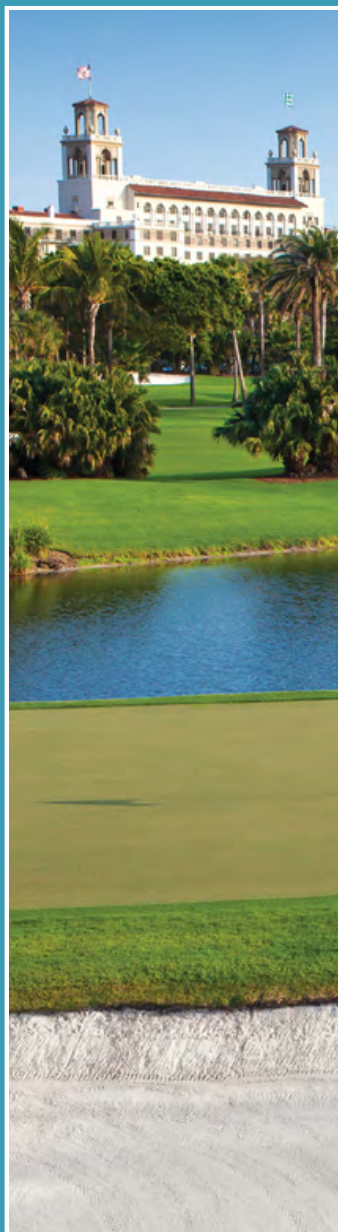


2023 FLORIDA PLASTIC SURGERY FORUM



DECEMBER 7-10, 2023 THE BREAKERS PALM BEACH, FL

Jointly provided by
The American Society for
Aesthetic Plastic Surgery, Inc.



Natrelle

A customizable look for every curve, for every shape,

for **EVERY BODY**

Actual Natrelle® patient.
Individual results may vary.



We know you strive to offer each of your patients a look that's perfect for them. *Natrelle*® is dedicated to supporting you by providing a customized look to each and every BODY.



Natrelle® branding has a new look!

Learn more about how every BODY gets a customized look with *Natrelle*®

Natrelle® Breast Implants IMPORTANT SAFETY INFORMATION

WARNINGS

- Breast implants are not considered lifetime devices. The longer patients have them, the greater the chance they will develop complications, some of which will require more surgery
- Breast implants have been associated with the development of a cancer of the immune system called breast implant-associated anaplastic large cell lymphoma (BIA-ALCL). This cancer occurs more commonly in patients with textured breast implants than smooth implants, although rates are not well defined. Some patients have died from BIA-ALCL
- Patients receiving breast implants have reported a variety of systemic symptoms, such as joint pain, muscle aches, confusion, chronic fatigue, autoimmune diseases, and others. Individual patient risk for developing these symptoms has not been well established. Some patients report complete resolution of symptoms when the implants are removed without replacement

INDICATIONS

Natrelle® Breast Implants are indicated for women for the following:

- **Breast augmentation for women at least 22 years old for silicone-filled implants and breast augmentation for women at least 18 years old for saline-filled implants.** This includes primary breast augmentation to increase the breast size, as well as revision surgery to correct or improve the result of a primary breast augmentation surgery
- **Breast reconstruction.** This includes primary reconstruction to replace breast tissue that has been removed due to cancer or trauma or that has failed to develop properly due to a severe breast abnormality. Breast reconstruction also includes revision surgery to correct or improve the result of a primary breast reconstruction surgery

CONTRAINDICATIONS

Breast implant surgery should not be performed in:

- Women with active infection anywhere in their body
- Women with existing cancer or precancer of their breast who have not received adequate treatment for those conditions
- Women who are currently pregnant or nursing

ADDITIONAL WARNINGS

- See Boxed Warning
- Avoid damage during surgery: Care should be taken to avoid the use of excessive force and to minimize handling of the implant. Forcing of implants through too small an opening or applying concentrated localized pressure on the implants may result in localized weakening of the breast implant shell, potentially leading to shell damage and possible implant rupture.

