



FLORIDA SOCIETY OF  
PLASTIC SURGEONS

**2025  
FSPS  
AT THE  
BREAKERS**



Jointly provided by  
The American Society for  
Aesthetic Plastic Surgery, Inc.



The Aesthetic Society

**DECEMBER 11-14, 2025  
THE BREAKERS PALM BEACH, FL**

## PRESIDENT'S WELCOME

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**Andrew H. Rosenthal, MD, FACS**  
FSPS President

It is my honor to welcome you to the Breakers in Palm Beach for the 69th Annual Meeting of the Florida Society of Plastic Surgeons. Each year, this meeting represents the heart of our society—a chance to learn, reconnect, and celebrate the very best of plastic surgery in Florida.

This year has been one of growth and progress. We expanded our meeting footprint, and thanks to your support, we still sold out! Under the leadership of Dr. Pat Pazmiño and our Membership Committee, FSPS also welcomed 11 new members, including surgeons in our new Participating Member category for out-of-state colleagues and those with practices in Florida focused on minor procedures and injectables.

We are proud to have relaunched FSPS.org with Candace Crowe Design and the help of our membership writing content, creating a more engaging and patient-friendly website with an emphasis on Before & After photos to highlight the work of board-certified plastic surgeons across Florida and significantly improved our Surgeon Finder tool. This initiative ensures that FSPS.org becomes the go-to site for patients seeking the highest standards of care. The site also highlights our SAfE program founded in 2024 where we can help our colleagues and their patients during state disasters. This initiative is being replicated in California and New England.

Our advocacy efforts continue to thrive. PlastiPAC has had tremendous success supporting candidates who share our mission of advancing patient safety and protecting the well-being of plastic surgeons and their practices. In addition, we have refreshed our society's look with a new logo and have rebranded our signature event as **FSPS @ The Breakers**, honoring our long-standing partnership with this iconic venue.

Our Immediate Past President Manny Pena, has put together an astounding program which covers a broad array of topics in plastic surgery. And he has assembled a faculty which is not only drawn from the best-of-the-best here in Florida, but nationwide.

I am proud of what we have accomplished together and confident that our society is poised for even greater success under Dr. Amy Simon's leadership next year and the continued steady guidance of our Executive Director Susan Russell and her team as well, of course, our trusted counsel Chis Nuland.

It has been an honor and privilege to serve as your President this past year. I look forward to a program filled with education, inspiration, and camaraderie. Thank you for being part of this special gathering—and welcome to **FSPS @ The Breakers**.

**Andrew H. Rosenthal, MD, FACS**  
*President, Florida Society of Plastic Surgeons*

## 2025 OFFICERS & BOARD OF DIRECTORS

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**Andrew H. Rosenthal, MD**  
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**Manuel Pena, MD**  
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Naples, FL

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**Director**  
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**Anup Patel, MD, MBA**  
**Director**  
Orlando, FL

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**Director**  
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**Pat Pazmiño, MD**  
**Secretary**  
Miami, FL

**Morad Askari, MD**  
**Director**  
Coral Gables, FL

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Hollywood, FL

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Melbourne, FL

**Max L. Polo, MD**  
Miami, FL

**Onelio Garcia, Jr., MD**  
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Ponte Vedra, FL

**David E. Halpern, MD**  
Tampa, FL

**Christopher L. Nuland, Esq.**  
*Legal Counsel & Lobbyist*  
Jacksonville, FL

## PROGRAM COMMITTEE

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**Manual Pena, MD - Program Director**

**Amy M. Simon, MD**

**Andrew H. Rosenthal, MD**

**Pat Pazmiño, MD**

**Max L. Polo, MD**

**Onelio Garcia, Jr., MD**

## 2025 FORUM FACULTY AND MODERATORS

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**Shino Bay Aguilera, MD**  
Ft. Lauderdale, FL

