

# Florida Plastic Surgery Forum



FLORIDA SOCIETY OF  
PLASTIC SURGEONS



2019



December 12-15, 2019 - The Breakers, Palm Beach, Florida

Jointly provided by:



THE AMERICAN SOCIETY FOR  
AESTHETIC PLASTIC SURGERY, INC.

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Legal Counsel  
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Altamonte Springs, FL

## Program Committee

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**Mauricio J. Castellon, MD**  
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**Max L. Polo, MD**

**Bruce A. Mast, MD**

**Alissa M. Shulman, MD**

**Karen E. Wells, MD**

## 2019 Forum Faculty

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**Louis P. Bucky, MD**  
Philadelphia, PA

**Mauricio J. Castellon, MD**  
Melbourne, FL

**Christopher G. Constance, MD**  
Port Charlotte, FL

**Adam Fernandez, Esq.**  
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Bradenton, FL

**Thomas G. S. Fiala, MD**  
Altamonte Springs, FL

**Jack Fisher, MD**  
Nashville, TN

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Anitere Flores**  
Jacksonville, FL

**Onelio Garcia, Jr., MD**  
Miami, FL

**Ronald F. Giffler, MD**  
Pompano Beach, FL

**Braun H. Graham, MD**  
Sarasota, FL

**James C. Grotting, MD**  
Birmingham, AL

**The Honorable  
Mike Haridopolos**  
Melbourne, FL

**Stephanie Haridopolos, MD**  
Melbourne, FL

**Lynn Jeffers, MD**  
Oxnard, CA

**Frank Lista, MD**  
Mississauga, Canada

**Bruce A. Mast, MD**  
Gainesville, FL

**Christopher L. Nuland, Esq.**  
Jacksonville, FL

**John O'Brien, MD**  
St. Petersburg, FL

**Pat Pazmino, MD**  
Miami, FL  
**Max L. Polo, MD**  
South Miami, FL

**Jason Pozner, MD**  
Boca Raton, FL

**Neal Reisman, MD, JD**  
Houston, TX

**Renato Saltz, MD**  
Park City, UT

**Jason Tuschman**  
Jupiter, FL

**Charles Thorne, MD**  
New York, NY

**Thomas Zaydon, Jr., MD**  
Miami, FL

**Karen Zupko**  
Chicago, IL

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## Disclosures Policies & Accreditation

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As a program jointly provided by The American Society for Aesthetic Plastic Surgery (ASAPS) and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by ASAPS & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. ASAPS & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational activities. ASAPS & FSPS adhere to the ACCME Standards for Commercial Support.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Society for Aesthetic Plastic Surgery and Florida Society of Plastic Surgeons.

The American Society for Aesthetic Plastic Surgery designates this live activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 25 AMA PRA Category 1 Credits™, 3.5 have been identified as applicable to patient safety.

**This activity will address the following ACGME/ ABMS competencies:** ▲

- Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

## 2019 Program Objectives

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**At the completion of this CME activity, registrants will be able to:**

- Review current perspectives of hot topics in fat grafting controversies, hair restoration, and new medical devices,
- Comply with and take advantage of the new Florida laws affecting plastic surgery that have been enacted over the course of 2019,
- Describe updates in the sociopolitical system and how it works for the betterment of patient care,
- Review current techniques and products in facial injectables,
- Discuss strategies in solving complex problems,
- Identify lessons learned related to aesthetic breast surgery,
- Assess advantages and disadvantages of surgical vs non-surgical facial techniques,
- Discuss strategies to improve practice management, and
- Assess policies and procedures in place regarding discounting services and products.

