



FLORIDA SOCIETY OF
PLASTIC SURGEONS

**2025
FSPS
AT THE
BREAKERS**



Jointly provided by
The American Society for
Aesthetic Plastic Surgery, Inc.



**DECEMBER 11-14, 2025
THE BREAKERS PALM BEACH, FL**






Actual *Natrelle* INSPIRA® patient.
Individual results may vary.

Natrelle® PATIENT SAFETY IS OUR PRIORITY¹⁻⁴

UPDATE on *Natrelle* INSPIRA® Breast Implants:
Estimated cumulative Post Market Surveillance (PMS)
Adverse Event (AE) Rates in the US^{1-4,*}

The PMS survey identified the following AEs of interest

-  Implant rupture
-  Capsular contracture
-  Device malposition

The physician-reported rates of these implant- related AEs were each

≤ 1%^{4,*†}

CONTACT YOUR SALES REP TO LEARN MORE.

*Adverse event rates are based on Post Market Surveillance (PMS) data. PMS data is physician-reported data and is often underreported. PMS data is used to identify trends in adverse event occurrences and should not be interpreted as complication incidence rates or replace the clinical study data.

†Based on Post Market Surveillance data of 1,623,089 devices reported by HCPs from January 2015 to April 2023.

Natrelle® Breast Implants **IMPORTANT SAFETY INFORMATION**

WARNINGS

- **Breast implants are not considered lifetime devices. The longer patients have them, the greater the chance they will develop complications, some of which will require more surgery**
- **Breast implants have been associated with the development of a cancer of the immune system called breast implant-associated anaplastic large cell lymphoma (BIA-ALCL). This cancer occurs more commonly in patients with textured breast implants than smooth implants, although rates are not well defined. Some patients have died from BIA-ALCL**
- **Patients receiving breast implants have reported a variety of systemic symptoms, such as joint pain, muscle aches, confusion, chronic fatigue, autoimmune diseases, and others. Individual patient risk for developing these symptoms has not been well established. Some patients report complete resolution of symptoms when the implants are removed without replacement**

INDICATIONS

Natrelle® Breast Implants are indicated for women for the following:

- **Breast augmentation for women at least 22 years old for silicone-filled implants and breast augmentation for women at least 18 years old for saline-filled implants.** This includes primary breast augmentation to increase the breast size, as well as revision surgery to correct or improve the result of a primary breast augmentation surgery
- **Breast reconstruction.** This includes primary reconstruction to replace breast tissue that has been removed due to cancer or trauma or that has failed to develop properly due to a severe breast abnormality. Breast reconstruction also includes revision surgery to correct or improve the result of a primary breast reconstruction surgery

CONTRAINDICATIONS

Breast implant surgery should not be performed in:

- Women with active infection anywhere in their body
- Women with existing cancer or precancer of their breast who have not received adequate treatment for those conditions
- Women who are currently pregnant or nursing

ADDITIONAL WARNINGS

- See Boxed Warning
- **Avoid damage during surgery:** Care should be taken to avoid the use of excessive force and to minimize handling of the implant. Forcing of implants through too small an opening or applying concentrated localized pressure on the implants may result in localized weakening of the breast implant shell, potentially leading to shell damage and possible implant rupture. An incision should be of appropriate length to accommodate the style, size, and profile of the implants. Use care when using surgical instruments in proximity with the breast implant
- Follow recommended fill volumes for saline implants to decrease possibility of shell wrinkling and crease-fold failure

PRECAUTIONS

Safety and effectiveness have not been established in patients with the following:

- Autoimmune diseases (eg, lupus and scleroderma)
- A compromised immune system (eg, currently receiving immunosuppressive therapy)
- Planned chemotherapy or radiation following breast implant placement
- Conditions or medications that interfere with wound healing and blood clotting
- Reduced blood supply to breast tissue
- Clinical diagnosis of depression or other mental health disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders prior to surgery. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to undergoing breast implantation surgery

ADVERSE EVENTS

Possible adverse events with breast implant surgery include implant rupture with silicone implants, implant deflation with saline-filled implants, capsular contracture, reoperation, implant removal, pain, changes in nipple and breast sensation, infection, scarring, asymmetry, wrinkling, implant displacement/migration, implant palpability/visibility, breastfeeding complications, hematoma/seroma, implant extrusion, necrosis, delayed wound healing, infection, breast tissue atrophy/chest wall deformity, calcium deposits, and lymphadenopathy. Other systemic conditions have been reported with breast implants.

