# FSPS Plastic Surgery Forum Program

December 9 - 12, 2021

Thursday, December 9, 2021

11:30 am	<b>FSPS Board Meeting</b>
1:30 – 3:30 pm	<b>Prevention of Medical Errors</b> <i>Christopher Nuland, Esq.</i>
3:30 – 5:00 pm	<b>Socio Political Session</b> <i>Christopher Nuland, Esq. John O'Brien, MD, Mauricio Castellon, MD</i>

Friday, December 10, 2021

6:15 – 7:30 am	<b>Resident Breakfast with Special Guest Lecturers:</b> <b>Luis Vasconez, MD, SESPRS Visiting Professor</b> – Aesthetic Surgery Under Local Anesthesia Without IV Sedation: Minimal Pain and Less Complications (30 mins) <b>M. Bradley Calobrace, MD, The Aesthetic Society Traveling Professor</b> – Pearls for Creating a Comprehensive Plastic Surgery Practice (30 mins)
7:00 – 8:00 am	<b>Breakfast and Visit Exhibits</b>
7:20 – 7:30 am	<b>Opening Remarks</b> - Kendall Peters, MD, FSPS President
7:30 – 8:15 am	<b>OCULOPLASTIC PANEL</b> <i>Moderator: Max Polo, MD</i> <b>Salvatore Pacella, MD</b> – Management of the Ptotic Lid During Blepharoplasty ▲ <b>James Grotting, MD</b> – Experience with the Gliding Browlift <b>Salvatore Pacella, MD</b> – Treating Lower Eyelid Complications: From Slightly Aggro to Gnarly ▲
8:15 – 8:45 am	<b>SPECIAL GUEST LECTURE</b> <b>Luis Vasconez, MD</b> – Complications of Face Lifting: How to Prevent Them and How to Treat Them ▲
8:45 – 9:30 am	<b>NEAR SURGICAL RESULTS WITH NON-SURGICAL TECHNIQUES PANEL</b> <i>Moderator: David Halpern, MD</i> <b>Foad Nahai, MD</b> – Liquid Facelift <b>Manuel Pena, MD</b> – Instant Neck Lift – Long Term Results <b>Jason Pozner, MD</b> – Latest Non-Surgical Minimally Invasive Techniques
9:30 – 9:45 am	<b>Break and Visit Exhibits</b>
9:45 – 10:30 am	<b>EDWARD TRUPPMAN HONORARY LECTURE</b> <b>Onelio Garcia, Jr., MD</b> – Brachioplasty: Should we Continue to Contour Arms Employing the Traditional Approach to this Operation?

10:30 – 11:00 am	<b>SPECIAL GUEST LECTURE</b> <b>William P. Adams, Jr., MD</b> – Minimizing Device Associated Infection Capsular Contracture and Beyond
11:00 – 11:15 am	<b>The Aesthetic Society Update</b> <i>William P. Adams, Jr., MD</i>
11:15 – 11:45 am	<b>HOT TOPICS</b> <i>Moderator: Andrew Rosenthal, MD</i> <b>Foad Nahai, MD</b> – Deep Plane Neck Lifts: Are They Safe? ▲ <b>Paul Cederna, MD</b> – Building the Next Bionic Man: How Surgeons Can Change the Future <b>Jason Pozner, MD</b> – Microcoring and Hot New Devices
11:45 – 12:15 pm	<b>Lite Bites and Visit Exhibits</b>
12:15 – 1:00 pm	<b>ANNUAL FORUM RESIDENT COMPETITION</b> <i>Moderator: Kendall Peters, MD</i> <b>The Latissimus Bikini Inset: A Reliable Method for Postradiation Breast Reconstruction With Latissimus Dorsi Myocutaneous Tissue Transfer</b> <i>Kristina Gemayel, DO – University of South Florida</i> <b>Extended Superomedial Pedicle Breast Reduction: Technique and Outcomes</b> <i>David Kerekes, MD – University of Florida</i> <b>Submuscular Transposition for Recurrent Ulnar Nerve Compression: A Prospective Case Series</b> <i>Brianne Sullivan, MD – University of Florida</i> <b>Massive Abdominal Wall Reconstruction With Bilateral Pedicled Thigh Based Flaps</b> <i>Luccie Wo, MD – University of Miami</i>
1:00 pm	<b>FSPS Annual Golf Tournament</b>
1:30 pm	<b>Tennis Event with Dr. Rosenthal</b>
<i>Free Afternoon</i>	
5:00 pm	<b>Evening Event</b>