**Morad Askari, MD**  
Coral Gables, FL

**Sherrell J. Aston, MD**  
New York, NY

**Leopoldo M. Baccaro, MD**  
Naples, FL

**Yoav Barnavon, MD**  
Hollywood, FL

**C. Bob Basu, MD, MBA, MPH**  
Cypress, TX

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Portland, OR

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**Onelio Garcia, Jr., MD**  
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**Michael A. Harrington, MD**  
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**Dennis J. Hurwitz, MD**  
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**Christopher L. Nuland, Esq.**  
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**Manny Pena, MD**  
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**Stephenie Poris, MD**  
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**Andrew H. Rosenthal, MD**  
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**Marc J. Salzman, MD**  
Osprey, FL

**Drew Schnitt, MD**  
Ft. Lauderdale, FL

**Amy M. Simon, MD**  
St. Petersburg, FL

**Devinder Singh, MD**  
Miami, FL

**James M. Stuzin, MD**  
Miami, FL

**Tom Terranova, JD, MBA, MA**  
Highland Park, IL

**Holly C. Wall, MD**  
Shreveport, LA

**Simeon Wall, Jr, MD.**  
Shreveport, LA

## RESIDENT PRESENTERS

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TBD

## DISCLOSURE POLICIES & ACCREDITATION

As a program jointly provided by The Aesthetic Society and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters, and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by The Aesthetic Society & FSPS. Conflicts of interest are identified and mitigated in advance of the activity.

All planners, presenters, and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. The Aesthetic Society & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. The Aesthetic Society & FSPS adhere to the ACCME Standards for integrity and independence.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The Aesthetic Society designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the **15.0 AMA PRA Category 1 Credits, 4.75** have been identified as applicable to patient safety. ▲

**This activity will address the following ACGME/ABMS competencies:**

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

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## 2025 PROGRAM OBJECTIVES

At the completion of this CME activity, registrants will be able to:

- Comply with and take advantage of the new Florida laws affecting plastic surgeons and the specialty that have been enacted over the course of 2025,
- Review current trends in revisional breast surgery to improve outcomes,
- Discuss presenters' research projects, the results, and the potential application to plastic surgeons' practices,
- Identify and evaluate the latest techniques mastopexy augmentation,
- Review new techniques and technology for surgical contouring of the weight loss patient for long term results,
- Discuss surgical and non- surgical eyes, face and neck rejuvenation to improve technique,
- Review current trends to enhance the business of plastic surgery.



# FSPS AT THE BREAKERS PROGRAM

## DECEMBER 11-14, 2025

*The Forum General Sessions and Exhibits will be held in the Ponce de Leon Ballrooms*

### THURSDAY, DECEMBER 11, 2025

|                 |  |
|-----------------|--|
| 11:00– 12:15 pm | <b>FSPS Board Meeting</b>  |
| 12:30 – 2:00 pm | <b>Socio-Political Session</b><br><i>Moderator: Christopher L. Nuland, Esq.</i><br><i>Panel: Andrew H. Rosenthal, MD, Mauricio J. Castellon, MD, Christopher L. Nuland, Esq.</i> |
| 2:00 – 4:00 pm  | <b>Prevention of Medical Errors</b><br><i>Christopher L. Nuland, Esq</i>   |
| 4:00 – 5:00 pm  | <b>Ultrasound Technique Session</b><br><i>Instructor: Marc J. Salzman, MD</i>  |

### FRIDAY, DECEMBER 12, 2025

|                |  |
|----------------|--|
| 7:00 – 7:45 am | <b>Breakfast and Visit Exhibits</b>  |
| 7:30 – 8:30 am | <b>BREAST REVISION PANEL ▲</b><br><i>Moderator: Amy M. Simon, MD</i><br>7:30 - 7:45 <b>M. Bradley Calobrace, MD</b> – Treatment of Capsular Contracture – Evolving Concepts in Treatment<br>7:45 - 8:00 <b>Holly C. Wall, MD</b> – Managing the Multiply Operated Breast<br>8:00 - 8:15 <b>Onelio Garcia, Jr., MD</b> – 12 Years Experience with P4HB Mesh in Aesthetic and Reconstructive Breast Surgery<br>8:15 - 8:30 <b>Discussion</b> |
| 8:30 – 9:00 am | <b>SPECIAL GUEST LECTURE</b><br><b>M. Bradley Calobrace, MD</b> – Optimizing Augmentation Mastopexies with Smooth and Nano-surfaced Implants   |