For more information, please see the full Directions for Use at www.allergan.com/products.

To report a problem with *Natrelle*® Breast Implants, please call Allergan® at 1-800-624-4261.

The sale and distribution of this device is restricted to users and/or user facilities that provide information to patients about the risks and benefits of this device in the form and manner specified in the approved labeling provided by Allergan®.

References: 1. Data on file, Allergan Aesthetics, January 2015 to April 2023. 2. Data on file, Allergan Aesthetics, January 2017 to April 2023. 3. Data on file, Allergan Aesthetics, January 2016 to April 2023. 4. Data on file, Allergan Aesthetics, May 2023.

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PRESIDENT'S WELCOME



Andrew H. Rosenthal, MD, FACS
FSPS President

It is my honor to welcome you to the Breakers in Palm Beach for the 69th Annual Meeting of the Florida Society of Plastic Surgeons. Each year, this meeting represents the heart of our society—a chance to learn, reconnect, and celebrate the very best of plastic surgery in Florida.

This year has been one of growth and progress. We expanded our meeting footprint, and thanks to your support, we still sold out! Under the leadership of Dr. Pat Pazmiño and our Membership Committee, FSPS also welcomed 11 new members, including surgeons in our new Participating Member category for out-of-state colleagues and those with practices in Florida focused on minor procedures and injectables.

We are proud to have relaunched FSPS.org with Candace Crowe Design and the help of our membership writing content, creating a more engaging and patient-friendly website with an emphasis on Before & After photos to highlight the work of board-certified plastic surgeons across Florida and significantly improved our Surgeon Finder tool. This initiative ensures that FSPS.org becomes the go-to site for patients seeking the highest standards of care. The site also highlights our SAfE program founded in 2024 where we can help our colleagues and their patients during state disasters. This initiative is being replicated in California and New England.

Our advocacy efforts continue to thrive. PlastiPAC has had tremendous success supporting candidates who share our mission of advancing patient safety and protecting the well-being of plastic surgeons and their practices. In addition, we have refreshed our society's look with a new logo and have rebranded our signature event as **FSPS @ The Breakers**, honoring our long-standing partnership with this iconic venue.

Our Immediate Past President Manny Pena, has put together an astounding program which covers a broad array of topics in plastic surgery. And he has assembled a faculty which is not only drawn from the best-of-the-best here in Florida, but nationwide.

I am proud of what we have accomplished together and confident that our society is poised for even greater success under Dr. Amy Simon's leadership next year and the continued steady guidance of our Executive Director Susan Russell and her team as well, of course, our trusted counsel Chis Nuland.

It has been an honor and privilege to serve as your President this past year. I look forward to a program filled with education, inspiration, and camaraderie. Thank you for being part of this special gathering—and welcome to **FSPS @ The Breakers**.

Andrew H. Rosenthal, MD, FACS
President, Florida Society of Plastic Surgeons

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Gustavo M. Huaman, MD
Larkin Community Hospital

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Broward Health Medical Center

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Cleveland Clinic Florida

Anamaria Parus, MD
University of South Florida

Victor G. Pena, MD
HCA Florida Kendall Hospital

DISCLOSURE POLICIES & ACCREDITATION

As a program jointly provided by The Aesthetic Society and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters, and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by The Aesthetic Society & FSPS. Conflicts of interest are identified and mitigated in advance of the activity.

All planners, presenters, and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. The Aesthetic Society & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. The Aesthetic Society & FSPS adhere to the ACCME Standards for integrity and independence.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Aesthetic Society and Florida Society of Plastic Surgeons.