## Saturday, December 11, 2021

7:30 – 8:15 am	<b>AESTHETIC BREAST PANEL</b> <i>Moderator: Alissa Shulman, MD</i> <b>James Grotting, MD</b> – Secondary Correction of the Overaugmented Breast <b>M. Bradley Calobrace, MD</b> – The Management of the Ptotic Breast Without Implants ▲ <b>Marc Salzman, MD</b> – Silent Rupture of Silicone Gel Implants – Ultrasound Scans and Surveys of 584 Women
8:15 – 8:30 am	<b>Discussion</b>
8:30 – 9:15 am	<b>KEYNOTE PRESENTATION</b> <b>Luis O. Vasconez, MD</b> – Sports and Plastic Surgery: Comparing Significant Events
9:15 – 9:45 am	<b>Breakfast and Visit Exhibits</b>
9:45 – 10:30 am	<b>BODY CONTOURING PANEL</b> <i>Moderator: Onelio Garcia, Jr., MD</i> <b>Onelio Garcia, Jr., MD</b> – Minimizing Blood Loss in Liposuction <b>Pat Pazmino, MD</b> – Elevating Body Contouring Results with Affordable New Technology

10:30 – 11:00 am	<b>SPECIAL GUEST LECTURE</b> <b>J. Peter Rubin, MD</b> – Body Contouring After Weight Loss: Strategies for Successful Outcomes ▲
11:00 – 11:10 am	<b>Discussion</b>
11:10 – 11:30 am	<b>The American Society of Plastic Surgeons Update</b> <i>J. Peter Rubin, MD</i>
11:30 – 12:00 pm	<b>OFFICE BASED SURGERY PANEL</b> <i>Moderator: Andrew Rosenthal, MD</i> <b>Onelio Garcia, MD</b> - Integrating Aesthetic Surgery Education for Plastic Surgery Residents Into an Office Based Practice <b>Manuel Pena, MD</b> - Is an Office Based OR Worth It? <b>Brian Derby, MD</b> - “You’re Not Charging Me, Are You Doc?!” - Navigating the Revision Surgery Waters at your ASC
12:00 – 12:10 pm	<b>Discussion</b>
12:10 – 12:30 pm	<b>Breast Implant Options in Breast Augmentation</b> <i>David Rapaport, MD</i>
12:30 – 1:00 pm	<b>FSPS BUSINESS MEETING</b>
1:00 – 1:45pm	<b>Lite Bites and Visit Exhibits</b>
1:45 – 2:05 pm	<b>Issues of Explanation and Reconstruction ▲</b> <i>M. Bradley Calobrace, MD</i>
2:05 – 2:10 pm	<b>Discussion</b>
2:10 – 2:30 pm	<b>Strategies For Combining Implants, Fat Grafting, and Lower Pole Resection In Aesthetic Breast Surgery</b> <i>James C. Grotting, MD</i>
2:30 – 2:45 pm	<b>Discussion</b>
<i>Free Afternoon</i>	
7:00 – 9:30pm	<b>Dinner Reception (Registration Required)</b>

## Sunday, December 12, 2021

8:00 – 8:30 am	<b>Breakfast</b>
8:30 – 9:00 am	<b>The Nuances of Academic vs Private Practice</b> <i>Bruce Mast, MD, Devinder Singh, MD, Foad Nahai, MD</i>
9:00 – 9:15 am	<b>Discussion</b>
9:15 – 10:00 am	<b>SPECIAL LECTURE</b> <b>Foad Nahai, MD</b> – How did I Get Here? Was it the “Ships”?
10:00 – 10:30 am	<b>SPECIAL GUEST LECTURE</b> <b>Paul Cederna, MD</b> – Minimally Invasive Plastic Surgery: The Next Generation?
10:30 – 11:15 am	<b>PRACTICE MANAGEMENT PANEL</b> <i>Moderator: Manuel Pena, MD</i> <b>Panelists: Brian Derby, MD, Alissa Shulman, MD, Andrew Rosenthal, MD, James C. Grotting, MD</b>
11:15 – 11:30 am	<b>Discussion</b>
11:30 am	<b>Meeting Adjourns</b>