An incision should be of appropriate length to accommodate the style, size, and profile of the implants. Use care when using surgical instruments in proximity with the breast implant

- Follow recommended fill volumes for saline implants to decrease possibility of shell wrinkling and crease-fold failure

PRECAUTIONS

Safety and effectiveness have not been established in patients with the following:

- Autoimmune diseases (eg, lupus and scleroderma)
- A compromised immune system (eg, currently receiving immunosuppressive therapy)
- Planned chemotherapy or radiation following breast implant placement
- Conditions or medications that interfere with wound healing and blood clotting
- Reduced blood supply to breast tissue
- Clinical diagnosis of depression or other mental health disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders prior to surgery. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to undergoing breast implantation surgery

ADVERSE EVENTS

Possible adverse events with breast implant surgery include implant rupture with silicone implants, implant deflation with saline-filled implants, capsular contracture, reoperation, implant removal, pain, changes in nipple and breast sensation, infection, scarring, asymmetry, wrinkling, implant displacement/migration, implant palpability/visibility, breastfeeding complications, hematoma/seroma, implant extrusion, necrosis, delayed wound healing, infection, breast tissue atrophy/chest wall deformity, calcium deposits, and lymphadenopathy. Other systemic conditions have been reported with breast implants.

For more information, please see the full Directions for Use at www.allergan.com/products.

To report a problem with *Natrelle*® Breast Implants, please call Allergan® at 1-800-624-4261.

The sale and distribution of this device is restricted to users and/or user facilities that provide information to patients about the risks and benefits of this device in the form and manner specified in the approved labeling provided by Allergan®

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Aesthetics**
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Jonathan Butts, MD
University of Florida

Anshumi Desai, MD
University of Miami

Francisco Ferri, MD
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Emily R. Finkelstein, MD
University of Miami

Pedro Fuenmayor-Rojas, MD
Larkin Community Hospital

Nicole K. Le, MD
University of South Florida

Lee Weber, MD
University of Miami

Kristen Whalen, MD
University of South Florida

DISCLOSURE POLICIES & ACCREDITATION

As a program jointly provided by The Aesthetic Society and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by The Aesthetic Society & FSPS. Conflicts of interest are identified and mitigated in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. The Aesthetic Society & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. The Aesthetic Society & FSPS adhere to the ACCME Standards for integrity and independence.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The Aesthetic Society designates this live activity for a maximum of *14.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the *14.75 AMA PRA Category 1 Credits*, 4.75 have been identified as applicable to patient safety.▲

This activity will address the following ACGME/ABMS competencies:

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice



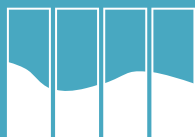
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Aesthetic Plastic Surgery, Inc.



2023 PROGRAM OBJECTIVES

At the completion of this CME activity, registrants will be able to:

- Comply with and take advantage of the new Florida laws affecting plastic surgeons that have been enacted over the course of 2023,
- Review the safety and efficacy of BBL surgery to improve patient outcomes,
- Discuss and evaluate up-to-date data on breast implant illness,
- Discuss presenter's research projects, the results, and the potential application to plastic surgeons' practices,
- Analyze evidence to maximize safety to improve patient outcomes,
- Identify and evaluate the latest techniques and technology for face and neck lifts,
- Discuss and evaluate updates related to regenerative medicine.



FSPS PLASTIC SURGERY FORUM PROGRAM

DECEMBER 7 - 10, 2023

The Forum General Sessions and Exhibits will be held in the Ponce de Leon Ballrooms

THURSDAY, DECEMBER 7, 2023

| | |
|----------------|---|
| 11:30 am | FSPS Board Meeting |
| 1:30 – 3:30 pm | Domestic Violence/Human Trafficking ▲ <i>Christopher Nuland, Esq.</i> |
| 3:30 – 5:00 pm | Socio Political Session <i>Christopher Nuland, Esq. John O'Brien, MD, Mauricio J. Castellon, MD</i> |