The Aesthetic Society designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the **15.0 AMA PRA Category 1 Credits, 4.75** have been identified as applicable to patient safety. ▲

This activity will address the following ACGME/ABMS competencies:

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

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2025 PROGRAM OBJECTIVES

At the completion of this CME activity, registrants will be able to:

- Comply with and take advantage of the new Florida laws affecting plastic surgeons and the specialty that have been enacted over the course of 2025,
- Review current trends in revisional breast surgery to improve outcomes,
- Discuss presenters' research projects, the results, and the potential application to plastic surgeons' practices,
- Identify and evaluate the latest techniques mastopexy augmentation,
- Review new techniques and technology for surgical contouring of the weight loss patient for long term results,
- Discuss surgical and non- surgical eyes, face and neck rejuvenation to improve technique,
- Review current trends to enhance the business of plastic surgery.



FSPS AT THE BREAKERS PROGRAM

DECEMBER 11-14, 2025

The Forum General Sessions and Exhibits will be held in the Ponce de Leon Ballrooms

THURSDAY, DECEMBER 11, 2025

11:00– 12:15 pm	FSPS Board Meeting
12:30 – 2:00 pm	Socio-Political Session <i>Moderator: Christopher L. Nuland, Esq.</i> <i>Panel: Andrew H. Rosenthal, MD, Mauricio J. Castellon, MD, Christopher L. Nuland, Esq.</i>
2:00 – 4:00 pm	Prevention of Medical Errors <i>Christopher L. Nuland, Esq</i>
4:00 – 5:00 pm	Ultrasound Technique Session <i>Instructor: Marc J. Salzman, MD</i>

FRIDAY, DECEMBER 12, 2025

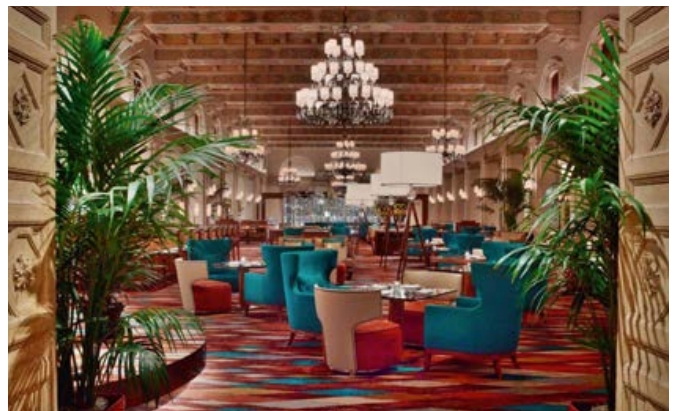
7:00 – 7:45 am	Breakfast and Visit Exhibits
7:30 – 8:30 am	BREAST REVISION PANEL ▲ <i>Moderator: Amy M. Simon, MD</i> 7:30 - 7:45 M. Bradley Calobrace, MD – Treatment of Capsular Contracture – Evolving Concepts in Treatment 7:45 - 8:00 Holly C. Wall, MD – Managing the Multiply Operated Breast 8:00 - 8:15 Onelio Garcia, Jr., MD – 12 Years Experience with P4HB Mesh in Aesthetic and Reconstructive Breast Surgery 8:15 - 8:30 Discussion
8:30 – 9:00 am	SPECIAL GUEST LECTURE M. Bradley Calobrace, MD – Optimizing Augmentation Mastopexies with Smooth and Nano-surfaced Implants

9:00 – 10:00 am	MASTOPEXY AUGMENTATION PANEL <i>Moderator: Max L. Polo, MD</i> 9:00 - 9:15 Holly C. Wall, MD – Subpectoral Mastopexy Augmentation 9:15 - 9:30 Simeon Wall, Jr., MD – Elevating the Footprint of the Breast 9:30 - 9:45 M. Bradley Calobrace, MD – Control in Mastopexies: Never Trust the Skin! 9:45 - 10:00 Discussion
10:00 – 10:15 am	Coffee Break
10:15 – 11:15 am	SURGICAL CONTOURING IN WEIGHT LOSS PATIENTS: NO PART LEFT BEHIND <i>Moderator: Morad Askari, MD</i> 10:15 -10:30 Morad Askari, MD – The Face Following Massive Weight Loss 10:30 - 10:45 Simeon Wall, Jr., MD – Incorporating SAFELipo and HD Concepts into Your Contouring Procedures Without Causing Problems 10:45 - 11:00 Dennis J. Hurwitz, MD – Combining L Brachioplasty with J Torsoplasty 11:00 - 11:15 Discussion
11:15 – 12:00 pm	KEYNOTE PRESENTATION Sherrell J. Aston, MD – My Facelifting History
12:00 – 12:30 pm	SPECIAL LECTURE Pat Pazmiño, MD – Elevating Body Contouring Results with Rib Remodeling & Subfascial Surgery
12:30 – 1:30 pm	Lunch/Visit Exhibits <i>Lunch in Exhibit Hall</i>
1:00 pm	FSPS Annual Golf Tournament - The Ocean Course
<i>Free Afternoon</i>	
5:00 pm	Evening Event