## 2019 Planner\*/Presenter Disclosures

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<b>Lou Bucky, MD</b>	Board Member with PatientFi Finance Company
<b>Mauricio Castellon, MD*</b>	Nothing to Disclose
<b>Christopher Constance, MD*</b>	TBD
<b>Adam Fernandez, Esq</b>	Nothing to Disclose
<b>Enrique Fernandez, MD</b>	Nothing to Disclose
<b>Thomas Fiala, MD</b>	Scientific Advisory Board with Dominion Laser – receives stock options
<b>Jack Fisher, MD</b>	Medical Director/Consultant with NeoGraft Hair Restoration receives consulting fee; Technical Advisor with Anzu – receives stock
<b>Anitere Flores</b>	TBD
<b>Oneilo Garcia Jr., MD</b>	Consultant/Researcher/Speakers Bureau with Solta Medical – receives honorariums/travel expenses; Speakers Bureau/Consultant with Musculoskeletal Tissue Foundation – receives honorariums/travel expenses; Consultant/Researcher/Speakers with Galatea - receives honorariums/travel expenses/ grant support
<b>Ronald Giffler, MD</b>	TBD
<b>Braun Graham, MD</b>	Speaker with Galatea – receives speaking fees
<b>James Grotting, MD</b>	Founder/Share Holder with CosmetAssure -receives distributions/ dividends; Shareholder with Ideal Implant; Shareholder with Intergrated Healing Technologies; Author/ Editor with Theime Publishing – receives royalties; Author/ Editor with Elsevier – receives royalties
<b>Mike Haridopolos</b>	TBD
<b>Stephanie Haridopolos, MD</b>	TBD
<b>Frank Lista, MD</b>	Nothing to Disclose
<b>Lynn Jeffers, MD</b>	TBD
<b>Bruce Mast, MD*</b>	Stockholder with Axogen, Inc. – receives equity; Program Director with Synthes – receives educational grants; Book Editor with Theime Medical Publishing – receives potential royalties
<b>Christopher Nuland, Esq.</b>	Nothing to Disclose
<b>John O'Brien, MD</b>	Nothing to Disclose

## 2019 Planner\*/Presenter Disclosures

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**Pat Pazmino, MD**

Nothing to Disclose

**Max Polo, MD\***

Devise Expert with Merz – receives consulting fee

**Jason Pozner, MD**

Editor with Aesthetic Plastic Surgery-Section; Speaker with Alma – receives discount/equipment; Advisory Board with Canfield – receives discount; Speaker with Cynosure – receives discount; Advisory Board/Stockholder/Research/Consultant with Cytrellis; Investigator/stockholder/Speaker with Invasik/Inmode – receives discount/equipment; Editorial Board with Journal of Cosmetic & Laser Therapy; Speaker/Research with Lutronic – receives equipment; Research with MTF; Reviewer with Plastic & Reconstructive Surgery; Board Member/Stockholder with Plastic Surgery Channel; Advisory Board/Stockholder with Real Self; Consultant/Stockholder/Board Member with Sciton – receives equipment/patent; Investigator Syneron – receives equipment; Stockholder/Research with TDM; Speaker/ Advisory Board with Thermi – receives equipment; BTL, Exilis, Innovative Optics, Jeisys, Oculoplastik, & Zimmer - receives equipment; Cytori & Ra Medical – receives discount; Stockholder with Avava, Candasant, Joylux, Revance, & Therapeutis

**Neal Reisman, MD, JD**

Nothing to Disclose

**Susan Russell**

Nothing to Disclose

**Renato Saltz, MD**

Consultant with Coolsculpting; Consultant with Dominion Aesthetics

**Alisa Shulman, MD\***

Nothing to Disclose

**Charles Thorne, MD**

Investor with Surgical Innovation Associates; Advisor/Shareholder with 3D Bio Inc. – receives nothing