FRIDAY, DECEMBER 8, 2023

| | |
|------------------|--|
| 7:30 am | Rise and Shine Coffee Bar |
| 7:30 – 8:30 am | BBL PANEL AND NEW FLORIDA LAW/BOARD MEDICINE ▲ <i>Moderator: Andrew H. Rosenthal, MD</i> 7:30 - 7:50 Pat Pazmino, MD and Onelio Garcia, MD – From the Morgue to the Governor's Desk: Florida Gluteal Fat Grafting Update 7:50 - 8:10 Christopher L. Nuland, Esq. – HB1471 and recent Board of Medicine Rulings Regarding Gluteal Fat Grafting 8:10 - 8:30 Discussion and Questions |
| 8:30 – 9:00 am | Breakfast and Visit Exhibits |
| 9:00 – 10:15 am | SYSTEMIC SYMPTOMS ASSOCIATED WITH BREAST IMPLANTS ▲ <i>Moderator: David E. Halpern, MD</i> 9:00 - 9:30 H. Jae Chun, MD – Perception vs Reality Associated with Total Capsulectomy 9:30 - 9:45 M. Bradley Calobrace, MD – Management of Patients with Complaints of Breast Implant Illness 9:45 - 10:00 Patricia A. McGuire, MD and Caroline A. Glicksman, MD, MSJ – Systemic Symptoms Associated with Breast Implants, What is the Science? 10:00 - 10:15 Discussion |
| 10:15 – 10:45 am | Break and Visit Exhibits |
| 10:45 - 11:15 | SPECIAL GUEST LECTURER Sam P. Most, MD – Dorsal Preservation: From the Basics to Advanced |

| | |
|-----------------------|---|
| 11:15 – 11:45 am | Bruce A. Mast, MD – Evidence Based Aesthetic Practice: Maximizing Safety and Outcomes. ▲ |
| 11:45 – 12:30 pm | EDWARD TRUPPMAN HONORARY LECTURE On Mentors and Mentees Mutaz B. Habal, MD |
| 12:30 – 1:30 pm | Lunch/Visit Exhibits |
| 1:00 pm | FSPS Annual Golf Tournament |
| 1:30 pm | FSPS Annual Tennis Tournament |
| <i>Free Afternoon</i> | |
| 5:00 pm | Evening Event – Sponsored by Sientra Special Guest Speaker: M. Bradley Calobrace, MD |



SATURDAY, DECEMBER 9, 2023

| | |
|----------------|---|
| 7:00 am | Rise and Shine Coffee Bar |
| 6:30 – 7:15 am | RESIDENT BREAKFAST WITH SPECIAL GUEST LECTURER Patricia A. McGuire, MD – The Aesthetic Society Traveling Professor Work/Life Balance for Busy Plastic Surgeons |
| 7:30 – 8:50 am | ANNUAL FORUM RESIDENT COMPETITION <i>Moderator: Michael A Harrington, MD</i> 7:30 - 7:37 The Impact of Acellular Dermal Matrix Thickness on Outcomes of Prepectoral Implant- Based Breast Reconstruction Emily R. Finkelstein, MD - University of Miami 7:37 - 7:44 Delayed Direct to Implant Breast Reconstruction: An Alternative to Tissue Expansion Nicole K. Le, MD - University of South Florida 7:44 - 7:51 Modified Oncoplastic Lift and Lymphatic Excision and Reconstruction – Patient-Reported Outcomes with this Novel Technique Lee Weber, MD - University of Miami 7:51 - 7:58 Prepectoral Versus Subpectoral Direct-to-Implant Reconstruction in Obese Patients Kristen Whalen, MD - University of South Florida 7:58 - 8:10 Discussion 8:10 - 8:17 S-Blepharoplasty Francisco Ferri, MD - Cleveland Clinic 8:17 - 8:24 Analyzing Tranexamic Acid in Liposuction and Fat Grafting: A Systematic Review of Literature and Meta- Analysis Pedro Fuenmayor-Rojas, MD - Larkin Community Hospital 8:24 - 8:31 Impact of Lymphatic Microsurgical Preventive Healing Approach (LYMPHA) on Postoperative Complication Rates in Immediate Prosthetic Based Breast Reconstruction: A Retrospective Cohort Study Anshumi Desai, MD - University of Miami 8:31 - 8:38 Shadow Surgery: 3D Planning and Evaluation with Shadow Facets Jonathan Butts, MD - University of Florida 8:38 - 8:50 Discussion |
| 8:50 – 9:30 am | Breakfast and Visit Exhibits |