|                       |   |
|-----------------------|---|
| 9:00 – 10:00 am       | <b>MASTOPEXY AUGMENTATION PANEL</b><br><i>Moderator: Max L. Polo, MD</i><br>9:00 - 9:15 <b>Holly C. Wall, MD</b> – Subpectoral Mastopexy Augmentation<br>9:15 - 9:30 <b>Simeon Wall, Jr., MD</b> – Elevating the Footprint of the Breast<br>9:30 - 9:45 <b>M. Bradley Calobrace, MD</b> – Control in Mastopexies: Never Trust the Skin!<br>9:45 - 10:00 <b>Discussion</b>   |
| 10:00 – 10:15 am      | <b>Coffee Break</b>   |
| 10:15 – 11:15 am      | <b>SURGICAL CONTOURING IN WEIGHT LOSS PATIENTS: NO PART LEFT BEHIND</b><br><i>Moderator: Morad Askari, MD</i><br>10:15 -10:30 <b>Morad Askari, MD</b> – The Face Following Massive Weight Loss<br>10:30 - 10:45 <b>Simeon Wall, Jr., MD</b> – Incorporating SAFELipo and HD Concepts into Your Contouring Procedures Without Causing Problems<br>10:45 - 11:00 <b>Dennis J. Hurwitz, MD</b> – Combining L Brachioplasty with J Torsoplasty<br>11:00 - 11:15 <b>Discussion</b> |
| 11:15 – 12:00 pm      | <b>KEYNOTE PRESENTATION</b><br><b>Sherrell J. Aston, MD</b> – My Facelifting History  |
| 12:00 – 12:30 pm      | <b>SPECIAL LECTURE</b><br><b>Pat Pazmiño, MD</b> – Elevating Body Contouring Results with Rib Remodeling & Subfascial Surgery   |
| 12:30 – 1:30 pm       | <b>Lunch/Visit Exhibits</b> <i>Lunch in Exhibit Hall</i>  |
| 1:00 pm               | <b>FSPS Annual Golf Tournament - The Ocean Course</b>   |
| <i>Free Afternoon</i> |   |
| 5:00 pm               | <b>Evening Event</b>  |