**Thomas Zaydon Jr., MD**

Nothing to Disclose

**Karen Zupko**

Consultant with Care Credit – receives consulting fee

The Breakers

# FSPS Plastic Surgery Forum Program

December 12-15, 2019

Thursday, December 12, 2019

11:30 – 1:00 pm	<b>FSPS Board Meeting</b>
12:00 – 5:00 pm	<b>Registration</b>
1:30 – 3:30 pm	<b>HOT TOPICS</b> Moderator: Thomas G.S. Fiala, MD
1:30 – 2:00 pm	<b>Fat Grafting: Hot Topics and Controversies</b> Bruce A. Mast, MD
2:00 – 2:30 pm	<b>State of Hair Restoration – “Does It Apply to Your Practice?”</b> Jack Fisher, MD
2:30 – 3:00 pm	<b>Fat Grafting to the Breast</b> Louis P. Bucky, MD
3:00 – 3:30 pm	<b>WHAT WORKS AND WHAT DOESN'T – DEVICE PANEL</b> <i>Panel Members:</i> Louis P. Bucky, MD, Jack Fisher, MD, Bruce A. Mast, MD, Renato Saltz, MD
3:30 – 5:30 pm	<b>Prevention of Medical Errors</b> Christopher L. Nuland, Esq. <span style="float: right;">▲</span>



Friday, December 13, 2019

6:30 – 7:30 am	<b>Breakfast &amp; Visit Exhibits</b>
7:30 – 10:00 am	<b>Advances in Facial Aesthetics</b> <i>Moderator:</i> Mauricio Castellon, MD
7:30 – 8:00 am	<b>New Concepts in Face Lifting: Regeneration, Rejuvenation and Repurposing</b> Louis P. Bucky, MD
8:00 – 8:30 am	<b>The Facial Aesthetic Package - Combining Surgical and Non-surgical Procedures to Achieve Safer and Better Results – 17 Years Later!</b> Renato Saltz, MD
8:30 – 9:00 am	<b>A Deep Dive into the Difficult Neck</b> James C. Grotting, MD
9:00 – 10:00 am	<b>WHY I DO THINGS THIS WAY NOW PANEL</b> <i>Panel Members:</i> Louis P. Bucky, MD, James C. Grotting, MD, Renato Saltz, MD
10:00 – 10:30 am	<b>Break &amp; Visit Exhibits</b>
9:00 – 4:00 pm	<b>STAFF PROGRAM Handling Financial Objections Plus</b> Karen Zupko
10:30 – 12:00 pm	<b>Breast 2.0</b> <i>Moderator:</i> Max L. Polo, MD
10:30 – 10:50 am	<b>An Algorithm for Solving Complex Breast Problems</b> Jack Fisher, MD ▲
10:50 – 11:10 am	<b>Do Textured Implants Reduce the Risk of Capsular Contracture</b> Frank Lista, MD ▲
11:10 – 11:30 am	<b>Periareolar Mastopexy: Can be a Really Good Operation</b> Louis P. Bucky, MD
11:30 – 11:50 am	<b>Aesthetic Breast Surgery – A Few Pearls That I Learned the Hard Way</b> James C. Grotting, MD
11:50 – 12:00 pm	<b>Discussion</b>
12:00 pm – 1:00 pm	<b>Lunch in Exhibit Hall</b>
12:30 pm	<b>FSPS Annual Golf Tournament</b>
1:00 – 2:30 pm	<b>BREAST AND BODY PANEL</b> <i>Moderator:</i> Alissa Shulman, MD <i>Panel Members:</i> Louis P. Bucky, MD, Jack Fisher, MD, James C. Grotting, MD, Max L. Polo, MD
2:30 – 3:00 pm	<b>Edward S. Truppmann Honorary Lecture</b> <b>On the Actualization of Our Potential &amp; Transformation: FSPS</b> Enrique Fernandez, MD
3:00 - 3:30 pm	<b>Break &amp; Visit Exhibits</b>
3:30 - 4:30 pm	<b>Resident Hot Topics Session – 4 Programs</b> <i>Moderator:</i> Bruce A. Mast, MD
4:30 – 5:30 pm	<b>Resident Competition</b> <i>Moderator:</i> Bruce A. Mast, MD
5:30 – 7:00 pm	<b>Welcome Reception in Exhibit Hall</b>