| | |
|-----------------------|---|
| 9:30 – 10:45 am | FACELIFT PANEL <i>Moderator: Max Polo, MD</i> 9:30 - 9:45 M. Bradley Calobrace, MD – Facial Rejuvenation - Master What you Know! 9:45 - 10:00 Alan Matarasso, MD – Facelift and Buccal Lipectomy: Practical Methods for Effective Outcomes, and Data on What Techniques Colleagues are Using 10:00 - 10:15 Henry A. Mentz, MD – Best Necklifts: Using the Bolster Equalization Suture Technique and Utilizing Absorbable Mesh 10:15 - 10:30 James C. Grotting, MD – Can Plication Produce the Same Results as the “Deep Plane” in Facelifting? 10:30 - 10:45 Discussion |
| 10:45 – 11:30 am | KEYNOTE PRESENTATION James C. Grotting, MD – Taking Flight – A Journey Through Plastic Surgery and Aviation |
| 11:30 – 12:15 pm | REGENERATIVE PANEL <i>Moderator: Anup Patel, MD, MBA</i> 11:30 - 11:45 Randy Miller, MD – Stem Cells 101: An Introduction to Regenerative Medicine 11:45 - 12:00 David E. Halpern, MD – FDA approval for a Regenerative Mesenchymal Stem Cell Based Exosome Product: Welcome to the Revolution! 12:00 - 12:15 Discussion |
| 12:15 – 12:30 pm | SPECIAL TOPIC Physician Leadership and Advocacy <i>Gregory Greco, MD</i> |
| 12:20 pm | Lunch and Visit Exhibits |
| 12:30 – 1:00 pm | FSPS BUSINESS MEETING |
| <i>Free Afternoon</i> | |
| 7:00 – 9:30 pm | Dinner Reception - The Breakers Beach Club <i>(Separate registration and fee apply)</i> |



SUNDAY, DECEMBER 10, 2023

| | |
|------------------|--|
| 8:00 – 8:30 am | Breakfast and Visit Exhibits |
| 8:00 – 8:30 am | SOCIETY UPDATES Scot B. Glasberg, MD – <i>ASPS</i> Tracy Pfeifer, MD - <i>The Aesthetic Society</i> |
| 8:30 – 9:45 am | BREAST PANEL <i>Moderator: Amy Simon, MD</i> 8:30 - 8:40 Caroline A. Glicksman, MD, MSJ – High Resolution Ultrasound of the Breast 8:40- 8:50 H. Jae Chun, MD – Optimizing Cosmetic Outcome Following Explant Surgery 8:50 - 9:00 Tracy Pfeifer, MD – Breast Augmentation Revision – 10 Consecutive Cases: Prevention and Treatment 9:00 - 9:10 Patricia A. McGuire, MD – Revision Augmentation with Implant Downsize 9:10 - 9:20 M. Bradley Calobrace, MD - Algorithm for Decision Making in Explantation Surgery 9:20 - 9:30 Devinder Singh, MD - Using Negative Pressure to Get Better Results 9:30 - 9:45 Discussion |
| 9:45 – 10:15 am | Break and Visit Exhibits |
| 10:15 – 11:15 am | RHINOPLASTY PANEL <i>Moderator: Brian M. Derby, MD</i> 10:15 - 10:35 Sam P. Most, MD – Revision Rhinoplasty 10:35- 10:55 Alan Matarasso, MD – 10 Essential Steps to Demystifying Primary Rhinoplasty 10:55 - 11:15 Discussion |
| 11:15 – 12:15 pm | FACIAL PANEL AGAIN! <i>Moderator: Timothy E. Fee, MD</i> 11:15 - 11:30 Gregory A. Greco, MD – Prejuvenation: Laser and Light-Based Therapies Prior to Facelifting 11:30- 11:45 Henry Mentz, MD – Ten Consecutive Facelifts: Utilization of Technique Matched to Facial Shape and Age 11:45 - 12:00 Bruce A. Mast, MD – Choosing the Right Operation for the Right Patient ▲ 12:00 - 12:15 Discussion |
| 12:15 pm | Meeting Adjourns |