## SATURDAY, DECEMBER 13, 2025

|                  |   |
|------------------|---|
| 7:00 am          | <b>Rise and Shine Coffee Bar</b>  |
| 7:45 – 8:30 am   | <b>FSPS AT THE BREAKERS RESIDENT COMPETITION</b><br><i>Moderator: Michael A. Harrington, MD</i><br>8:18 – 8:30 <b>Discussion</b>  |
| 8:30 – 9:00 am   | <b>Breakfast and Visit Exhibits</b>   |
| 9:00 – 10:30 am  | <b>PERIORBITAL AND FACIAL REJUVENATION PANEL</b><br><i>Moderator: Andrew H. Rosenthal, MD</i><br>9:00 - 9:20 <b>Richard Bensimon, MD</b> – The Importance of Skin Resurfacing in Facial Rejuvenation: Deep Chemical Peels and How to Incorporate Them into Your Practice<br>9:20 - 9:40 <b>James M. Stuzin, MD</b> – Aesthetic Concepts of Facial Fat Repositioning Between Laterally Based SMAS Techniques and Medially Based Deep Plane Techniques<br>9:40 - 10:00 <b>Richard Bensimon, MD</b> – A Safe, Anatomical Approach to Lower Eyelid Surgery: Cosmetic Improvement While Preserving Eyelid Shape and Position<br>10:00 - 10:20 <b>Sherrell J. Aston, MD</b> – Fingertip Subcutaneous Brow Lift<br>10:20 - 10:30 <b>Discussion</b> |
| 10:30 – 11:00 am | <b>SPECIAL LECTURE</b><br><b>Shino Bay Aguilera, MD</b> – Regenerative Aesthetic Concepts   |
| 11:00 – 11:45 am | <b>Edward Truppmann Honorary Lecture</b><br><b>James M. Stuzin, MD</b><br>40-Year Experience with Baker Gordon<br>Introduced by: Pat Pazmiño, MD  |
| 11:45 – 11:55 am | <b>FSPS WEBSITE UPDATE - Andrew H. Rosenthal, MD FACS</b>   |
| 11:55 – 1:00 pm  | <b>Lunch and Visit Exhibits - FSPS Business Meeting</b>   |
| 11:55 – 1:00 pm  | <b>RESIDENT LUNCH WITH SPECIAL GUEST LECTURERS</b><br><b>Richard Bensimon, MD</b> – Anatomical Approach for Safe Surgery of the Lower Eyelid<br><b>Sherrell J. Aston, MD</b> – Five Key Points to Help You Build a Successful Practice  |
| 1:00 – 2:00 pm   | <b>BREAST PANEL</b><br><i>Moderator: Marc J. Salzman, MD</i><br>1:00 - 1:15 <b>M. Bradley Calobrace, MD</b> – Emerging Trends in Mastopexies<br>1:15 - 1:30 <b>Tracy M. Pfeifer, MD, MS</b> – Subfascial Pocket in Augmentation<br>1:30 - 1:45 <b>Yoav Barnavon, MD</b> – Explantation with Concomitant Autologous Augmentation Mammoplasty<br>1:45 - 2:00 <b>Discussion</b>  |
| 7:00 – 9:30 pm   | <b>Dinner Reception - The Breakers</b><br><i>(Separate registration and fee apply)</i>  |



## SUNDAY, DECEMBER 14, 2025

|                  |  |
|------------------|--|
| 7:30 – 8:45 am   | <b>Society Updates</b><br><i>Moderator: Andrew H. Rosenthal, MD</i><br><b>ASPS</b> – C. Bob Basu, MD, MBA, MPH<br><b>The Aesthetic Society</b> – Tracy M. Pfeifer, MD, MS<br><b>FBOM</b> – Amy J. Derick, MD<br><b>QUAD A</b> – Tom Terranova, JD, MBA, MA   |
| 8:45 – 9:15 am   | <b>Breakfast and Visit Exhibits</b>  |
| 9:15 – 9:30 am   | <b>SPECIAL LECTURE</b><br><b>Drew Schnitt, MD</b> – Approaches to Gynecomastia and FTM Chest Surgery   |
| 9:30 – 10:30 am  | <b>POTPOURRI PANEL</b><br><i>Moderator: Manuel Pena, MD</i><br>9:30 - 9:45 <b>Richard Bensimon, MD</b> – Minimally Invasive Neck Sculpting: A Practical, Cost-Effective Technique<br>9:45 - 10:00 <b>C. Bob Basu, MD, MBA, MPH</b> – Five Little Things that have Big Impact on Abdominoplasty Outcomes<br>10:00 - 10:15 <b>Leopoldo M. Baccaro, MD</b> – Hybrid Breast Augmentation<br>10:15 - 10:30 <b>Discussion</b>  |
| 10:30 – 11:00 am | <b>SPECIAL GUEST LECTURE</b><br><b>Simeon Wall, Jr., MD</b> – Fixing the Flaw of the Dual Plane  |
| 11:00 – 12:15 pm | <b>BUSINESS PANEL</b><br><i>Moderator: Timothy E. Fee, MD</i><br>11:00 - 11:15 <b>C. Bob Basu, MD MBA, MPH</b> – Should I Purchase that New Device or Technology? Making Sound Purchasing Decisions (CAPEX)<br>11:15 - 11:30 <b>M. Bradley Calobrace, MD</b> – Financial Stability in Uncertain Times OR You Manage what You Measure! Achieving Financial Health in Your Aesthetic Practice<br>11:30 - 11:45 <b>Devinder Singh, MD</b> – Negotiating Your First Contract<br>11:45 - 12:00 <b>Stephenie Poris, MD</b> – Opening a Solo Practice in Today's Environment<br>12:00 - 12:15 <b>Discussion</b> |
| 12:15 pm         | <b>Meeting Adjourns</b>  |