# Saturday, December 14, 2019

6:30 – 7:30 am	<b>Breakfast &amp; Visit Exhibits</b>
7:30 – 8:15 am	<b>Fat Grafting Update</b> Onelio Garcia, Jr., MD
8:15 – 8:45 am	<b>BBL Safety Update - How to Protect Patients and your Florida Medical License</b> ▲ Pat Pazmino, MD
8:45 – 10:00 am	<b>INJECTABLE PANEL – HOW I VOLUMIZE THE FACE</b> <i>Moderator:</i> Thomas G.S. Fiala, MD <i>Panel Members:</i> Louis P. Bucky, MD, Braun H. Graham, MD, James C. Grotting, MD, Jason Pozner, MD, Renato Saltz, MD
10:00 – 10:30 am	<b>Break &amp; Visit Exhibits</b>
10:30 – 11:00 am	<b>Filler Emergency Recognition &amp; Treatment</b> ▲ Thomas Zaydon, Jr., MD
11:00 – 11:30 am	<b>The Impact of Skin Care Product Sales in an Aesthetic Plastic Surgery Practice</b> Frank Lista, MD
11:30 – 12:00 pm	<b>Device Update: What's Hot and Incomming</b> Jason Pozner, MD
12:00 – 12:30 pm	<b>FSPS Business Meeting</b>
12:30 – 1:30 pm	<b>Lunch in Exhibit Hall</b>
1:30 – 2:30 pm	<b>KEYNOTE PRESENTATION Defining Expertise</b> Jack Fisher, MD
2:30 – 3:00 pm	<b>What's Lurking in Your Water? A Tale of Psuedomonas</b> Frank Lista, MD
3:00 – 3:30 pm	<b>Break &amp; Visit Exhibits</b>
3:30 – 5:30 pm	<b>SOCIO POLITICAL SESSION</b> <i>Moderator:</i> Christopher L. Nuland, Esq., <i>Panel Members:</i> Christopher G. Constance, MD, Adam Fernandez, Esq., Enrique Fernandez, MD, The Honorable Senator Anitere Flores, Ronald Giffler, MD, The Honorable Mike Haridopolos, Stephanie Haridopolos, MD, Christopher L. Nuland, Esq., John O'Brien, MD, Neal Reisman, MD, JD
7:30 – 10:00 pm	<b>FSPS Gala Dinner</b>

# Sunday, December 15, 2019

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6:30 – 7:30 am	<b>Breakfast &amp; Visit Exhibits</b>
7:30 – 8:00 am	<b>Society Updates</b> Bruce A. Mast, MD – FSPS Charles Thorne, MD – ASAPS Renato Saltz, MD – ISAPS Lynn Jeffers, MD – ASPS
8:00 – 8:30 am	<b>The Price is Right: Or Is It?</b> Karen Zupko
8:30 – 9:00 am	<b>Agony and Ecstasy of Partnerships</b> Neal Reisman, MD, JD
9:00 – 9:30 am	<b>MBA Outside Consultant</b> Jason Pozner, MD
9:30 – 10:00 am	<b>Break &amp; Visit Exhibits</b>
10:00 – 10:30 am	<b>Own Your Future. Own Your Marketing!</b>
10:30 – 12:30 pm	<b>HOW TO RUN A MEDSPA PANEL</b> <i>Moderator:</i> Braun H. Graham, MD <i>Panel Members:</i> Louis P. Bucky, MD, Thomas G. S. Fiala, MD, Braun H. Graham, MD, Frank Lista, MD, Jason Pozner, MD, Neal Reisman, MD, JD, Renato Saltz, MD, Karen Zupko, MD
12:30 pm	<b>Meeting Adjourns</b>



# Social Program & Events

## Friday, December 13, 2019

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The FSPS Annual Scientific Meeting is a “Family” event. All REGISTERED spouses, guests and children are welcome to all social activities.