SOCIAL PROGRAM & EVENTS

The FSPS Forum is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities. The Saturday evening dinner event requires advanced registration and an additional fee.

FRIDAY, DECEMBER 8, 2023

| | |
|------------------|---|
| 7:30 am | Rise and Shine Coffee Bar |
| 8:30 – 9:00 am | Breakfast and Visit Exhibits |
| 10:15 – 10:45 am | Break and Visit Exhibits |
| 12:30 – 1:30 pm | Lunch and Visit Exhibits |
| 1:00 pm | FSPS Annual Golf Tournament - Ocean Course |
| 1:30 pm | FSPS Tennis Tournament with Dr. Rosenthal |
| 5:00 – 6:30 pm | Evening Event Sponsored by Sientra - Ponce de Leon Ballroom & Foyer |
| 6:30 pm | Florida PlastiPac Member Reception with Chris Nuland - Ponce de Leon Foyer |

SATURDAY, DECEMBER 9, 2023

| | |
|----------------|---|
| 7:00 am | Rise and Shine Coffee Bar Resident Breakfast with Patricia McGuire, MD |
| 8:50 – 9:30 am | Breakfast and Visit Exhibits |
| 12:30 pm | Lunch and Visit Exhibits |
| 12:45 pm | FSPS Member Business Meeting |
| 7:00 – 9:30 pm | Dinner Reception - The Breakers Beach Club <i>(Separate registration and fee apply)</i> |

SUNDAY, DECEMBER 10, 2023

| | |
|-----------------|---------------------------------|
| 8:00 – 8:30 am | Breakfast |
| 9:45 – 10:15 am | Break and Visit Exhibits |
| 12:15 pm | Meeting Adjourn |

FLORIDA SOCIETY OF PLASTIC SURGEONS PAST PRESIDENTS

| | | | |
|------|------------------------------|------|------------------------------|
| 1957 | George W. Robertson III, MD* | 1991 | Barry M. Schwartz, MD |
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| 1976 | Bernard L. Kaye, MD* | 2009 | James A. Matas, MD |
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| 1978 | Alan S. Rapperport, MD | 2011 | Randy B. Miller, MD |
| 1979 | John R. Royer, MD | 2012 | Galen Perdakis, MD |
| 1980 | Jay D. Ellenby, MD | 2013 | Braun H. Graham, MD |
| 1981 | Jack D. Norman, MD | 2014 | C. Cayce Rumsey III, MD |
| 1982 | C. Gary Zahler, MD | 2015 | Thomas J. Zaydon, Jr., MD |
| 1983 | Jeffrey Lang, MD | 2016 | Thomas Fiala, MD |
| 1984 | H. Hollis Caffee, MD | 2017 | Christopher G. Constance, MD |
| 1985 | James L. Baker Jr., MD | 2018 | Mauricio J. Castellon, MD |
| 1986 | Charles Radlauer, MD | 2019 | Bruce A. Mast, MD |
| 1987 | Lawrence B. Robbins, MD | 2020 | Alissa M. Shulman, MD |
| 1988 | John S. Bruno, MD | 2021 | Kendall K. Peters, MD |
| 1989 | Mutaz B. Habal, MD | 2022 | David E. Halpern, MD |
| 1990 | Calvin R. Peters, MD | | |