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# Social Program & Events

## Friday, December 10, 2021

The FSPS Annual Scientific Meeting is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

7:00 – 8:00 am	<b>Breakfast and Visit Exhibits</b>
9:30 – 9:45 am	<b>Break and Visit Exhibits</b>
11:45 – 12:15 pm	<b>Lite Bites and Visit Exhibits</b>
1:00 pm	<b>FSPS Annual Golf Tournament</b>
1:00 pm	<b>Tennis Event with Dr. Rosenthal</b>
5:00 pm	<b>Evening Event Sponsored by Sientra</b>

## Saturday, December 11, 2021

9:15 – 9:45 am	<b>Breakfast and Visit Exhibits</b>
1:00 – 1:45 pm	<b>Lite Bites and Visit Exhibits</b>
7:00 – 9:30 pm	<b>Dinner Reception</b> ( <i>Registration Required</i> )

## Sunday, December 12, 2021

8:00 – 8:30 am	<b>Breakfast</b>
11:30 am	<b>Meeting Adjourn</b>



# Florida Society of Plastic Surgeons Past Presidents

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1957	George W. Robertson III, MD*	1990	Calvin R. Peters, MD
1958	George W. Robertson III, MD*	1991	Barry M. Schwartz, MD
1959	Grover W. Austin, MD*	1992	Carl W. Lentz III, MD
1960	Clifford C. Snyder, MD*	1993	Harold Michael Bass, MD
1961	Joseph E. O'Malley, MD*	1994	Harry V. Eisenberg, MD
1962	Bernard L. N. Morgan, MD*	1995	Charles H. Hill, MD
1963	Thomas J. Zaydon Sr., MD*	1996	Nathan Mayl, MD
1965	D. Ralph Millard Jr., MD*	1997	Gary J. Rose, MD
1966	William M. Douglas, MD	1998	Edward S. Truppman, MD*
1967	James Robertson, MD*	1999	M. Reza Samiiian, MD
1968	John M. Hamilton, MD	2000	Dean L. Johnston, MD
1969	Thomas J. Baker, MD	2001	Dean L. Johnston, MD
1970	Diran M. Seropian, MD	2002	Enrique J. Fernandez, MD
1971	Gilbert B. Snyder, MD	2003	L. William Luria, MD
1972	William Taylor, MD*	2004	Yoav Barnavon, MD
1973	Alvaro Alfonso, MD*	2005	Onelio Garcia Jr., MD
1974	Dorthea Weybright, MD*	2006	Ralph M. Rosato, MD
1975	Harold G. Norman Jr., MD*	2007	John J. Obi, MD
1976	Bernard L. Kaye, MD*	2008	Victoria A. Vitale-Lewis, MD
1977	William F. Hogan, MD	2009	James A. Matas, MD
1978	Alan S. Rapperport, MD	2010	John J. O'Brien, MD
1979	John R. Royer, MD	2011	Randy B. Miller, MD
1980	Jay D. Ellenby, MD	2012	Galen Perdikis, MD
1981	Jack D. Norman, MD	2013	Braun H. Graham, MD
1982	C. Gary Zahler, MD	2014	C. Cayce Rumsey III, MD
1983	Jeffrey Lang, MD	2015	Thomas J. Zaydon, Jr., MD
1984	H. Hollis Caffee, MD	2016	Thomas Fiala, MD
1985	James L. Baker Jr., MD	2017	Christopher G. Constance, MD
1986	Charles Radlauer, MD	2018	Mauricio J. Castellon, MD
1987	Lawrence B. Robbins, MD	2019	Bruce A. Mast, MD
1988	John S. Bruno, MD	2020	Alissa M. Shulman, MD
1989	Mutaz B. Habal, MD		



## FSPS Valued Industry Partners

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A Valued Industry Partner enters into an agreement with the Florida Society of Plastic Surgeons to provide its members with a discount on the products and/or services they offer Plastic Surgeons.

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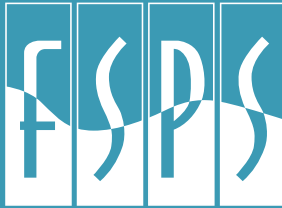
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