6:30 – 7:30 am	<b>Breakfast in the Exhibit Hall</b>
10:00 – 10:30 am	<b>Break and Visit Exhibits</b>
12:00 – 1:00 pm	<b>Lunch and Special Presentations</b>
12:30 pm	<b>Forum Golf Tournament</b> <i>Ocean Course - Registration Required</i>
3:00 – 3:30 pm	<b>Break and visit Exhibits</b>
5:30 – 7:00 pm	<b>Welcome Reception in the Exhibit Hall</b>

## Saturday, December 14, 2019

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6:30 – 7:30 am	<b>Breakfast in the Exhibit Hall</b>
10:00 – 10:30 am	<b>Break and Visit Exhibits</b>
12:00 – 1:00 pm	<b>Lunch and Special Presentations</b>
3:00 – 3:30 pm	<b>Break and visit Exhibits</b>
7:30 – 10:00 pm	<b>Gala Dinner</b> <i>Registration Required - Additional Fee Applies</i>

## Sunday, December 15, 2019

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6:30 – 7:30 am	<b>Breakfast in the Exhibit Hall</b>
9:30 – 10:00 am	<b>Break and Visit Exhibits</b>
12:00 pm	<b>Wrap-up and Adjourn</b>



## FSPS Valued Industry Partners

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A Valued Industry Partner enters into an agreement with the Florida Society of Plastic Surgeons to provide its members with a discount on the products and/or services they offer Plastic Surgeons.

VIP's are acknowledged on our website, by e-mail blasts produced by FSPS and at our meetings. FSPS graciously acknowledges support of our VIP program by the following companies.

### VIP Members

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Black and Black Surgical  
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Galatea Surgical  
Illusio  
International Bancard  
Lending USA  
MediaSophia  
MTF Biologics  
Navitas Healthcare Services  
OBP Medical  
Pipeline Medical  
Quantus Solutions  
Real Patient Ratings  
Red Spot Interactive  
Silagen  
Southern Protective Group  
Symplast  
The Laser Professionals  
TouchMD  
Universal Healthcare Consulting

## Florida Society of Plastic Surgeons Past Presidents

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1957	George W. Robertson III, MD*	1990	Calvin R. Peters, MD
1958	George W. Robertson III, MD*	1991	Barry M. Schwartz, MD
1959	Grover W. Austin, MD*	1992	Carl W. Lentz III, MD
1960	Clifford C. Snyder, MD*	1993	Harold Michael Bass, MD
1961	Joseph E. O'Malley, MD*	1994	Harry V. Eisenberg, MD
1962	Bernard L. N. Morgan, MD*	1995	Charles H. Hill, MD
1963	Thomas J. Zaydon Sr., MD	1996	Nathan Mayl, MD
1965	D. Ralph Millard Jr., MD*	1997	Gary J. Rose, MD
1966	William M. Douglas, MD	1998	Edward S. Truppman, MD*
1967	James Robertson, MD*	1999	M. Reza Samiian, MD
1968	John M. Hamilton, MD	2000	Dean L. Johnston, MD
1969	Thomas J. Baker, MD	2001	Dean L. Johnston, MD
1970	Diran M. Seropian, MD	2002	Enrique J. Fernandez, MD
1971	Gilbert B. Snyder, MD	2003	L. William Luria, MD
1972	William Taylor, MD*	2004	Yoav Barnavon, MD
1973	Alvaro Alfonso, MD*	2005	Onelio Garcia Jr., MD
1974	Dorthea Weybright, MD*	2006	Ralph M. Rosato, MD
1975	Harold G. Norman Jr., MD*	2007	John J. Obi, MD
1976	Bernard L. Kaye, MD*	2008	Victoria A. Vitale-Lewis, MD
1977	William F. Hogan, MD	2009	James A. Matas, MD
1978	Alan s. Rapperport, MD	2010	John J. O'Brien, MD
1979	John R. Royer, MD	2011	Randy B. Miller, MD
1980	Jay D. Ellenby, MD	2012	Galen Perdikis, MD
1981	Jack D. Norman, MD	2013	Braun Graham, MD
1982	C. Gary Zahler, MD	2014	C. Cayce Rumsey III, MD
1983	Jeffrey Lang, MD	2015	Thomas J. Zaydon, Jr., MD
1984	H. Hollis Caffee, MD	2016	Thomas Fiala, MD
1985	James L. Baker Jr., MD	2017	Christopher G. Constance, MD
1986	Charles Radlauer, MD	2018	Mauricio J. Castellon, MD
1987	Lawrence B. Robbins, MD		
1988	John S. Bruno, MD		
1989	Mutaz B. Habal, MD		