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| Bimini Health Tech | New Life Regenerative Medicine |
| Biodermis | NextTrip |
| Black and Black Surgical | Pipeline Medical |
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| Emstar | Stax |
| Evolutionary Biologics | Symplast |
| Illumination Consulting | The Laser Professionals |
| Illusio | TouchMD |
| Juventix | Universal Healthcare Consulting |

2023 FSFS DISCLOSURES

* Planner/Reviewer

| | |
|--------------------------------|--|
| Yoav Barnavon, MD | Nothing to Disclose |
| Jonathan Butts, MD | Nothing to Disclose |
| M. Bradley Calobrace, MD | Speaker with Mentor, Revella, BD/Galatea, SIA; Speaker/Investigator with Sientra; Advisory Board with Allergan |
| H. Jae Chun, MD | Nothing to Disclose |
| Taryn Daigle | Nothing to Disclose |
| Brian M. Derby, MD | Nothing to Disclose |
| Anshumi Desai, MD | Nothing to Disclose |
| Trent Douglas, MD | The Aesthetic Society CME Chair, Consultant & Speaker for Pacira Pharmaceuticals |
| Timothy E. Fee, MD | Investor with Brijjit Medical, Medical Direct Insurance and Romtech Inc. |
| Emily R. Finkelstein, MD | Nothing to Disclose |
| Pedro Fuenmayor-Rojas, MD | Nothing to Disclose |
| Onelio Garcia, Jr., MD | Consultant with Mentor, Bard BD, Solta Medical and MTF |
| Caroline A. Glicksman, MD, MSJ | Medical Director US Motiva Clinical Trial with Establishment Labs; Medical Director Galaflex IDE with Becker Dickerson |
| Gregory A. Greco, MD | Nothing to Disclose |
| James C. Grotting, MD | Shareholder with Premier Aesthetic Solutions, Ideal Implant, Engage Media, Stingray LLC, Brijjit LLC, Symplast and Cytrellis, Inc.; Found/Shareholder with Aesthetic Surgeons Financial Group – owns CosmetAssure Trademark; Author/Editor Thieme and Elsevier |
| Mutaz B. Habal, MD | Nothing to Disclose |
| David E. Halpern, MD | Consultant with BTL Industries; Shareholder/Science Officer with Direct Biologics, Inc. |
| Michael A. Harrington, MD | Education Consultant with Integra Lifesciences |
| Nicole K. Le, MD | Nothing to Disclose |
| Bruce A. Mast, MD | Consultant with BD Galaflex; Stockholder/Equity with Axogen, Inc.; Royalties with Thieme Med Publishing |
| Alan Matarasso, MD | Nothing to Disclose |
| Patricia A. McGuire, MD | Consultant/Investigator Motiva US FDA Clinical Trial with Establishment Labs |
| Henry A. Mentz, MD | KOL with SIA – Integra and Ellacor; KOL/Investor with Candescent; Investor with PatientFi |
| Randy B. Miller, MD | Consultant with Tulip Medical, CAREstream, ExoCoBio, Benev, RION and Harvest/Terumo |
| Sam P. Most, MD | Royalties with Thieme and QMP publishers |
| Christopher L. Nuland, JD | Nothing to Disclose |
| Anup Patel, MD, MBA | Nothing to Disclose |
| Pat Pazmino, MD | Consultant with Clarius Mobile Health |
| Manuel Pena, MD | Nothing to Disclose |
| Kendall Peters, MD | Nothing to Disclose |
| Tracy Pfeifer, MD | Shareholder with Engage Media |
| Max L. Polo, MD | Nothing to Disclose |
| Andrew H. Rosenthal, MD | Consultant with ModMed |
| Susan Russell | Nothing to Disclose |
| Amy Simon, MD | Nothing to Disclose |
| Devinder Singh, MD | TBD |
| Lee Weber, MD | Nothing to Disclose |
| Kristen Whalen, MD | Nothing to Disclose |