SATURDAY, DECEMBER 13, 2025

7:00 am	Rise and Shine Coffee Bar
7:45 – 8:30 am	<p>FSPS AT THE BREAKERS RESIDENT COMPETITION <i>Moderator: Michael A. Harrington, MD</i></p> <p>7:30 - 7:35 Emily R. Finkelstein, MD – <i>University of Miami</i> – Lymphatic System Transfer (LYST) with Pedicled SCIP for Patients with Lymphedema and Concomitant Chronic Venous Disease</p> <p>7:35 - 7:40 Pedro Fuenmayor, MD – <i>Larkin Community Hospital</i> – Fitness-To-Flap (F2F) Score: A Tool for Pre-flap Patient Optimization and Risk Stratification</p> <p>7:40 - 7:45 Gustavo M. Huaman, MD – <i>Larkin Community Hospital</i> – SMART – Sandwiching Muscle Acellular Dermal Reconstruction Technique A Novel, Layered ADM-based Approach for Repairing Full-thickness Traumatic Muscle</p> <p>7:45 - 7:50 Michael M. Jonczyk, MD, MS – <i>Broward Health Medical Center</i> – Firework Blast Injuries to the Hand: Common Injury Pattern and Treatment Options</p> <p>7:50 - 8:00 Discussion</p> <p>8:00 - 8:05 Nicole K. Le, MD, MPH – <i>University of South Florida</i> – Early Implementation and Learning Curve of Robotic-assisted Microsurgery for Delayed Lymphatic Reconstruction in Breast Cancer Related Lymphedema: A Single Institution's Experience</p> <p>8:05 - 8:10 Sean K. Park, MD, MS – <i>Cleveland Clinic Florida</i> – Modified Hammond Flap Using Banked Autologous Costal Cartilage for Nipple Reconstruction</p> <p>8:10 - 8:15 Anamaria Parus, MD – <i>University of South Florida</i> – Breast Implant Associated Squamous Cell Carcinoma Case Series</p> <p>8:15 - 8:20 Victor G. Pena, MD – <i>HCA Florida Kendall Hospital</i> – Hospital Admission after Outpatient Cosmetic Surgery Presenting to a US Tertiary Center: The South Florida Experience</p> <p>8:20 - 8:30 Discussion</p>
8:30 – 9:00 am	Breakfast and Visit Exhibits



9:00 – 10:30 am	PERIORBITAL AND FACIAL REJUVENATION PANEL <i>Moderator: Andrew H. Rosenthal, MD</i> 9:00 - 9:20 Richard Bensimon, MD – The Importance of Skin Resurfacing in Facial Rejuvenation: Deep Chemical Peels and How to Incorporate Them into Your Practice 9:20 - 9:40 James M. Stuzin, MD – Aesthetic Concepts of Facial Fat Repositioning Between Laterally Based SMAS Techniques and Medially Based Deep Plane Techniques 9:40 - 10:00 Richard Bensimon, MD – A Safe, Anatomical Approach to Lower Eyelid Surgery: Cosmetic Improvement While Preserving Eyelid Shape and Position 10:00 - 10:20 Sherrell J. Aston, MD – Fingertip Subcutaneous Brow Lift 10:20 - 10:30 Discussion
10:30 – 11:00 am	SPECIAL LECTURE Shino Bay Aguilera, MD – Regenerative Aesthetic Concepts
11:00 – 11:45 am	Edward Truppmann Honorary Lecture James M. Stuzin, MD 40-Year Experience with Baker Gordon Introduced by: Pat Pazmiño, MD
11:45 – 11:55 am	FSPS WEBSITE UPDATE - Andrew H. Rosenthal, MD FACS
11:55 – 1:00 pm	Lunch and Visit Exhibits - FSPS Business Meeting
11:55 – 1:00 pm	RESIDENT LUNCH WITH SPECIAL GUEST LECTURERS Richard Bensimon, MD – Anatomical Approach for Safe Surgery of the Lower Eyelid Sherrell J. Aston, MD – Five Key Points to Help You Build a Successful Practice
1:00 – 2:00 pm	BREAST PANEL <i>Moderator: Marc J. Salzman, MD</i> 1:00 - 1:15 M. Bradley Calobrace, MD – Emerging Trends in Mastopexies 1:15 - 1:30 Tracy M. Pfeifer, MD, MS – Subfascial Pocket in Augmentation 1:30 - 1:45 Yoav Barnavon, MD – Explantation with Concomitant Autologous Augmentation Mammoplasty 1:45 - 2:00 Discussion
7:00 – 9:30 pm	Dinner Reception - The Breakers <i>(Separate registration and fee apply)</i>