## INVITED INSTRUCTOR/PANELIST & PROGRAM COMMITTEE DISCLOSURES

*All identified relevant financial relationships have been mitigated and the educational content thoroughly evaluated by The Aesthetic Society for fair, balanced, and safe, effective patient care.*

|                                  |   |
|----------------------------------|---|
| <b>Shino Bay Aguilera, MD</b>    | Speaker for Galderma, Allergan, Merz, MTF, Sente, Toskani, Vivant, and Benev: Honoraria. Shareholder-Rion Aesthetics and Rapalogix.   |
| <b>C. Bob Basu, MD</b>           | Advisor for Thieme Publishers: Royalties. Executive Role/Officer for American Society of Plastic Surgeons: No Compensation. Stock Shareholder- Patient Now, Inc., IC Surgical.  |
| <b>Richard H. Bensimon, MD</b>   | Speaker for Thieme Publishers-Royalties. Owner-Aesthetic Regenerative Teaching Seminar (ARTS): Honoraria, Cost Reimbursement. Consultant-Young Pharmaceuticals: Royalties.  |
| <b>M. Bradley Calobrace, MD</b>  | Speaker/Study Site-Tiger Aesthetics: Honoraria. Speaker and Consultant-Motiva-Establishment Labs: Honoraria. Speaker and Advisory Board-Cytrellis: Honoraria. Advisory Board-Alastin: No Compensation. Speaker-Mentor: No Compensation. Stockholder-Evolus: No Compensation-Owns Stock Purchased Privately.   |
| <b>Mauricio J. Castellon, MD</b> | Shareholder- Brij Medical: No Compensation.   |
| <b>Timothy E. Fee, MD</b>        | Investor in Romtech, Brijit, Medmal Direct: No Compensation.  |
| <b>Onelio Garcia, Jr., MD</b>    | Consultant-Mentor: Honoraria. Consultant and Investigator-BD: Honoraria, Research Support, and Cost Reimbursement. Consultant-MTF and Solta Medical: Honoraria and Cost Reimbursement. Springer Medical Publishers: Royalties. Consultant and Investigator- Aliform: Stock Options. Bimini Health: Honoraria. |
| <b>Dennis J. Hurwitz, MD</b>     | Consultant -InMode: Stockholder.  |
| <b>Tracy M. Pfeifer, MD, MS</b>  | Shareholder- Engage Media: Stockholder.   |
| <b>Andrew H. Rosenthal, MD</b>   | Consultant- ModMed: Reduced Software Fees.  |
| <b>Drew Schnitt, MD</b>          | Key Opinion Leader-Lumenis, TEI Biosciences, Aesthetic Management Partners: Relationship Has Ended. Faculty and Instructor-Allergan: Honoraria. Key Opinion Leader, Trainer, and Device Development-Apyx Medical: Honoraria.  |
| <b>Devinder Singh, MD</b>        | Consultant- Solventum and IC Surgical: Honoraria.   |
| <b>Holly C. Wall, MD</b>         | Researcher, Investor, and Advisor- Establishment Labs: Honoraria. Investor- Brij Medical and Patient Fi: No Compensation.   |
| <b>Simeon Wall, Jr., MD</b>      | Advisory Board-Patient Fi: Stockholder. Investigator-Brij Medical: Stockholder. Principal Investigator and Consultant- Establishment Labs: Contract Consultant Fees. QMP: Royalties.  |

*The following planners/faculty members/reviewers have no relevant financial relationships or affiliations to disclose:*

Morad Askari, MD  
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 Amy Derick, MD  
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 Pat Pazmiño, MD

Manuel Pena, MD  
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 Susan Russell  
 Marc Salzman, MD  
 Amy M. Simon, MD  
 James M. Stuzin, MD  
 Tom Terranova, JD, MBA, MA