SUNDAY, DECEMBER 14, 2025

7:30 – 8:45 am	Society Updates <i>Moderator: Andrew H. Rosenthal, MD</i> ASPS – C. Bob Basu, MD, MBA, MPH The Aesthetic Society – Tracy M. Pfeifer, MD, MS FBOM – Amy J. Derick, MD QUAD A – Tom Terranova, JD, MBA, MA
8:45 – 9:15 am	Breakfast and Visit Exhibits
9:15 – 9:30 am	SPECIAL LECTURE Drew Schnitt, MD – Approaches to Gynecomastia and FTM Chest Surgery
9:30 – 10:30 am	POTPOURRI PANEL <i>Moderator: Manny Pena, MD</i> 9:30 - 9:45 Richard Bensimon, MD – Minimally Invasive Neck Sculpting: A Practical, Cost-Effective Technique 9:45 - 10:00 C. Bob Basu, MD, MBA, MPH – Five Little Things that have Big Impact on Abdominoplasty Outcomes 10:00 - 10:15 Leopoldo M. Baccaro, MD – Hybrid Breast Augmentation 10:15 - 10:30 Discussion
10:30 – 11:00 am	SPECIAL GUEST LECTURE Simeon Wall, Jr., MD – Fixing the Flaw of the Dual Plane
11:00 – 12:15 pm	BUSINESS PANEL <i>Moderator: Timothy E. Fee, MD</i> 11:00 - 11:15 C. Bob Basu, MD MBA, MPH – Should I Purchase that New Device or Technology? Making Sound Purchasing Decisions (CAPEX) 11:15 - 11:30 M. Bradley Calobrace, MD – Financial Stability in Uncertain Times OR You Manage what You Measure! Achieving Financial Health in Your Aesthetic Practice 11:30 - 11:45 Devinder Singh, MD – Negotiating Your First Contract 11:45 - 12:00 Stephenie Poris, MD – Opening a Solo Practice in Today's Environment 12:00 - 12:15 Discussion
12:15 pm	Meeting Adjourns



INVITED INSTRUCTOR/PANELIST & PROGRAM COMMITTEE DISCLOSURES

All identified relevant financial relationships have been mitigated and the educational content thoroughly evaluated by The Aesthetic Society for fair, balanced, and safe, effective patient care.

Shino Bay Aguilera, MD	Speaker for Galderma, Allergan, Merz, MTF, Sente, Toskani, Vivant, and Benev: Honoraria. Shareholder-Rion Aesthetics and Rapalogix.
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Drew Schnitt, MD	Key Opinion Leader-Lumenis, TEI Biosciences, Aesthetic Management Partners: Relationship Has Ended. Faculty and Instructor-Allergan: Honoraria. Key Opinion Leader, Trainer, and Device Development-Apyx Medical: Honoraria.
Devinder Singh, MD	Consultant- Solventum and IC Surgical: Honoraria.
Holly C. Wall, MD	Researcher, Investor, and Advisor- Establishment Labs: Honoraria. Investor- Brij Medical and Patient Fi: No Compensation.
Simeon Wall, Jr., MD	Advisory Board-Patient Fi: Stockholder. Investigator-Brij Medical: Stockholder. Principal Investigator and Consultant- Establishment Labs: Contract Consultant Fees. QMP: Royalties.

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